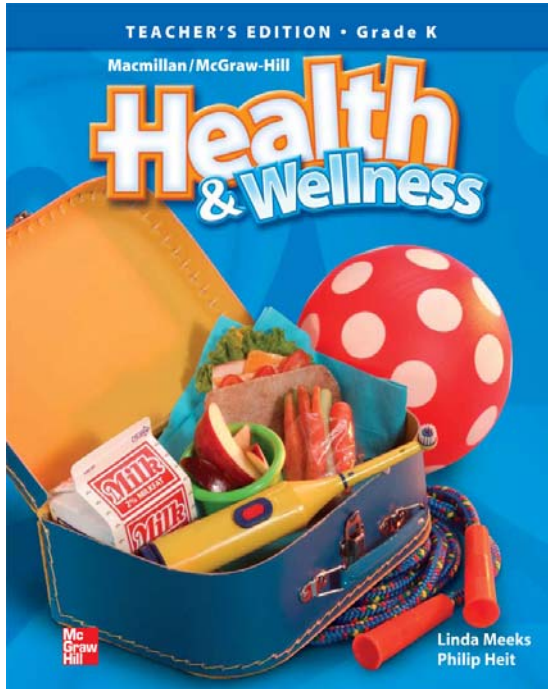




Macmillan/McGraw-Hill

Course of Study
Health Education
Kindergarten



Health & Wellness

GRADE K

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CORRELATION TO ALABAMA COURSE OF STUDY

STANDARDS	PAGE REFERENCES
Consumer and Community Health	
1. Name major health care professions. Examples: nurse, dentist, physician, pharmacist	Student Edition: <i>Health Big Ideas Book 8, 42-43, 44-45</i> Teacher's Edition: 121, 125, 126, 127, 129, 136; CL 3, 35, 79, 111; TAI 128
2. Identify health information sources in the community. Examples: parents, school nurse, family doctor	Student Edition: <i>Life Skills Book 20-21</i> Teacher's Edition: 136; CL 99; F 132-133; R 2, 4, 6, 8, 10, 12, 14, 18, 20, 24, 26, 28, 34, 36, 38, 40, 42, 46, 48, 50, 52, 54, 56, 72; TAI 130, 133, 134
Environmental Health	
3. Identify ways schools encourage a healthy environment. Examples: providing smoke-free facilities, serving healthy meals in the lunchroom, maintaining clean restrooms	Student Edition: <i>Health Big Ideas Book 30-31, 32-33</i> Teacher's Edition: CL 79; IBI 78; TAI 83

STANDARDS	PAGE REFERENCES
<p>4. Recognize environmental hazards. Examples: oil spill, downed power line</p>	<p>Student Edition: <i>Health Big Ideas Book</i> 30-31, 34-35, 36-37, 38-39, 46-47</p> <p>Teacher’s Edition: AC 83; CA 77, 85; TAI 82, 89, 91, 140-141, 142-143</p>
Family Health	
<p>5. Identify types of families. Examples: two-parent families, single-parent families, extended families, blended families</p>	<p>Student Edition: <i>Health Big Ideas Book</i> 12-13</p> <p>Teacher’s Edition: 21, 32; AC 25; TAI 20</p>
<p>6. Identify individual roles and responsibilities of family members.</p>	<p>Student Edition: <i>Health Big Ideas Book</i> 14-15</p> <p>Teacher’s Edition: TAI 22-23, 24-25</p>
Personal Health and Safety	
<p>7. Recognize warning sounds and signs. Examples: sounds—fire alarm, weather siren signs—wet floor, railroad crossing</p>	<p>Student Edition: <i>Health Big Ideas Book</i> 32-33</p> <p>Teacher’s Edition: LR 96; TAI 83, 86-87, 94-95</p>
<p>8. List behaviors that promote personal safety. Examples: following emergency drill procedures, using caution when approached by strangers, wearing seat belts and safety equipment, looking both ways before crossing the street</p>	<p>Student Edition: <i>Health Big Ideas Book</i> 30-31, 32-33, 34-35, 36-37, 38-39 <i>Life Skills Book</i> 14-15</p> <p>Teacher’s Edition: CL 79; IBI 78; LR 77, 96; TAI 81, 82-83, 85, 87, 88-89, 90-91, 93</p>
<p>9. Explain behaviors that promote personal hygiene. Examples: washing hands, brushing teeth, bathing</p>	<p>Student Edition: <i>Health Big Ideas Book</i> 26-27, 42-43 <i>Life Skills Book</i> 8-9, 12-13</p> <p>Teacher’s Edition: CA 61; LR 76; SIU 147; TAI 58-59, 64-65, 67, 68-69, 113, 129</p>

STANDARDS	PAGE REFERENCES
Mental and Emotional Health	
<p>10. Identify mental and emotional health concepts. Examples: mental—self-esteem, stress emotional—happiness, anger, love, fear</p>	<p>Student Edition: <i>Health Big Ideas Book</i> 6-7, 8-9 <i>Life Skills Book</i> 18-19 Teacher’s Edition: 115; TAI 6-7, 8-9, 114-115, 117</p>
<p>11. Describe safe responses to physical and emotional conflicts. Example: seeking help when threatened</p>	<p>Student Edition: <i>Health Big Ideas Book</i> 8-9 <i>Life Skills Book</i> 6-7, 14-15 Teacher’s Edition: LR 16, 96; TAI 8-9, 15, 31, 81</p>
Nutrition	
<p>12. Identify healthy foods, including snacks.</p> <ul style="list-style-type: none"> ● Recognizing the food groups on MyPyramid ● Identifying characteristics of various foods Examples: taste, smell, color, texture ● Locating the nutrition facts label on food products 	<p>Student Edition: <i>Health Big Ideas Book</i> 22-23, 24-25 <i>Life Skills Book</i> 10-11 Teacher’s Edition: 45, 47, 49, 51, 52, 53, 57, 60, 123; TAI 50</p>
Prevention and Control of Disease	
<p>13. Identify healthy habits that may prevent and control disease. Examples: coughing into sleeve; washing hands; avoiding sharing towels, combs, or brushes</p>	<p>Student Edition: <i>Health Big Ideas Book</i> 42-43 Teacher’s Edition: LR 60, 124; SIU 147; TAI 58-59, 64, 112-113, 119, 120-121, 122-123, 128-129</p>
<p>14. Name substances that are harmful to the body. Examples: tobacco, illegal drugs, alcohol, household cleaning products</p>	<p>Student Edition: <i>Health Big Ideas Book</i> 40-41 Teacher’s Edition: CA 97; IBI 98; LR 108; TAI 102-103, 104-105</p>
<p>15. Explain ways medicine can help people.</p> <ul style="list-style-type: none"> ● Naming adults who can administer medicine 	<p>Student Edition: <i>Health Big Ideas Book</i> 40-41 Teacher’s Edition: IBI 98; LR 108; TAI 100-101</p>