



Course of Study
Health Education
Ninth – Twelfth Grade



© 2008

CORRELATION TO ALABAMA
COURSE OF STUDY

STANDARDS	PAGE REFERENCES
Community and Consumer Health	
<p>1. Analyze technology for its influence on consumer health and health care.</p>	<p>Student Edition: 7, 35-38, 557-562 <i>Did You Know?</i> 562 <i>Figure</i> 557 <i>Just the Facts</i> 560 <i>Photo</i> 562 <i>Table</i> 559 <i>Using Life Skills</i> 38 Teacher Wraparound Edition: CA 38, 562; CD 311, 314; EC 561; JTF 560; LI 38; TFYI 6, 36; ULS 38</p>

STANDARDS	PAGE REFERENCES
Environmental Health	
<p>2. Describe ways to advocate for a healthy environment.</p>	<p>Student Edition: 599, 628-629, 631-632 <i>Reading Review</i> 629 <i>Table</i> 616 <i>Using Life Skills</i> 614, 629</p> <p>Teacher Wraparound Edition: AHL 629; CA 600, 632; CI 8, 599, 615, 631; E 631; FI 598; 5MC 598, 631; RR 629; ULS 614, 629</p>
<p>3. Describe global environmental issues.</p>	<p>Student Edition: 594-598 <i>Did You Know?</i> 597 <i>Photo</i> 597 <i>Reading Review</i> 598</p> <p>Teacher Wraparound Edition: E 597; F 594; HP 596; LI 597; QD 597; RR 598; TFYI 597</p>
Family Health	
<p>4. Identify personal, financial, and legal responsibilities of parenthood.</p> <ul style="list-style-type: none"> Identifying negative consequences associated with teen parenthood 	<p>Student Edition: 194-197, 201-202 <i>Did You Know?</i> 198, 201 <i>Facts About</i> 193 <i>Photo</i> 197, 199 <i>Reading Review</i> 197, 202</p> <p>Teacher Wraparound Edition: AHL 202; CA 195, 199; CCC 196; CD 197, 198, 201; CI 199; E 196, 199, 201; FA 193; LI 197; 5MC 195; NHES 194; RR 197, 202; TFYI 198</p>
<p>5. Identify common causes of disability and premature death. Examples: sudden infant death syndrome (SIDS), unintentional and intentional injuries, cardiovascular disease, diabetes, cancer</p>	<p>Student Edition: 257, 303-307, 368, 470, 639-641 <i>Did You Know?</i> 307 <i>Figure</i> 6, 41 <i>HEALTH NEWS</i> 305 <i>Reading Review</i> 306 <i>Table</i> 303 <i>Write About It</i> 302</p> <p>Teacher Wraparound Edition: E 641; EC 304, 639; HN 305; 5MC 306, 470, 644; RR 306; SI 640; TFYI 307, 640, 645</p>

STANDARDS	PAGE REFERENCES
Personal Health and Safety	
<p>6. Demonstrate CPR and automated external defibrillator (AED) techniques and other first aid skills.</p>	<p>Student Edition: 711-720, 723-748 <i>Did You Know?</i> 715, 716, 719, 746, 747 <i>Figure</i> 711, 716, 723, 724, 725, 726, 727, 728, 729, 731, 732, 733, 734, 735, 737, 739, 742 <i>Photo</i> 717, 719, 720, 728, 730, 733, 738, 740, 741, 743, 745, 746, 747, 748 <i>Reading Review</i> 735, 743 <i>Speak Out</i> 713 <i>Write About It</i> 708, 722</p> <p>Teacher Wraparound Edition: AHL 717; CA 712, 715, 716, 719, 725, 728, 730, 731, 734, 735, 742; CD 717, 718, 727, 733, 735, 739, 741, 744, 746; E 244, 731, 738; EC 726, 729, 730, 741; HP 716, 719; 5MC 712, 727, 732, 737, 747; NHES 728, 734, 739; QD 716, 723, 725, 742, 743; RR 736, 743; SO 713;TFYI 711, 717</p>
<p>7. Recognize personal responsibility for lifelong health. Examples: participating regularly in physical activity, practicing water safety, operating motor vehicles safely; scheduling annual physical exams, cancer screenings, and immunizations</p>	<p>Student Edition: 274, 343, 345, 347, 350, 371-372, 384-389, 531-532, 639-641, 645 <i>Did You Know?</i> 386, 645 <i>Facts About</i> 356 <i>Reading Review</i> 387</p> <p>Teacher Wraparound Edition: CD 274, 343; CI 368, 648; EC 639; FA 356; HP 214, 741; NHES 641; RR 387; TFYI 371, 645</p>

STANDARDS	PAGE REFERENCES
Mental and Emotional Health	
<p>8. Identify symptoms, methods of treatment, and management of mental health disorders, depression, and stress.</p> <ul style="list-style-type: none"> • Recognizing available resources and hotlines for mental health concerns Examples: resources—school personnel, peers hotlines—suicide prevention, rape crisis • Identifying warning signs and prevention strategies for suicide 	<p>Student Edition: 89-92, 100-105, 109-115, 117-120 <i>Did You Know?</i> 100 <i>Facts About</i> 116 <i>Photo</i> 91, 101 <i>Reading Review</i> 89, 91 <i>Speak Out</i> 106 <i>Using Life Skills</i> 106 <i>Write About It</i> 94, 108</p> <p>Teacher Wraparound Edition: AHL 36; CA 90, 101, 102, 103, 104; CCC 89; CD 101, 104, 105; DI 103; FA 116; FI 105; HP 101, 218; 5MC 91; QD 100; RR 89, 91; SO 106; TFYI 89, 92, 104; TTT 100; ULS 103</p>
<p>9. Describe significant life events that impact mental and emotional health.</p> <p>Examples: birth or death of a loved one, marriage, childbirth, adoption, divorce, illness, victimization, relocation, end of relationship</p>	<p>Student Edition: 110-111, 123-124, 150-151, 153-156, 680-683 <i>Did You Know?</i> 154, 155 <i>Reading Review</i> 680</p> <p>Teacher Wraparound Edition: CD 124; E 683; EC 124; RR 680; TFYI 155</p>
Nutrition	
<p>10. Analyze social and cultural messages about food and eating for their influence on nutritional choices.</p> <ul style="list-style-type: none"> • Identifying factors that impact nutritional choices, including procurement, cost, and food preparation time • Describing persuasive techniques used by the media to influence food purchasing decisions • Describing health consequences and treatment of eating disorders 	<p>Student Edition: 7, 35, 37, 38, 311, 319, 334-336 <i>Evaluating Media Messages</i> 207 <i>Speak Out</i> 315</p> <p>Teacher Wraparound Edition: CD 90, 311,314; CI 336; E 315; EMM 207; SD 315; SI 319</p>

STANDARDS	PAGE REFERENCES
Prevention and Control of Disease	
<p>11. Describe prevention and management strategies for acute and chronic health conditions.</p>	<p>Student Edition: 210, 214-216, 223, 494-496, 518-519, 524, 526-528, 534 <i>Did You Know?</i> 515 <i>Facts About</i> 211 <i>Figure</i> 520 <i>Reading Review</i> 518, 526 <i>Speak Out</i> 525 <i>Using Life Skills</i> 517, 524 <i>Write About It</i> 514, 522</p> <p>Teacher Wraparound Edition: AHL 526; CA 526, 528; CCC 520; CD 494, 496, 526; E 223; FI 524; HP 210, 315, 496, 535; 5MC 494, 525, 527; NHES 524, 534; QD 524, 534; RR 518, 526; SO 525; TFYI 519, 535; ULS 517, 524</p>
<p>12. Explain prevention methods for communicable diseases and infections. Examples: using standard precautions, practicing abstinence, scheduling immunizations</p>	<p>Student Edition: 214, 485, 508-509, 543, 585, 711 <i>Did You Know?</i> 499 <i>Figure</i> 493, 711 <i>Just the Facts</i> 509</p> <p>Teacher Wraparound Edition: AHL 501; CA 509; CD 214, 495; DI 508; E 509; FI 493; HP 214; JTF 509; NHES 493, 508; QD 214; TFYI 711; UTT 493, 711</p>
<p>13. Explain the progression of HIV infection to AIDS.</p>	<p>HIV and AIDS are discussed on the following pages.</p> <p>Student Edition: 504-512 <i>Did You Know?</i> 510 <i>Figure</i> 505 HEALTH NEWS 510 <i>Just the Facts</i> 508 <i>Photo</i> 507, 508, 512 <i>Reading Review</i> 510</p> <p>Teacher Wraparound Edition: AHL 509; CA 505, 509; CCC 504, 510; CD 505, 511, 512; CI 512; DI 505; E 504, 509, 511; EC 507; HN 511; JTF 509; 5MC 507, 510; NHES 504, 505, 506; QD 506; RR 510; TFYI 504, 508</p>

STANDARDS	PAGE REFERENCES
Substance Use and Abuse	
<p>14. Interpret federal, state, and local laws as they relate to the purchase, sale, use, and possession of alcohol, tobacco, and other drugs.</p> <ul style="list-style-type: none"> Identifying local school system rules for substance use and abuse 	<p>Student Edition: 413, 418, 430, 469 <i>Figure 431</i> <i>HEALTH NEWS 415</i> <i>Reading Review 431</i> <i>Write About It 468</i></p> <p>Teacher Wraparound Edition: E 469; HN 415; LI 455; 5MC 470; RR 431</p>
<p>15. Identify effects on health and behavior regarding the use of chemical substances, including prescription drugs, over-the-counter drugs, illegal drugs, alcohol, and tobacco.</p>	<p>Student Edition: 407-408, 411, 413-419 <i>Photo 414</i> <i>Reading Review 418</i></p> <p>Teacher Wraparound Edition: CA 415, 417, 418; CD 415, 417; 5MC 414, 419; NHES 416; RR 418; SI 418; TFYI 418</p>
<p>16. Explain physiological effects of chemical substances on health and behavior. Examples: liver damage, emphysema, heart disease</p>	<p>Student Edition: 414-415, 426-427 <i>Photo 415, 426, 427</i> <i>Reading Review 426</i></p> <p>Teacher Wraparound Edition: CA 426; CD 415; 5MC 427; QD 426; RR 426</p>