



Glencoe

Content Standards  
Grade 9-12 Health



# Health & Wellness

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STANDARDS	PAGE REFERENCES
<b>Standard 1: Healthy Lifestyles</b>	
<b>Goal 1.1: Acquire the essential skills to lead a healthy life.</b>	
9-12.H.1.1.1 Assess the benefits of proper nutrition and regular physical activity on the health of humans throughout the life cycle. (841.01.a)	<p><b>Student Edition:</b>            274, 299, 300, 302-307, 367-369, 375-378, 379, 380, 384  <i>Did You Know?</i> 368, 386  <i>Facts About</i> 298  <i>Table</i> 299, 303  <i>HEALTH News</i> 305, 377  <i>Lesson Study Guide</i> 301 #20, #21, #22, #24, #25, #26, 309 #11, #13, #17, #18, #19, #21, #22  <i>Photo</i> 368  <i>Reading Review</i> 378, 381, 387, 389</p> <p><b>Teacher Wraparound Edition:</b>            CA 306, 367, 378; CD 368; E 207; FA 211, 298; FI 289; FYI 299, 300; HN 305; HP 306; 5MC 306, 369</p>

STANDARDS	PAGE REFERENCES
<p>9-12.H.1.1.2 Assess how personal health issues change during life (puberty, aging, disability, serious illness/injury). (841.01.b)</p>	<p><b>Student Edition:</b>            227, 230-231, 234, 271-273, 274, 376-377  <i>Did You Know?</i> 235  <i>Facts About</i> 211  <i>Photo</i> 271, 272  <i>Reading Review</i> 227, 272</p> <p><b>Teacher Wraparound Edition:</b>            CD 235, 274; CI 368, 389; DI 272; E 385; ETC 231, 274; FA 211; FI 388; HP 231; 5MC 272; HNES 384; QD 273</p>
<p>9-12.H.1.1.3 Evaluate the psychological, social, emotional, and physical implications of human sexuality in developing and maintaining a responsible and healthy lifestyle. (841.01.c)</p>	<p><b>Student Edition:</b>            168-169, 174-175, 499-503, 506-507, 508-509  <i>Did You Know?</i> 174, 502  <i>Just the Facts</i> 509  <i>Photo</i> 169, 500  <i>Reading Review</i> 169, 503</p> <p><b>Teacher Wraparound Edition:</b>            AHL 509; CI 503; DI 508; E 502; ETC 168, 502, 503, 507; HP 502; JTF 509; 5MC 169, 501, 507; QD 500; SI 168; TFYI 500, 502, 508</p>
<p>9-12.H.1.1.4 Demonstrate knowledge and concepts of basic injury prevention, emergency care, and crisis management procedures. (841.01.d)</p>	<p><b>Student Edition:</b>            638-642, 644-647, 650-654  <i>Did You Know?</i> 645  <i>Figure</i> 641, 654  <i>Lesson Study Guide</i> 645 #11, #12, #13, #14, #15, #16, #17, #18, #21, #22, #23, #26  <i>Reading Review</i> 169, 503</p> <p><b>Teacher Wraparound Edition:</b>            CA 640; CD 642, 647, 651, 652; DI 654; EC 639; FI 641; HP 653; 5MC 644, 653; HNES 641, 652; QD 641; TFYI 640, 645, 654</p>

STANDARDS	PAGE REFERENCES
<p>9-12.H.1.1.5 Identify and evaluate the prevention, causes, symptoms, treatment, and consequences of diseases and disorders. (841.01.e)</p>	<p><b>Student Edition:</b>  303-307, 514-519, 520, 522-524, 526-528, 530-532, 534-536  <i>Did You Know?</i> 515, 531  <i>Photo</i> 519, 531, 532, 535  <i>Reading Review</i> 518, 523, 526, 531, 533, 535  <i>Speaking Out</i> 524  <i>Table</i> 520, 533  <i>Using Life Skills</i> 524</p> <p><b>Teacher Wraparound Edition:</b>  AHL 526; CA 526, 528; CD 526; CI 519, 527, 533; E 536; ETC 531; FI 307, 518; HP 532, 576; 5MC 517, 518, 519, 535; NCES 524, 534; QD 515, 524, 534; SI 524; SO 524; TFYI 516, 518, 519, 535; ULS 524; UTT 520, 532</p>
<p>9-12.H.1.1.6 Assess environmental and other external factors that affect individual and community health (public health policies, governmental regulations, research). (841.01.f)</p>	<p><b>Student Edition:</b>  594-598, 599-600, 602-605, 607-608, 609, 612-614  <i>Did You Know?</i> 597, 604, 607, 608, 613  <i>Facts About</i> 630  <i>Figure</i> 603, 613  <i>HEALTH News</i> 605  <i>Lesson Study Guide</i> 601 #12, #15, #17, #18, #21, #25, #26, 611 #12, #13, #16, #18, #23, #24  <i>Photo</i> 596, 597, 604  <i>Reading Review</i> 608  <i>Table</i> 600</p> <p><b>Teacher Wraparound Edition:</b>  EC 596, 604; HN 605; HP 605; HP2010 596; LI 597, 614; QD 614; TFYI 613</p>
<p><b>Standard 2: Risk Taking Behavior</b></p>	
<p><b>Goal 2.1: Demonstrate the ability to practice health-enhancing behaviors and reduce health risks.</b></p>	
<p>9-12.H.2.1.1 Assess the consequences of sexual activity (unplanned pregnancy, STDs, emotional distress). (842.01.a)</p>	<p><b>Student Edition:</b>  201-202, 472, 498-502  <i>Did You Know?</i> 500, 502  <i>Figure</i> 505  <i>Lesson Study Guide</i> 203 #21  <i>Reading Review</i> 202, 503</p> <p><b>Teacher Wraparound Edition:</b>  AHL 501; CD 499; CI 199, 503; E 504; EC 502; HP 502; 5MC 501, 503, 507; NHES 505; QD 500; SI 500; TFYI 198, 500</p>

STANDARDS	PAGE REFERENCES
<p>9-12.H.2.1.2 Assess the short and long-term consequences of tobacco, alcohol, and other drugs (use, misuse, abuse, dependency). (842.01.b)</p>	<p><b>Student Edition:</b>            414-415, 416-419, 425-429, 437-440, 442, 444-447, 448, 449, 469-472  <i>Did You Know?</i> 437, 439  <i>Facts About</i> 441  <i>Just the Facts</i> 439  <i>Lesson Study Guide</i> 435 #11, #16, #17, #18, #19  <i>Photo</i> 426, 427, 429  <i>Reading Review</i> 418, 426, 447, 449  <i>Table</i> 442, 445, 447, 448</p> <p><b>Teacher Wraparound Edition:</b>            AHL 416; CA 415, 417, 418, 426, 429, 440;            CCC 438; CD 417, 429, 442; E 426, 445, 449;            EC 446; FA 441; HP 444; JTF 439; LI 417, 448;            5MC 414, 419, 427, 439, 446, 448; NHES 440;            QD 426, 438; SI 418</p>
<p>9-12.H.2.1.3 Evaluate the impact of risky behaviors on personal and community health. (842.01.c)</p>	<p><b>Student Edition:</b>            10, 46, 84, 452-453, 458-460, 659, 675, 700, 705  <i>Did You Know?</i> 170  <i>Lesson Study Guide</i> 461 #16  <i>Reading Review</i> 459  <i>Table</i> 453</p> <p><b>Teacher Wraparound Edition:</b>            CD 102, 459, 676; EC 458, 676; LI 700; 5MC 674;            NHES 171; QD 676; SI 454; TFYI 458</p>
<p>9-12.H.2.1.4 Identify prevention strategies that address positive behaviors and their benefits.</p>	<p><b>Student Edition:</b>            104-105, 456-457, 518-519, 660-662, 664-665, 671-674, 706  <i>Did You Know?</i> 174  <i>Lesson Study Guide</i> 177 #10, #12, #14, #19, 461 #13, #23, #24, #25, 685 #25  <i>Photo</i> 661, 675  <i>Speak Out</i> 176</p> <p><b>Teacher Wraparound Edition:</b>            AHL 46; CA 672; CD 46, 456, 460, 673; CI 672, 682; E 672; FI 456, 641, 672; HP 535; 5MC 674;            NHES 674; QD 534; SO 176</p>

STANDARDS	PAGE REFERENCES
<b>Standard 3: Communication Skills for Healthy Relationships</b>	
<b>Goal 3.1: Demonstrate the ability to use communication skills to enhance health.</b>	
9-12.H.3.1.1 Analyze the causes and effects of conflict in schools, families, workplaces, and communities. (843.01.a)	<p><b>Student Edition:</b> 49, 54, 657-658, 659, 675-681, 682-684 <i>Lesson Study Guide</i> 685 #19, #20, #22 <i>Reading Review</i> 53</p> <p><b>Teacher Wraparound Edition:</b> CA 680; CD 659, 675, 677, 678, 679, 682; CI 681; E 54, 675; EC 49, 675; 5MC 677; NHES 49; QD 49; SI 54, 658, 680</p>
9-12.H.3.1.2 Demonstrate and evaluate communication skills that enhance intra-personal and inter-personal health (coping skills, self-efficacy, affirmations, refusal skills, conflict resolution). (843.01.b)	<p><b>Student Edition:</b> 7, 8, 40-44, 47-48, 51-53, 137, 159, 170-173 <i>Just the Facts</i> 52 <i>Lesson Review</i> 55 #11, #12, #15, #19, #23 <i>Photo</i> 42, 43, 171 <i>Reading Review</i> 47, 53 <i>Table</i> 48 <i>Using Life Skills</i> 44, 171</p> <p><b>Teacher Wraparound Edition:</b> CA 42, 43, 48, 159; CD 41, 47, 51, 53; CI 52; DI 48; EC 51, 53; FI 47, 53; HNES 43; HP 106; JTF 52; 5MC 44, 52; QD 42, 137; TFYI 43; TT 42; ULS 44, 171; UTT 48</p>
9-12.H.3.1.3 Relate how effective interpersonal communication skills can be used to build, maintain, and enhance interactions between family, peers, workplace, and society. (843.01.c)	<p><b>Student Edition:</b> 7, 8, 40-44, 47-48, 51-53, 137, 159, 170-173 <i>Just the Facts</i> 52 <i>Lesson Review</i> 55 #11, #12, #15, #19, #23 <i>Photo</i> 42, 43, 171 <i>Reading Review</i> 47, 53 <i>Table</i> 48 <i>Using Life Skills</i> 44, 171</p> <p><b>Teacher Wraparound Edition:</b> CA 42, 43, 48, 159; CD 41, 47, 51, 53; CI 52; DI 48; EC 51, 53; FI 47, 53; HP 106; JTF 52; 5MC 44, 52; HNES 43; QD 42, 137; TFYI 43; TT 42; ULS 44, 171; UTT 48</p>

STANDARDS	PAGE REFERENCES
<b>Standard 4: Consumer Health</b>	
<b>Goal 4.1: Organize, analyze, and apply health information practices and services appropriate for individual needs.</b>	
9-12.H.4.1.1 Evaluate the validity of health information, products and services (advertising claims, quackery, fraudulence, health-related research). (844.01.a)	<p><b>Student Edition:</b>  16-19, 543, 545, 547  <i>Facts About</i> 546  <i>Just the Facts</i> 388  <i>Reading Review</i> 19, 545  <i>Table</i> 18, 547</p> <p><b>Teacher Wraparound Edition:</b>  CA 545; CD 273, 314, 545; FI 20; JTF 388;  5MC 18, 544; QD 545; SI 546; TFYI 544</p>
9-12.H.4.1.2 Evaluate resources from home, school, library, and the community that provide valid health care information. (844.01.b)	<p><b>Student Edition:</b>  20-21, 547, 564-566  <i>HEALTH News</i> 21  <i>Photo</i> 572  <i>Reading Review</i> 19  <i>Speaking Out</i> 315  <i>Table</i> 18, 547</p> <p><b>Teacher Wraparound Edition:</b>  CA 20, 114, 565; CCC 274, 536; CD 566; CI 20, 21, 503, 519, 527, 533, 662, 682; FI 20, 524; HN 21; HP 315; HP2010 18; SO 315</p>
9-12.H.4.1.3 Evaluate factors and situations that influence personal selection of health care products and services (when to seek treatment, when or what product to use). (844.01.c)	<p><b>Student Edition:</b>  314, 343, 565-566, 569, 571-572  <i>Reading Review</i> 569  <i>Speaking Out</i> 315</p> <p><b>Teacher Wraparound Edition:</b>  CA 565; CD 314; CI 332; DI 567; E 543, 569;  FI 569; HP 315; HP2010 566; LI 570; NHES 566;  SI 568; SO 315</p>
9-12.H.4.1.4 Analyze the cost and accessibility of health care services. (844.01.d)	<p><b>Student Edition:</b>  567-570  <i>Table</i> 520  <i>HEALTH News</i> 570  <i>Reading Review</i> 567, 569</p> <p><b>Teacher Wraparound Edition:</b>  CA 567; DI 567; E 569; EC 567, 570; HN 570;  HP 315; HP2010 566; LI 570; SI 568; UTT 520</p>

STANDARDS	PAGE REFERENCES
<b>Standard 5: Mental and Emotional Wellness</b>	
<b>Goal 5.1: Understand and demonstrate the key components to positive mental and emotional health.</b>	
<p>9-12.H.5.1.1 Assess strategies for coping with and overcoming feelings of stress (rejection, social isolation, other forms of stress, burnout). (845.01.a)</p>	<p><b>Student Edition:</b>  98-100, 104-105  <i>Lesson Study Guide</i> 107 #11, #13, #21, #23, #24  <i>Speaking Out</i> 106  <i>Using Life Skills</i> 103  <b>Teacher Wraparound Edition:</b>  CA 103; CD 104, 105; DI 103; FI 98; 5MC 98, 105;  SO 106; ULS 103</p>
<p>9-12.H.5.1.2 Identify methods for addressing mental and emotional concerns (depression, grief, eating disorders, suicide). (845.01.b)</p>	<p><b>Student Edition:</b>  92, 108-109, 113, 117, 126-128, 334, 335, 336  <i>Lesson Study Guide</i> 93 #13, #17, 128 #10, #11, #12, #18  <b>Teacher Wraparound Edition:</b>  CA 109, 117, 127; CD 113, 128; E 133; EC117;  FI 112; HP2010 113; JTF 127; 5MC 98; SI 640;  TFYI 92, 113, 116</p>