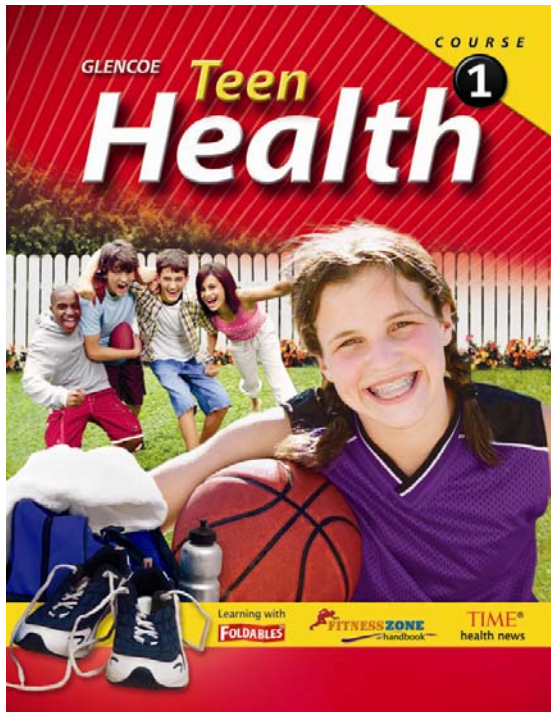




Glencoe

Content Standards
Grade 6 Health



COURSE
1

Teen Health

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| STANDARDS | PAGE REFERENCES |
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| Standard 1: Healthy Lifestyles | |
| Goal 1.1: Acquire the essential skills to lead a healthy life. | |
| 6.H.1.1.1 Identify the influence exercise has in developing a healthy system. (823.01.a) | Student Edition: 5, 121-125, 179 <i>Building Health Skills</i> 194-195 <i>Go Online</i> 5 <i>Time: Health News</i> 138 Teacher Wraparound Edition: AL 121; CL 125; FZ 5 |
| 6.H.1.1.2 Identify prevention, causes, and treatment of diseases and disorders. (823.01.b) | Student Edition: 178-180, 268-271, 272-275, 277-280, 282-287 <i>Go Online</i> 283 <i>Health Skills Activity</i> 276 Teacher Wraparound Edition: APK 277; CL 271, 287; HSC 275; RS 283 |

Codes used for Teacher Wraparound Edition pages are the initial caps of headings on that page.

| STANDARDS | PAGE REFERENCES |
|---|--|
| 6.H.1.1.3 Demonstrate and be able to apply basic first aid and safety rules. (823.01.c) | <p>Student Edition: 132-135, 296-299, 300-304, 305-307, 308-311, 312-317 <i>Developing Good Character</i> 301 <i>Health Skills Activity</i> 299, 302</p> <p>Teacher Wraparound Edition: AL 315; CL 135, 299, 317; WS 303; WTWK 298</p> |
| 6.H.1.1.4 Describe emotions that affect personal health. (823.01.d) | <p>Student Edition: 4, 6, 41-44, 45-49, 50-52 <i>Building Health Skills</i> 54-55 <i>Go Online</i> 43 <i>Health Skills Activity</i> 48, 53</p> <p>Teacher Wraparound Edition: AL 42; CL 44; WTWK 51</p> |
| 6.H.1.1.5 Identify the choices and consequences related to abuse of alcohol, tobacco, and other drugs. (823.01.e) | <p>Student Edition: 44, 180, 223-225, 227-229, 242-245, 246-247, 249-252, 253-255</p> <p>Teacher Wraparound Edition: AL 243; APK 249; CL 245; FZ 223; HL 47; RS 224; WTT 223</p> |
| 6.H.1.1.6 Apply strategies for developing healthy eating habits. (823.01.f) | <p>Student Edition: 7, 98-101, 102-107, 108 <i>Building Health Skills</i> 112-113 <i>Go Online</i> 100</p> <p>Teacher Wraparound Edition: AL 105; HSP 100; PCSH 100</p> |
| 6.H.1.1.7 Identify the functions and characteristics of the major body systems. (823.01.g) | <p>Student Edition: 176-178, 181-184, 185-187, 188-193, 206-208</p> <p>Teacher Wraparound Edition: APK 181; CL 187, 193; RS 189, 207</p> |
| 6.H.1.1.8 Discuss and evaluate the importance of healthy relationships. (823.01.h) | <p>Student Edition: 4, 6, 67-72, 73-77, 205 <i>Health Skills Activity</i> 70</p> <p>Teacher Wraparound Edition: HSP 69, 75; WTWK 76</p> |
| 6.H.1.1.9 Examine factors involved in selecting and using health information, products, and services. (823.01.i) | <p>Student Edition: 10, 13, 14, 155-158, 163-167 <i>Health Skills Activity</i> 14, 157 <i>What Teens Think</i> 10</p> <p>Teacher Wraparound Edition: AL 156; HL 157; HSP 10; RS 165; WTT 10</p> |

| STANDARDS | PAGE REFERENCES |
|---|--|
| 6.H.1.1.10 Describe environmental health issues and their relationships to a healthy lifestyle. (823.01.j) | Student Edition: 9, 285, 318-320 Teacher Wraparound Edition: CL 321; HL 9; RS 319 |
| Standard 2: Risk Taking Behavior | |
| Goal 2.1: Demonstrate the ability to practice health-enhancing behaviors and reduce health risks. | |
| 6.H.2.1.1 Identify risk factors for illness and injuries. (824.01.a) | Student Edition: 8-9, 12, 13, 16, 17, 280, 282-287, 296-298 <i>Health Skills Activity</i> 299 Teacher Wraparound Edition: AL 298; CP 283; HL 9; HSP 286; RS 283; WTWK 284 |
| 6.H.2.1.2 Examine and evaluate how the actions of one person affect the behaviors of others. (824.01.b) | Student Edition: 9, 15, 39, 73-77, 228 <i>Building Health Skills</i> 234-235 <i>Health Skills Activity</i> 232 <i>Time: Health News</i> 236 Teacher Wraparound Edition: WS 76 |
| 6.H.2.1.3 Describe high-risk substance abuse situations and behaviors that pose a risk to one's self and others. (824.01.c) | Student Edition: 77, 78-80, 228, 230, 257 <i>Building Health Skills</i> 234-235, 260-261 <i>Hands on Health</i> 262 <i>Health Skills Activity</i> 79 <i>What Teens Think</i> 251 Teacher Wraparound Edition: WTWK 76, 258 |
| 6.H.2.1.4 Describe the impact of risky behaviors on personal and family health. (824.01.d) | Student Edition: 223-225, 232, 242-243, 246-247, 253-254, 259 Teacher Wraparound Edition: AL 224, 243; APK 253 |
| Standard 3: Communication Skills for Healthy Relationships | |
| Goal 3.1: Demonstrate the ability to use communication skills to enhance health. | |
| 6.H.3.1.1 Describe the causes and effects of conflict in schools and families. (825.01.a) | Student Edition: 69-72, 81-82 <i>Developing Good Character</i> 82 Teacher Wraparound Edition: DSI 82; HSC 83; RS 82 |

| STANDARDS | PAGE REFERENCES |
|--|---|
| 6.H.3.1.2 Demonstrate refusal and decision-making skills that enhance personal relationships including substance use and abuse. (825.01.b) | Student Edition: 16-18, 78-80, 230, 256-258 <i>Building Health Skills</i> 234-235, 260-261 <i>Health Skills Activity</i> 79 Teacher Wraparound Edition: APK 78, 230; CL 80; RS 17; QW 78; WTWK 258 |
| 6.H.3.1.3 Explain interpersonal communication skills that can be used to build interactions between family, friends, and community. (825.01.c) | Student Edition: 15, 62-66, 75, 82-83 <i>Building Health Skills</i> 86-87 <i>Health Skills Activity</i> 70 Teacher Wraparound Edition: CL 66; CT 65; HL 65 |
| Standard 4: Consumer Health | |
| Goal 4.1: Organize, analyze, and apply health information practices and services appropriate for individual needs. | |
| 6.H.4.1.1 Evaluate the validity of health information, products, and services. (826.01.a) | Student Edition: 10, 13, 14, 155-158 <i>Health Skills Activity</i> 14, 157 <i>What Teens Think</i> 10 Teacher Wraparound Edition: AL 156; HL 157; HSP 10; WTT 10 |
| 6.H.4.1.2 Analyze how the media influences information about tobacco, alcohol, and drugs. (826.01.b) | Student Edition: 10, 229 Teacher Wraparound Edition: CP 228; HSP 10; WTT 10 |
| 6.H.4.1.3 Determine health resources available in personal community and state. (826.01.c) | Student Edition: 52, 72, 163-167, 231, 246-247, 254-255 <i>Health Skills Activity</i> 166 Teacher Wraparound Edition: CL 167; DSI 166; HSP 247; PCSH 164; RS 165 |

| STANDARDS | PAGE REFERENCES |
|--|--|
| Standard 5: Mental and Emotional Wellness | |
| Goal 5.1: Understand and demonstrate the key components to positive mental and emotional health. | |
| 6.H.5.1.1 Analyze skills that positively express personal emotions and feelings. (827.01.a) | Student Edition: 42-43, 63-66, 84 <i>Building Health Skills</i> 86-87 <i>Go Online</i> 43 <i>Health Skills Activity</i> 70 Teacher Wraparound Edition: CT 65; HSP 42 |
| 6.H.5.1.2 Analyze the influence exercise has on relieving mental and emotional tension. (827.01.b) | Student Edition: 43, 49, 122 <i>Go Online</i> 43 Teacher Wraparound Edition: HAS 42 |
| 6.H.5.1.3 Identify skills necessary for stress management, decision-making, and managing conflicts. (827.01.c) | Student Edition: 13, 17-18, 45-49, 82-83 <i>Building Health Skills</i> 54-55 <i>Health Skills Activity</i> 19, 48 <i>What Teens Think</i> 83 Teacher Wraparound Edition: CL 49; HSC 83; RS 17; UA 48 |
| 6.H.5.1.4 Explore aspects of emotional safety. (827.01.d) | Student Edition: 41-44, 50-52, 69-70 Teacher Wraparound Edition: RS 51; WTWK 51 |
| 6.H.5.1.5 Explore factors that influence the use of alcohol, tobacco, and drugs. (827.01.e) | Student Edition: 9, 16, 76-77, 227-229, 245, 246-247, 256-258 Teacher Wraparound Edition: APK 227; CP 228; HL 47; WTWK 76 |