



COURSE
2

**Teen
Health**

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STANDARDS	PAGE REFERENCES
Standard 1: Healthy Lifestyles	
Goal 1.1: Acquire the essential skills to lead a healthy life.	
7-8.H.1.1.1 Identify the components of physical fitness. (832.01.a)	<p>Student Edition: 4-5, 60-65 <i>Lesson Review</i> 65 (#3)</p> <p>Teacher Wraparound Edition: FZ 62; RS 63</p>
7-8.H.1.1.2 Identify the prevention, causes, symptoms, treatment, and consequences of diseases and disorders. (832.01.b)	<p>Student Edition: 402-406, 407-412, 413-417, 418-421, 422-426, 440-445, 446-450, 451-457, 458-463 <i>Building Health Skills</i> 432-433 <i>Health Skills Activity</i> 410, 420, 461 <i>Time: Health News</i> 434</p> <p>Teacher Wraparound Edition: QW 413; RS 403; WS 404</p>

STANDARDS	PAGE REFERENCES
7-8.H.1.1.3 Demonstrate knowledge of basic first aid and injury prevention. (832.01.c)	Student Edition: 90, 91-95, 493-499 <i>Go Online</i> 497 <i>Health Skills Activity</i> 93 Teacher Wraparound Edition: APK 91; CL 95; HL 496, 497; RS 494; WTWK 498
7-8.H.1.1.4 Explain the relationship among mental/emotional, physical, and social health as a basis for wellness. (832.01.d)	Student Edition: 4-9, 60-62, 144-145 Teacher Wraparound Edition: CL 9; HSP 145; RS 5, 61, 145; TT 5
7-8.H.1.1.5 Recognize the impact of substance abuse on personal health. (832.01.e)	Student Edition: 230-235, 240, 244-245, 265-271, 279-281, 287, 299-302, 303-308 Teacher Wraparound Edition: AL 265, 300; FZ 234, 266; HL 308; UA 233
7-8.H.1.1.6 Identify how food choices affect health. (832.01.f)	Student Edition: 104-110, 111-115, 116-119 <i>Connect to Science</i> 105 <i>Go Online</i> 119 <i>Health Skills Activity</i> 120 <i>What Teens Think</i> 114 Teacher Wraparound Edition: FZ 105; HL 107; WTT 114; WTWK 119
7-8.H.1.1.7 Label the major components of each body system and identify the relationship to overall health. (832.01.g)	Student Edition: 66-70, 71-76, 122-127, 236-241, 272-277, 370-373, 374-377, 378-380 Teacher Wraparound Edition: AL 67; CT 371; RS 124, 125, 238, 273
7-8.H.1.1.8 Analyze the importance of healthy relationships. (832.01.h)	Student Edition: 6-7, 20, 178-183, 184-188 <i>Health Skills Activity</i> 181 Teacher Wraparound Edition: AL 180, 185; APK 184
7-8.H.1.1.9 Examine environmental health and recognize how it relates to a healthy lifestyle. (832.01.i)	Student Edition: 19-20, 508-512, 513-517 <i>Building Health Skills</i> 518-519 <i>Health Skills Activity</i> 514 Teacher Wraparound Edition: APK 508; CL 512; HSC 541; HSP 509; RS 19; UA 510

STANDARDS	PAGE REFERENCES
Standard 2: Risk Taking Behavior	
Goal 2.1: Demonstrate the ability to practice health-enhancing behaviors and reduce health risks.	
7-8.H.2.1.1 Identify risk factors that lead to STDs and pregnancy. (833.01.a)	Student Edition: 191-192, 392, 422-426, 427-428, 431 Teacher Wraparound Edition: APK 422; CT 424; RS 191; WTWK 192
7-8.H.2.1.2 Evaluate the impact of risky behavior on personal health. (833.01.b)	Student Edition: 23-27, 36, 233-235, 265-271, 301-302, 391-392, 425-426 <i>Building Health Skills</i> 28-29 Teacher Wraparound Edition: AL 268; RS 233; UA 233
7-8.H.2.1.3 Identify the short-term effects and long-term consequences of substance abuse. (833.01.c)	Student Edition: 233-235, 265-271, 301-302, 303-308 Teacher Wraparound Edition: AL 265, 268; CT 306; RS 233; UA 233
Standard 3: Communication Skills for Healthy Relationships	
Goal 3.1: Demonstrate the ability to use communication skills to enhance health.	
7-8.H.3.1.1 Describe and explain the causes and effects of conflict in schools and families. (834.01.a)	Student Edition: 202-205, 209-210, 211-214 <i>Health Skills Activity</i> 181 Teacher Wraparound Edition: AL 203; DWSI 203, 212; UA 204
7-8.H.3.1.2 Demonstrate communication skills that enhance personal relationships. (834.01.b)	Student Edition: 15, 16, 174-177, 180-181, 185-186, 206-209 <i>Building Health Skills</i> 194-195 <i>Hands on Health</i> 196 <i>Health Skills Activity</i> 181 Teacher Wraparound Edition: AL 16; TT 176; WTWK 16

STANDARDS	PAGE REFERENCES
Standard 4: Consumer Health	
Goal 4.1: Organize, analyze, and apply health information practices and services appropriate for individual needs.	
7-8.H.4.1.1 Analyze the validity of health information, products, and services. (835.01.a)	Student Edition: 10-12, 22, 340-345 <i>Building Health Skills</i> 356-357 <i>Health Skills Activity</i> 21, 346 <i>Media Watch</i> 14 Teacher Wraparound Edition: CT 341; DSI 341; HAS 21; HSP 11, 12; RS 344; WS 342
7-8.H.4.1.2 Identify the available resources that provide health care services and information. (835.01.b)	Student Edition: 10-12, 255 <i>Go Online</i> 424 <i>Health Skills Activity</i> 164, 250, 425 Teacher Wraparound Edition: CL 165; HSA 164, 425; HSP 11, 12
Standard 5: Mental and Emotional Wellness	
Goal 5.1: Understand and demonstrate the key components to positive mental and emotional health.	
7-8.H.5.1.1 Identify mental and emotional disorders. (836.01.a)	Student Edition: 132-133, 159-162 <i>Connect to Science</i> 160 Teacher Wraparound Edition: CTS 160; DSI 6; HL 160, 133; UA 160
7-8.H.5.1.2 Recognize the personal aspects of mental and emotional health. (836.01.b)	Student Edition: 6, 61-62, 144-148, 149-152, 153-155 Teacher Wraparound Edition: HL 145; HSP 151; WTWK 147
7-8.H.5.1.3 Identify stressors and techniques for stress management. (836.01.c)	Student Edition: 13, 156-158 <i>Building Health Skills</i> 166-167 <i>Health Skills Activity</i> 391 Teacher Wraparound Edition: CL 158; CT 157; HSA 391; RS 157; TT 166; UA 13

STANDARDS	PAGE REFERENCES
7-8.H.5.1.4 Demonstrate aspects of emotional safety. (836.01.d)	<p>Student Edition: 6, 13-16, 145-146, 147-148, 149-152, 154-155, 187-188, 189-193 <i>Health Skills Activity</i> 280 <i>Time: Health News</i> 502</p> <p>Teacher Wraparound Edition: AL 154; CL 148; HL 190; PCSH 151</p>
7-8.H.5.1.5 Analyze factors that influence the use of alcohol, tobacco, and drugs. (836.01.e)	<p>Student Edition: 187-188, 242-243, 278-279, 310-311 <i>Building Health Skills</i> 256-257 <i>Go Online</i> 279 <i>What Teens Think</i> 279</p> <p>Teacher Wraparound Edition: APK 242, 310; CT 243; UA 187; WTT 279</p>