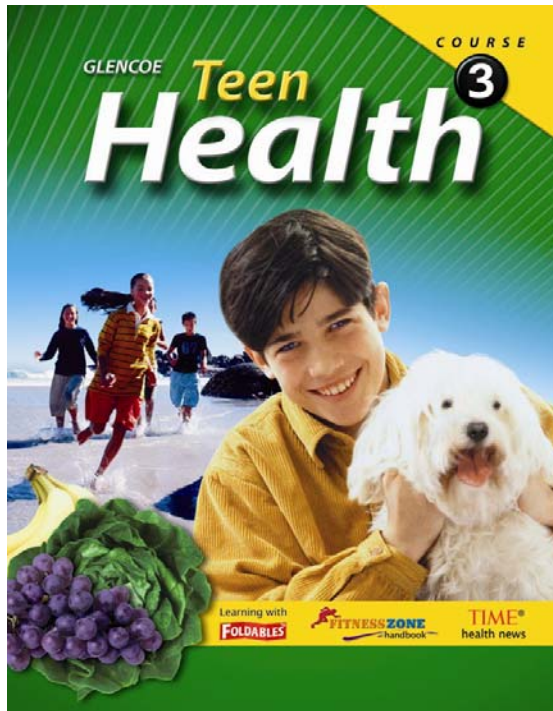


CORRELATION TO ALABAMA COURSE OF STUDY



Course of Study  
Health Education  
Eighth Grade



*Teen* COURSE  
**3**

CORRELATION TO ALABAMA  
COURSE OF STUDY

STANDARDS	PAGE REFERENCES
<b>Community and Consumer Health</b>	
<p>1. Identify procedures for making consumer health complaints. Examples: speaking with store manager, calling Better Business Bureau, contacting patient relations representative</p>	<p><b>Student Edition:</b> 381-382 <i>Lesson Review</i> 382 #3 <b>Teacher Wraparound Edition:</b> C 382</p>
<p>2. Describe health advocacy strategies. Examples: writing and recording public service announcements for school or community broadcasts, writing letters to editors of local newspapers, implementing a school health improvement project</p>	<p><b>Student Edition:</b> 43, 183, 281 <i>Lesson Review</i> 43 #5, #6, 183 #4, #7, 281 #6, 516 #7 <i>Photo</i> 182 <b>Teacher Wraparound Edition:</b> AL 36, 582; BHS 586-587; HSP 583; WS 578</p>

STANDARDS	PAGE REFERENCES
<b>Environmental Health</b>	
<p>3. Identify public environmental laws that protect personal health. Examples: dumping, polluting, littering</p>	<p>Agencies responsible for environmental concerns are covered on the following pages. <b>Student Edition:</b> 393, 581</p>
<b>Family Health</b>	
<p>4. Recognize cultural influences that impact health behaviors. Examples: family perceptions of health care professionals, family perceptions of healthy body image, societal expectations of remaining abstinent until married</p>	<p><b>Student Edition:</b> 235, 260-261 <i>Building Health Skills</i> 18-19 <i>Figure</i> 235 <i>TIME Health News</i> 272 <i>What Teens Think</i> 261 <b>Teacher Wraparound Edition:</b> BHS 18-19; CP 39; CT 119; HL 119; RS 235; THN 272; TTT 267; WTT 261</p>
<p>5. Describe behaviors that may prevent personal injury. Examples: wearing protective gear, using seat belts, handling flammable materials properly</p>	<p><b>Student Edition:</b> 540-544, 545-549, 550-552 <i>Connect to Science</i> 543 <i>Figure</i> 548 <i>Health Skills Activity</i> 553 <i>Lesson Review</i> 544 #3, #5, 548 #2, #5, 553 #2, #6 <i>Photo</i> 540, 545, 546, 547 <i>Quick Write</i> 545 <b>Teacher Wraparound Edition:</b> AL 541; C 553; CTS 543; DWSI 542; HL 546; HSA 552; HSC 547; TH 543</p>
<p>6. Describe personal responsibility for reducing hazards and avoiding accidents.</p>	<p><b>Student Edition:</b> 540-544, 545-549 <i>Figure</i> 541 <i>Lesson Review</i> 544 #3, 549 #1, #3 <i>Photo</i> 542, 543, 544 <i>Quick Write</i> 545 <b>Teacher Wraparound Edition:</b> AL 542; HL 548; RS 541, 548; TH 543</p>

STANDARDS	PAGE REFERENCES
<b>Mental and Emotional Health</b>	
<p>7. Identify barriers to communication regarding health-related issues.</p> <p>Examples: fear, embarrassment, lack of vocabulary</p>	<p>Communications skills are covered on the following pages.</p> <p><b>Student Edition:</b>  39-40, 108-111, 186-187  <i>Building Health Skills</i> 94-95  <i>Hands-On Health</i> 96  <i>Health Skills Activity</i> 186  <i>Lesson Review</i> 111 #2, #3, #4, #6, 187 #3  <i>Photo</i> 109  <i>Quick Write</i> 108</p> <p><b>Teacher Wraparound Edition:</b>  AL 110; BHS 94-95; C 111; CP 39, 109; HOH 96;  HSA 186; HSP 110; RS 109; TTT 110</p>
<p>8. Identify strategies for controlling impulsive behaviors.</p> <p>Examples: strategies—seeking mental health resources, utilizing conflict resolution techniques</p> <p>behaviors—self-mutilation, aggressive outbursts</p>	<p>Strategies for seeking mental health services and resolving conflict are covered on the following pages.</p> <p><b>Student Edition:</b>  40, 90-93, 164  <i>Building Health Skills</i> 168-169  <i>Careers for the 21<sup>st</sup> Century</i> 165  <i>Figure</i> 166, 167  <i>Lesson Review</i> 93 #2, #6, 167 #1, #2, #4, #6  <i>Photo</i> 164</p> <p><b>Teacher Wraparound Edition:</b>  BHS 168-169; C 167; C21C 165; HL 91; HSC 165;  HSP 165; RS 166; WTWTK 166</p>
<b>Nutrition</b>	
<p>9. Describe common eating disorders.</p> <p>Examples: anorexia nervosa, bulimia nervosa, binge eating</p>	<p><b>Student Edition:</b>  266-268  <i>Lesson Review</i> 269 #1, #2, #3, #5, #7  <i>Photo</i> 267, 268  <i>Quick Write</i> 266</p> <p><b>Teacher Wraparound Edition:</b>  AL 267; C 269; TTT 267; UA 268; WTWTK 268</p>

STANDARDS	PAGE REFERENCES
<p>10. Identify possible consequences of poor nutrition. Example: increased risk for heart disease, obesity, cancer, fatigue, poor academic performance, osteoporosis</p>	<p><b>Student Edition:</b> 234, 236-237, 509, 513, 517-518, 522-523, 524 <i>Health Skills Activity</i> 520 <i>Lesson Review</i> 242 #5, 521 #7 <i>Photo</i> 234, 517 <i>What Teens Think</i> 523</p> <p><b>Teacher Wraparound Edition:</b> HL 519, 523; HSA 520; RS 513; WTT 523</p>
<p>11. Explain benefits, limitations, and misuse of dietary supplements.</p>	<p><b>Student Edition:</b> 265 <i>Connect to Science</i> 244</p> <p><b>Teacher Wraparound Edition:</b> CTS 244; HL 241; WTWTK 240</p>
<b>Prevention and Control of Disease</b>	
<p>12. Describe types of sexually transmitted infections (STIs).</p> <ul style="list-style-type: none"> <li>• Explaining benefits of abstinence</li> <li>• Identifying physical, social, and emotional effects of STIs</li> <li>• Describing long-term effects of HIV and AIDS on the human body</li> </ul> <p>Examples: destruction of the immune system, contraction of opportunistic infections</p>	<p><b>Student Edition:</b> 492-495, 496-499 <i>Figure</i> 493, 497 <i>Lesson Review</i> 495 #2, #3, #4, #5, #6, 499 #2, #3, #4, #6 <i>Photo</i> 498, 499</p> <p><b>Teacher Wraparound Edition:</b> HL 493; RS 497; TH 497; TTT 494; WS 498; WTWTK 498</p>

STANDARDS	PAGE REFERENCES
<b>Substance Use and Abuse</b>	
<p>13. Explain why mixing drugs can cause injury, illness, and death.</p>	<p><b>Student Edition:</b> 284 The effects of drug abuse are covered on the following pages.</p> <p><b>Student Edition:</b> 336-337, 338-344, 346-351, 352-355 <i>Figure</i> 339, 343, 347, 349, 351, 353, 354 <i>Health Skills Activity</i> 341 <i>Lesson Review</i> 344 #2, #3, #5, #6, 351 #3, #4, #5, 355 #2, #3, #6 <i>Photo</i> 337, 338, 340, 347, 355 <i>Quick Write</i> 352</p> <p><b>Teacher Wraparound Edition:</b> AL 340, 342, 346; C 344, 351, 355; CT 340; HL 339, 341, 347, 354; HSA 341; HSP 349, 353; RS 339, 343, 349, 350, 353, 354; UA 341, 350; WS 346; WTWTK 353</p>