



*Teen  
Health  
Course 3*  
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STANDARDS	PAGE REFERENCES
<p><b>Content Standard 1.0: Students will comprehend concepts related to health promotion/disease prevention (Core Concepts).</b></p>	
<p><b>By the end of Grade 8, students know and are able to do everything required in previous grades and:</b></p>	
<p><b>Personal Health and Fitness</b></p>	
<p>1.8.1 Explain the impact of personal health behaviors on the functioning of body systems.</p>	<p><b>Student Edition:</b> 192, 301, 320-323, 371, 375, 380, 384, 389, 395, 399, 402, 405, 478 <i>Connect to Science</i> 379 <i>Hands On Health</i> 374 <b>Teacher Wraparound Edition:</b> HL 379</p>
<p><b>Growth and Development</b></p>	
<p>1.8.2 Describe how growth and development relate to personal health decisions.</p>	<p><b>Student Edition:</b> 8-10, 29-30, 192, 301, 320-323, 371, 375, 380, 384, 389, 395, 399, 402, 405 <i>Figure 5</i> <i>Hands On Health</i> 7 <b>Teacher Wraparound Edition:</b> HL 12</p>

STANDARDS	PAGE REFERENCES
<b>Nutrition</b>	
1.8.3 Describe how age, gender, physical activity, lifestyle and heredity affect nutrient needs.	<b>Student Edition:</b> 8-9, 192-195, 238 <i>Figure 193</i> <b>Teacher Wraparound Edition:</b> HL 12; R 194
<b>Substance Use and Abuse</b>	
1.8.4 Analyze the physiological and psychological effects of drug usage.	<b>Student Edition:</b> 167, 277-280, 281-285, 424 <i>Applying Health Skills 285</i> <i>Connect to Science 282</i> <i>Quick Write 281</i> <i>Time Health 290-291</i> <b>Teacher Wraparound Edition:</b> MA 278, 279
<b>Injury/Violence Prevention and Safety</b>	
1.8.5 Demonstrate knowledge and strategies for personal safety.	<b>Student Edition:</b> 151-152, 173-176, 239-240, 508-513, 514-519, 520-523 <i>Figure 175</i> <b>Teacher Wraparound Edition:</b> MA 240
<b>Disease Prevention</b>	
1.8.6 Describe ways to reduce risk factors and increase resiliency related to adolescent health.	<b>Student Edition:</b> 14-19, 46-47, 151-155, 310, 457, 478, 487-488, 493 <i>Applying Health Skills 479</i> <i>Building Health Skills 158-159, 500-501</i> <i>Health Skills Activity 18, 46, 478</i> <i>Thinking Critically 488</i> <i>Time Health 498-499</i> <b>Teacher Wraparound Edition:</b> C 19

STANDARDS	PAGE REFERENCES
<b>Community/Consumer Health</b>	
1.8.7 Identify laws and regulations made to protect the health of the community.	<b>Student Edition:</b> 49, 72-75, 270, 276-277, 280 <i>Applying Health Skills</i> 75 <i>Connect to Social Studies</i> 74, 326 <i>Developing Good Character</i> 306 <i>Figure</i> 73 <i>Health Skills Activity</i> 74 <i>Media Watch</i> 275 <b>Teacher Wraparound Edition:</b> CT 277
<b>Environmental Health</b>	
1.8.8 Identify personal actions that contribute to the deterioration of the environment.	<b>Student Edition:</b> 546-551 <i>Hands On Health</i> 549 <b>Teacher Wraparound Edition:</b> D 550
<b>Content Standard 2.0: Students will demonstrate the ability to access valid health information and health-promoting products and services (Accessing Information).</b>	
<b>By the end of Grade 8, students know and are able to do everything required in previous grades and:</b>	
<b>Disease Prevention</b>	
2.8.1 Differentiate health concerns as personal responsibility or professional responsibility.	<b>Student Edition:</b> 14-19, 351-353, 356-357 <i>Applying Health Skills</i> 67 <i>Developing Good Character</i> 351, 402 <i>Figure</i> 120 <i>Quick Write</i> 14 <i>Summarize</i> 67 <b>Teacher Wraparound Edition:</b> WT 15

STANDARDS	PAGE REFERENCES
<b>Community/Consumer Health</b>	
<p>2.8.2 Identify characteristics of scientifically valid health information.</p>	<p><b>Student Edition:</b>  45-46  <i>Applying Health Skills</i> 49, 201, 207, 285, 399  <i>Building Health Skills</i> 78-79  <i>Media Watch</i> 46, 59  <i>Time Health</i> 290-291, 360-361  <b>Teacher Wraparound Edition:</b>  MA 45</p>
<b>Content Standard 3.0: Students will demonstrate the ability to practice health-enhancing behaviors and reduce health risks (Self-management).</b>	
<b>By the end of Grade 8, students know and are able to do everything required in previous grades and:</b>	
<b>Personal Health and Fitness</b>	
<p>3.8.1A Apply conflict resolution techniques including peer mediation within the school environment.</p>	<p><b>Student Edition:</b>  168-170  <i>Applying Health Skills</i> 171  <i>Building Health Skills</i> 184-185, 438-439  <i>Figure</i> 169, 170  <i>Health Skills Activity</i> 171  <i>Quick Write</i> 168  <b>Teacher Wraparound Edition:</b>  C 171</p>
<p>3.8.1B Analyze the school environment for personal safety and security.</p>	<p><b>Student Edition:</b>  174, 513  <i>Give Examples</i> 513  <i>Health Skills Activity</i> 174  <i>Time Health</i> 182-183  <b>Teacher Wraparound Edition:</b>  BC 182; C 513</p>

STANDARDS	PAGE REFERENCES
<b>Substance Use and Abuse</b>	
3.8.2 Use appropriate methods of response to negative risk-taking behaviors including suicide, alcohol, tobacco, and other drugs.	<b>Student Edition:</b> 37-38, 149-150, 151-152 <i>Building Health Skills</i> 52-53, 292-293, 540-541 <i>Developing Good Character</i> 148 <i>Figure</i> 310 <i>Health Skills Activity</i> 284, 300, 332 <i>Media Watch</i> 152 <b>Teacher Wraparound Edition:</b> CLA 149
<b>Injury, Violence Prevention and Safety</b>	
3.8.3A Describe and follow rules prohibiting possession of weapons at school and in the community.	<b>Student Edition:</b> 174, 513 <i>Connect to Social Studies</i> 74 <i>Explain</i> 513 <i>Health Skills Activity</i> 74, 174 <i>Time Health</i> 182-183 <b>Teacher Wraparound Edition:</b> D 174
3.8.3B Demonstrate compliance with school safety procedures including emergency drills.	<b>Student Edition:</b> 513 can be used to help facilitate this goal <i>Photo</i> 513 <i>Reviewing Terms and Facts #4</i> 513 <i>Thinking Critically #6</i> 513 <b>Teacher Wraparound Edition:</b> C 513
<b>Disease Prevention</b>	
3.8.4 Evaluate the role others play in stress.	<b>Student Edition:</b> 39-40, 126-127, 133, 154-155 <i>Figure</i> 40 <i>Health Skills Activity</i> 43 <i>Quick Write</i> 39 <i>Time Health</i> 406-407 <b>Teacher Wraparound Edition:</b> MA 145

STANDARDS	PAGE REFERENCES
<b>Community/Consumer Health</b>	
3.8.5 Perform advanced first aid procedures.	<b>Student Edition:</b> 524-527, 528-532, 533-537 <i>Applying Health Skills</i> 532, 537 <i>Quick Write</i> 524, 528 <b>Teacher Wraparound Edition:</b> CLA 531
<b>Content Standard 4.0: Students will analyze the influence of culture, media, technology, and other factors on health (Analyze influence).</b>	
<b>By the end of Grade 8, students know and are able to do everything required in previous grades and:</b>	
<b>Personal Health and Fitness</b>	
4.8.1 Analyze how different cultures enrich and challenge health practices.	<b>Student Edition:</b> 47, 49, 308-309, 478 <i>Building Health Skills</i> 22-23 <i>Connect to Social Studies</i> 36 <i>Figure</i> 59, 139 <i>Media Watch</i> 257 <b>Teacher Wraparound Edition:</b> CP 193; MA 148
<b>Disease Prevention</b>	
4.8.2 Evaluate the impact of technology on health and disease prevention.	<b>Student Edition:</b> 49, 59, 223, 467, 487-488, 492 <i>Building Health Skills</i> 22-23 <i>Connect to Science</i> 65 <i>Figure</i> 45 <i>Media Watch</i> 238, 257, 459 <i>Photo</i> 67 <i>Thinking Critically</i> 195 <b>Teacher Wraparound Edition:</b> AK 332; C 62; HL 357

STANDARDS	PAGE REFERENCES
<b>Community/Consumer Health</b>	
4.8.3 Critique a variety of consumer influences that affect health decisions.	<p><b>Student Edition:</b>  58-62, 64-67  <i>Building Health Skills</i> 362-363  <i>Figure 59</i>, 303  <i>Hands On Health</i> 70  <i>Health Skills Activity</i> 61  <i>Quick Write</i> 58</p> <p><b>Teacher Wraparound Edition:</b>  C 62; MA 58</p>
<b>Content Standard 5.0: Students will demonstrate the ability to use interpersonal communication skills to enhance health (Interpersonal Communication).</b>	
<b>By the end of Grade 8, students know and are able to do everything required in previous grades and:</b>	
<b>Personal Health and Fitness</b>	
5.8.1 Role-play decision-making and problem-solving skills, which enhance interpersonal relationships.	<p><b>Student Edition:</b>  <i>Applying Health Skills</i> 38, 43, 167, 171  <i>Developing Good Character</i> 148  <i>Hands On Health</i> 36</p> <p><b>Teacher Wraparound Edition:</b>  C 43; CLA 37, 174, 335</p>
<b>Injury, Violence Prevention and Safety</b>	
5.8.2 Explore the causes of conflict in school and community and demonstrate refusal and negotiation skills.	<p><b>Student Edition:</b>  164-167, 168-170  <i>Applying Health Skills</i> 171  <i>Building Health Skills</i> 52-53, 184-185, 292-293, 438-439, 540-541  <i>Developing Good Character</i> 148  <i>Figure 310</i>  <i>Hands On Health</i> 165  <i>Health Skills Activity</i> 171, 284, 300, 332</p> <p><b>Teacher Wraparound Edition:</b>  CLA 149, 170</p>

STANDARDS	PAGE REFERENCES
<p><b>Content Standard 6.0: Students will demonstrate the ability to use goal-setting and decision-making skills to enhance health (Decision Making &amp; Goal Setting).</b></p>	
<p><b>By the end of Grade 8, students know and are able to do everything required in previous grades and:</b></p>	
<p><b>Personal Health and Fitness</b></p>	
<p>6.8.1A Apply a decision-making process to a significant health issue or problem.</p>	<p><b>Student Edition:</b>            28-30  <i>Analyze</i> 33  <i>Building Health Skills</i> 336-337  <i>Figure</i> 29  <i>Health Skills Activity</i> 30, 99, 121, 210, 258, 483  <b>Teacher Wraparound Edition:</b>            C 33</p>
<p>6.8.1B Develop a personal health plan that addresses personal strengths, needs, and health risks.</p>	<p><b>Student Edition:</b>            202-205, 208-211, 230-235  <i>Applying Health Skills</i> 235  <i>Building Health Skills</i> 112-113, 158-159, 214-215, 244-245, 262-263, 314-315, 470-471, 500-501  <i>Health Skills Activity</i> 18, 46  <b>Teacher Wraparound Edition:</b>            L 232</p>
<p><b>Disease Prevention</b></p>	
<p>6.8.2 Compare and contrast the short- and long-term impact of health decisions on the individual and society.</p>	<p><b>Student Edition:</b>            5, 14-19, 151-152, 154-155, 192-195, 220-221, 241, 325-326, 478, 487-488, 493  <i>Applying Health Skills</i> 155  <i>Figure</i> 278, 283, 301, 321, 493  <i>Hands On Health</i> 326  <i>Health Skills Activity</i> 478  <b>Teacher Wraparound Edition:</b>            WT 15</p>

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<b>Community/Consumer Health</b>	
6.8.3 Determine contacts for assistance with health issues.	<b>Student Edition:</b> 65, 101-105, 180-181, 258-259, 327-328 <i>Applying Health Skills</i> 49 <i>Building Health Skills</i> 336-337 <i>Health Skills Activity</i> 66 <i>Media Watch</i> 59 <i>Quick Write</i> 101 <b>Teacher Wraparound Edition:</b> C 105; GS 103
<b>Content Standard 7.0: Students will demonstrate the ability to advocate for personal and community health (Advocacy).</b>	
<b>By the end of Grade 8, students know and are able to do everything required in previous grades and:</b>	
<b>Community/Consumer Health</b>	
7.8.1 Identify and research a community health issue and develop a plan of action.	<b>Student Edition:</b> 13, 546-551, 552-557 <i>Applying Health Skills</i> 62, 150, 557 <i>Building Health Skills</i> 560-561 <i>Connect to Science</i> 549 <i>Figure</i> 554 <i>Health Skills Activity</i> 74, 556 <i>Quick Write</i> 552, 546 <b>Teacher Wraparound Edition:</b> BC 554, 559 CLA 556