



Creative Living Skills

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STANDARDS	PAGE REFERENCES
PERSONAL DEVELOPMENT	
UNIT 1: DISCOVERING WHO YOU ARE	
1. Explore personality development in relation to one's self and others.	
<p>a. Identify forces that shape personality development including personality traits, heredity, and environment.</p>	<p>Student Edition: 22-23, 158-159 <i>Review and Activities</i> 34-35 Teacher Wraparound Edition: CI 25; EC 24; LAA 159; OC 23; PJ 159; RC 23, 158 #3</p>
<p>b. Explain how self-concept influences a person's relationship with others.</p>	<p>Student Edition: 22-33, 212 <i>Review and Activities</i> 34-35 Teacher Wraparound Edition: CI 25; CS 25; EC 26; RC 24; VD 22</p>
<p>c. Explain how self-esteem influences and enhances behavior.</p>	<p>Student Edition: 22-33, 214 <i>Review and Activities</i> 34-35 Teacher Wraparound Edition: CS 26; CT 27; MS 29; PG 27; RC 26</p>

STANDARDS	PAGE REFERENCES
d. Demonstrate ways to improve self-esteem.	Student Edition: 22-33, 214 <i>Review and Activities</i> 34-35 Teacher Wraparound Edition: BS-E 25; EC 26; FCCLA C 27; FP 24; MS 27; RC 30
2. Identify personal traits that build character.	
a. Describe positive character traits such as honesty, self-discipline, responsibility, compassion, motivation, perseverance, etc.	Student Edition: 51-59, 62-66, 72-73 <i>Review and Activities</i> 60-61 Teacher Wraparound Edition: CH 50; FCCLA C 52; MS 64; RC 51, 52, 54, 58
b. Explain how a person's character is revealed by his/her behavior.	Student Edition: 50-59, 62-66 <i>Review and Activities</i> 60-61 Teacher Wraparound Edition: CAC 53; CC 55; EC 53; SSA 52
c. Identify a list of responsibilities that help teens to become responsible adults.	Student Edition: 50-59, 62-66, 72-73 <i>Review and Activities</i> 60-61 Teacher Wraparound Edition: FCCLA C 52; LS 58; PF 57; RC 56
d. Evaluate personal traits.	Student Edition: 50-59 <i>Review and Activities</i> 60-61 <i>Viewpoints</i> 69 Teacher Wraparound Edition: CT 53, 55, 72; PF 55; V 69
UNIT 2: DEVELOPING HEALTHY RELATIONSHIPS	
1. Improve relationships with family members.	
a. Identify ways to improve family relationships.	Student Edition: 210-212, 215, 218-219, 278-289 Teacher Wraparound Edition: CT 159, 281, 282; RC 280; V 283

STANDARDS	PAGE REFERENCES
b. Practice techniques to enhance parent/child and sibling relationships.	<p>Student Edition: 278-289 <i>Review and Activities</i> 290-291</p> <p>Teacher Wraparound Edition: CT 281, 282, 286; DLS 289; LAA 287; LS 281; RC 280, 288; ST 288</p>
2. Improve relationships with others.	
a. Describe the qualities of friendship.	<p>Student Edition: 211, 213, 306-315 <i>Review and Activities</i> 316-317</p> <p>Teacher Wraparound Edition: CS 213; CT 307, 308, 311; FCCLA C 308; QF 307; RC 308</p>
b. Identify ways to maintain and improve friendships.	<p>Student Edition: 215, 216-219, 306-315 <i>Review and Activities</i> 316-317</p> <p>Teacher Wraparound Edition: CF 311; CS 311; CT 311, 313; EC 215; LAA 215; PF 310</p>
c. Evaluate techniques for effectively dealing with peer pressure.	<p>Student Edition: 220, 313-315 <i>Review and Activities</i> 316-317</p> <p>Teacher Wraparound Edition: CS 313; CT 313, 315; RC 220, 312, 314</p>
d. Explore opportunities to build relationships in a culturally diverse society.	<p>Student Edition: 217, 310 <i>Review and Activities</i> 223, 316</p> <p>Teacher Wraparound Edition: CT 310; RC 310; SI 310</p>
3. Develop an understanding of the role of dating.	
a. Identify the purposes of dating.	<p>Student Edition: 318-325 <i>Review and Activities</i> 330-331</p> <p>Teacher Wraparound Edition: CT 320; DT 318; RC 310, 320</p>

STANDARDS	PAGE REFERENCES
b. Explore patterns in a dating relationship.	Student Edition: 318-325 <i>Review and Activities</i> 330-331 Teacher Wraparound Edition: CD 321; CT 319, 324, 325; R 329; RC 324; RR 325
c. Discuss challenges associated with dating.	Student Edition: 318-325 <i>Review and Activities</i> 330-331 Teacher Wraparound Edition: CS 322; CT 320; EC 321, 324; MS 325; OSF 321; RC 322, 324; SN 323
d. Practice interpersonal skills related to dating.	Student Edition: 318-325 <i>Review and Activities</i> 330-331 Teacher Wraparound Edition: CS 325; CT 320; MS 325; PF 320; R 329; SN 323; TFS 323
e. Explore the advantages of delayed dating and living single.	Student Edition: 318-325, 329 <i>Review and Activities</i> 330 #14 Teacher Wraparound Edition: BS 329; RC 328 #4
4. Develop an understanding of love and commitment.	
a. Explore the concept of love.	Student Edition: 326 <i>Thinking Critically</i> 330 #2 Teacher Wraparound Edition: RC 326
b. Discuss misconceptions regarding love and marriage.	Student Edition: 326-329 <i>Review and Activities</i> 330-331 Teacher Wraparound Edition: RC 328; WvM 328
c. Identify factors to consider in selecting a marriage partner.	Student Edition: 326-329 <i>Review and Activities</i> 330-331 Teacher Wraparound Edition: FCCLA C 328; LAA 329; MQ 329; RC 328

STANDARDS	PAGE REFERENCES
d. Identify factors that contribute to a successful marriage.	Student Edition: 326-329 <i>Review and Activities</i> 330-331 Teacher Wraparound Edition: FCCLA C 328; LAA 329; MQ 329; RC 328
e. Practice decision-making skills needed in a marital relationship related to topics such as budget, recreation, housing, other friends, children, etc.	Student Edition: 100-101
5. Develop skills that enhance relationships.	
a. Demonstrate communications skills that help to improve relationships.	Student Edition: 224-225 <i>Review and Activities</i> 236-237 Teacher Wraparound Edition: CB 226; CL 224; CS 228, 230, 233; LAA 235; RC 225, 226
b. Explore negotiation and mediation skills.	Student Edition: 243, 267-269 <i>Finding Creative Solutions</i> 232 Teacher Wraparound Edition: CS 267; CT 267; LS 269; MS 267; PM 232; RC 268; TFS 267
c. Identify leadership and citizenship skills.	Student Edition: 72-73, 238-249 <i>Review and Activities</i> 74-75, 250-251 Teacher Wraparound Edition: EC 245; LAA 245; LS 225, 231; MS 93; RC 72, 248
d. Describe how proper etiquette and social skills improve self-esteem and relationships with others.	Student Edition: 25-28, 214, 216-217, 336-337 Teacher Wraparound Edition: BSE 25; CS 25; EC 214; RC 214
6. Explore the aspects of domestic abuse.	
a. Identify types of domestic abuse.	Student Edition: 301-302, 486-488 <i>Review and Activities</i> 304 #12-13 Teacher Wraparound Edition: CT 301; MS 302, 303; RC 300, 302

STANDARDS	PAGE REFERENCES
b. Discuss warning signs of abuse.	Student Edition: 301-302, 486-488 Teacher Wraparound Edition: EC 302; MS 302, 303; RC 302
c. Identify preventive measures and intervention skills.	Student Edition: 301-303, 486-488 <i>Review and Activities</i> 304 #14 <i>Using Technology</i> 305 #2 Teacher Wraparound Edition: GH 302; MS 303; PF 303; RC 302
d. Practice intervention skills.	Teacher Wraparound Edition: CIA 486; CT 301, 487; MS 302, 303
UNIT 3: TAKING CHARGE OF YOUR LIFE	
1. Recognize the importance of setting and attaining goals.	
a. Define short-range and long-range goals.	Student Edition: 83-86 Teacher Wraparound Edition: CS 83; IG 83; MS 82, 84; RC 84
b. Evaluate strategies for reaching goals.	Student Edition: 83-86, 91-92 Teacher Wraparound Edition: CT 85; MS 84, 85; PF 85
c. Describe the role of decision-making in setting and attaining goals.	Student Edition: 30-31, 83-86, 100-101 Teacher Wraparound Edition: CS 100; CT 85; MS 85
d. Analyze the relationship between goal attainment, decision-making and assuming personal responsibility.	Student Edition: 84-93, 97-101, 112-114 Teacher Wraparound Edition: CT 91, 100, 101; RC 100, 101
e. Discuss the importance of teen budgeting to attain goals.	Student Edition: 118-121 <i>Review and Activities</i> 122 #11 Teacher Wraparound Edition: FCCLA C 101, 121; MS 120; PF 121; RC 120

STANDARDS	PAGE REFERENCES
6. Develop career survival skills.	
a. Discuss personal traits that assist individuals in coping with career and workplace change.	Student Edition: 147-148, 188-191 <i>Making Connections</i> 155 #1 Teacher Wraparound Edition: CBW 147; CT 148; MS 147; RC 146, 148
b. Recognize symptoms of stress in the workplace.	Student Edition: 186-188, 200 Teacher Wraparound Edition: CS 187; MS 187, 201; RC 186, 200; SA 200; SP 187
c. Identify ways to cope with stress in the workplace.	Student Edition: 41-43, 200-203, 339-340 Teacher Wraparound Edition: CT 201, 202; GSW 201; RC 200
d. Evaluate interpersonal skills necessary for maintaining positive relationships in the workplace.	Student Edition: 333-341 <i>Review and Activities</i> 342-343 Teacher Wraparound Edition: CT 335; EC 334; EW 340; PF 337; RC 333, 336, 338