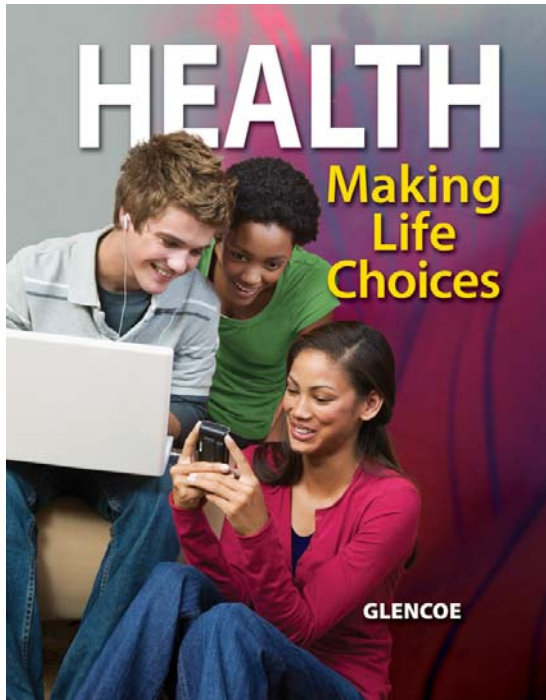




Glencoe

Content Standards
Grade 9-12 Health



HEALTH

Making
Life
Choices

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STANDARDS	PAGE REFERENCES
<u>Standard 1: Healthy Lifestyles</u>	
Goal 1.1: Acquire the essential skills to lead a healthy life.	
9-12.H.1.1.1 Assess the benefits of proper nutrition and regular physical activity on the health of humans throughout the life cycle. (841.01.a)	Student Edition: 162, 176, 232-234, 630-631 <i>Figure</i> 232, 233, 627 <i>Photo</i> 163, 234, 489 Q&A 488-489 <i>Review</i> 163 #4, 178 #4, 234 #4 Teacher Annotated Edition: TM 49 Section 1; TM 61 Section 1
9-12.H.1.1.2 Assess how personal health issues change during life (puberty, aging, disability, serious illness/injury). (841.01.b)	Student Edition: 58-60, 557-559, 628-631 <i>Figure</i> 59, 631 <i>Photo</i> 630 <i>Review</i> 63 #8 Teacher Annotated Edition: TM 137 Section 1; TM 138 Section 2; 60; 630

STANDARDS	PAGE REFERENCES
<p>9-12.H.1.1.3 Evaluate the psychological, social, emotional, and physical implications of human sexuality in developing and maintaining a responsible and healthy lifestyle. (841.01.c)</p>	<p>Student Edition: 60, 577-578, 579-582, 598-607 <i>Did You Know?</i> 678 <i>Health Skills</i> 599 <i>Photo</i> 61, 578 Q&A 588-589 <i>Review</i> 582 #6</p> <p>Teacher Annotated Edition: TM 127 Section 1, 2; TM 129 Section 4; 602</p>
<p>9-12.H.1.1.4 Demonstrate knowledge and concepts of basic injury prevention, emergency care, and crisis management procedures. (841.01.d)</p>	<p>Student Edition: 644-648, 650, 651-654, 655-656, 657-658, 659-660, 661-663, 670-676, 677-682, 683-685, 686 <i>Applying Health Skills</i> 668 <i>Did You Know?</i> 673, 679, 681 <i>Figure</i> 647, 655, 670, 671, 674, 676, 678, 679, 680, 681, 683, 684, 686, 687, 691, 693 <i>Health Skills</i> 648, 652, 662, 673, 674, 675, 692 <i>Photo</i> 644, 651, 653, 656, 657, 660, 661, 663, 672, 682 Q&A 664-665, 694-695 <i>Review</i> 650 #5, #6, 654 #1, #4, #5, #6, 656 #2, #3, 658 #1, #2, #4, 660 #2, #4, #5, 663 #1, #2, #3, #4, 676 #4, #7, 682 #4, #6, 685 #3, #6, #7, #8, 693 #4, #8</p> <p>Teacher Annotated Edition: TM 142 Section 2,3; TM 143 Section 4, 5; TM 144 Section 6; 645; 653; 655; 658; 659; 661; 670; 678; 684; 687; 688; 689; 690; 691</p>
<p>9-12.H.1.1.5 Identify and evaluate the prevention, causes, symptoms, treatment, and consequences of diseases and disorders. (841.01.e)</p>	<p>Student Edition: 400-402, 403-404, 405-408, 409-410, 420-428, 429, 432-439 <i>Applying Health Skills</i> 410 <i>Consumer Skills Activity</i> 411 <i>Did You Know?</i> 401, 407, 438 <i>Figure</i> 404, 406, 407, 408, 412, 436 <i>Photo</i> 400, 407, 438 <i>Review</i> 402 #5, #6, 404 #1, #4, #5, 408 #3, #4</p> <p>Teacher Annotated Edition: TM 93 Section 1; TM 94 Section 2, 3; TM 95 Section 4; TM 98 Section 1; TM 99 Section 2; TM 100 Section3; TM 103 Section 1; TM 104 Section 2, 3; TM 105 Section 1; TM 106 Section 5, 6; TM 107 Section 7; TM 108 Section 8</p>

STANDARDS	PAGE REFERENCES
<p>9-12.H.1.1.6 Assess environmental and other external factors that affect individual and community health (public health policies, governmental regulations, research). (841.01.f)</p>	<p>Student Edition: 700-701, 702, 704-707, 708-713, 714-717, 718 <i>Applying Health Skills</i> 703 <i>Did You Know?</i> 705, 709, 715 <i>Figure</i> 710 <i>Photo</i> 700, 704, 710, 716, 717, 718 <i>Review</i> 701 #1, #2, #3, 713 #5, 717 #2, #4, 719 #6 <i>What Teens Think</i> 716</p> <p>Teacher Annotated Edition: TM 153 Section 1; TM 154 Section 2, 3; TM 155 Section 4; TM 156 Section 5, 6; TM 159 Section 1, 2; TM 160 Section 3; 401; 700; 706</p>
<p>Standard 2: Risk Taking Behavior</p>	
<p>Goal 2.1: Demonstrate the ability to practice health-enhancing behaviors and reduce health risks.</p>	
<p>9-12.H.2.1.1 Assess the consequences of sexual activity (unplanned pregnancy, STDs, emotional distress). (842.01.a)</p>	<p>Student Edition: 420-428, 432-437, 501, 598 <i>Did You Know?</i> 427 <i>Figure</i> 422-423, 428, 432 <i>Photo</i> 420, 424, 425, 426, 427, 435 <i>Review</i> 431 #6, 439 #7</p> <p>Teacher Annotated Edition: TM 98 Section 1; TM 99 Section 2; 429; 434</p>
<p>9-12.H.2.1.2 Assess the short and long-term consequences of tobacco, alcohol, and other drugs (use, misuse, abuse, dependency). (842.01.b)</p>	<p>Student Edition: 292-294, 295-296, 315-317, 318-330, 331-332, 350-355, 356-358, 373-376, 377, 379-388, 386-389 <i>Did You Know?</i> 324, 359, 386, 387 <i>Figure</i> 292, 316, 320-323, 351, 354, 379, 381, 386 <i>Photo</i> 318, 325, 377, 380, 382, 383, 388 Q&A 304-305, 365-367 <i>Review</i> 294 #9, #10, 296 #5, #6, 317 #5, #6, 330 #7, 332 #1, #2, #3, 350 #5, 376 #3, #5, #6, 385 #7, #8, 387 #3, #4, 389 #4, #5</p> <p>Teacher Annotated Edition: TM 71 Section 1; TM 72 Section 2, 3; TM 75 Section 1; TM 76 Section 2; TM 77 Section 5, 6; TM 83 Section 1; TM 84 Section 2, 3; TM 89 Section 2; TM 90 Section 3, 4; 316; 325; 329; 351; 381; 383</p>

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9-12.H.2.1.3 Evaluate the impact of risky behaviors on personal and community health. (842.01.c)	<p>Student Edition: 315-317 <i>Figure</i> 316, 346 <i>Photo</i> 355, 356 <i>What Teens Think</i> 331</p> <p>Teacher Annotated Edition: TM 19 Section 1; TM 55 Section 1; TM 79 Section 5; TM 84 Section 2, 3; 316; 357</p>
9-12.H.2.1.4 Identify prevention strategies that address positive behaviors and their benefits.	<p>Student Edition: 64-65, 313-314, 363-364 <i>Health Skills</i> 363 <i>Photo</i> 313, 315 Q&A 510-511 <i>Review</i> 67 #5, 314 #6, 317 #4</p> <p>Teacher Annotated Edition: TM 34 Section 4; TM 64 Section 6; TM 79 Section 6; TM 86 Section 5; TM 95 Section 4; TM 100 Section 3; TM 106 Section 5; TM 107 Section 7; TM 131 Section 1; TM 143 Section 5; TM 144 Section 6; TM 153 Section 1; TM 154 Section 3; TM 155 Section 4; TM 156 Section 5; 357</p>
<p>Standard 3: Communication Skills for Healthy Relationships</p>	
<p>Goal 3.1: Demonstrate the ability to use communication skills to enhance health.</p>	
9-12.H.3.1.1 Analyze the causes and effects of conflict in schools, families, workplaces, and communities. (843.01.a)	<p>Student Edition: 508, 526, 530-535 <i>Applying Health Skills</i> 703 <i>Figure</i> 530, 531, 533 Q&A 46-47 <i>Review</i> 528 #5</p> <p>Teacher Annotated Edition: TM 116 Section 3; 36; 37; 703</p>

STANDARDS	PAGE REFERENCES
<p>9-12.H.3.1.2 Demonstrate and evaluate communication skills that enhance intra-personal and inter-personal health (coping skills, self-efficacy, affirmations, refusal skills, conflict resolution). (843.01.b)</p>	<p>Student Edition: 39-40, 526-528 <i>Applying Health Skills</i> 66, 392, 649 <i>Figure</i> 37, 38 <i>Health Skills</i> 33, 39 <i>Photo</i> 34, 36, 364, 523, 525 Q&A 338-339 Teacher Annotated Edition: TM 24 Section 2; TM 86 Section 5; 36; 37; 38; 67; 649; 703</p>
<p>9-12.H.3.1.3 Relate how effective interpersonal communication skills can be used to build, maintain, and enhance interactions between family, peers, workplace, and society. (843.01.c)</p>	<p>Student Edition: 39-40, 526-528 <i>Applying Health Skills</i> 66, 392, 649 <i>Figure</i> 37, 38 <i>Health Skills</i> 33, 39 <i>Photo</i> 34, 36, 364, 523, 525 Q&A 338-339 Teacher Annotated Edition: TM 24 Section 2; TM 86 Section 5; 36; 37; 38; 67; 649; 703</p>
<p>Standard 4: Consumer Health</p>	
<p>Goal 4.1: Organize, analyze, and apply health information practices and services appropriate for individual needs.</p>	
<p>9-12.H.4.1.1 Evaluate the validity of health information, products and services (advertising claims, quackery, fraudulence, health-related research). (844.01.a)</p>	<p>Student Edition: <i>Consumer Skills Activity</i> 87, 426, 738 <i>Figure</i> 743 Q&A 742-743 <i>Review</i> 741 #7</p>
<p>9-12.H.4.1.2 Evaluate resources from home, school, library, and the community that provide valid health care information. (844.01.b)</p>	<p>Student Edition: 394, 734 <i>Applying Health Skills</i> 334 <i>Figure</i> 734 <i>Review</i> 737 #6 Teacher Annotated Edition: 334</p>

STANDARDS	PAGE REFERENCES
<p>9-12.H.4.1.3 Evaluate factors and situations that influence personal selection of health care products and services (when to seek treatment, when or what product to use). (844.01.c)</p>	<p>Student Edition: 281-283, 733-735, 738-741 <i>Applying Health Skills</i> 282 <i>Figure</i> 281, 736 <i>Health Skills Activity</i> 734, 735, 739 <i>Review</i> 283 #2, #3, 737 #5, #7, 741 #6</p> <p>Teacher Annotated Edition: TM 160 Section 3; 740</p>
<p>9-12.H.4.1.4 Analyze the cost and accessibility of health care services. (844.01.d)</p>	<p>Student Edition: 730-732, 733-737 <i>Figure</i> 734, 736 <i>Health Skills</i> 734, 735 <i>Photo</i> 731</p> <p>Teacher Annotated Edition: TM 159 section 1, 2; 730; 731</p>
<p>Standard 5: Mental and Emotional Wellness</p>	
<p>Goal 5.1: Understand and demonstrate the key components to positive mental and emotional health.</p>	
<p>9-12.H.5.1.1 Assess strategies for coping with and overcoming feelings of stress (rejection, social isolation, other forms of stress, burnout). (845.01.a)</p>	<p>Student Edition: 94-101 <i>Applying Health Skills</i> 98 <i>Consumer Skills Activity</i> 87 <i>Figure</i> 97 <i>Photo</i> 96, 100 <i>Review</i> 100 #2, #4, #5, #6, #7</p> <p>Teacher Annotated Edition: TM 24 Section 3; TM 34 Section 4; 94; 95; 96; 97; 99; 100</p>
<p>9-12.H.5.1.2 Identify methods for addressing mental and emotional concerns (depression, grief, eating disorders, suicide). (845.01.b)</p>	<p>Student Edition: 108-110, 111-112, 119-121, 122-125 <i>Did You Know?</i> 122 <i>Figure</i> 124 <i>Health Skills</i> 108, 113, 115 <i>Photo</i> 109, 110, 114, 118, 123, 127 Q&A 126-127 <i>Review</i> 110 #4, #7, 117 #4, 121 #5, #6, #7, 125 #3, #4, #5, #7</p> <p>Teacher Annotated Edition: TM 34 Section 4; TM 37 Section 1; TM 39 Section 4; 109; 111; 114; 119; 120; 124</p>