



APPLYING LIFE SKILLS

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STANDARDS		PAGE REFERENCES
Unit 1: FCCLA		
1.1	Define terms related to Family, Career and Community Leaders of America	Student Edition: 51-52 <i>Vocabulary Review</i> 53 Teacher Wraparound Edition: FCCLA Teacher Appendix 803-806; PV 44
1.2	Name reasons for belonging to FCCLA	Student Edition: 51-52 Teacher Wraparound Edition: FCCLA Teacher Appendix 803-806
1.3	State membership requirement for FCCLA	Student Edition: 52 Teacher Wraparound Edition: FCCLA Teacher Appendix 803

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1.4	Name the organizational levels of FCCLA	Student Edition: 52 Teacher Wraparound Edition: FCCLA Teacher Appendix 805-806 (National Programs)
1.5	Describe the relationship between the FCCLA organization and the Family and Consumer Sciences Curriculum	Teacher Wraparound Edition: FCCLA Teacher Appendix 803-806
1.6	Describe the FCCLA history, motto, colors, flower, pin, creed, purposes, publication, and national programs including STAR events	Teacher Wraparound Edition: FCCLA Teacher Appendix 803-806
1.7	Name the five steps in the process of planning in-depth projects	The following pages can be used to further the understanding of in-depth planning. Student Edition: 56-57, 130-131
1.8	Describe benefits of using parliamentary procedure	The following pages can be used as a lead-in to discussions of the benefits of parliamentary procedure. Student Edition: 92-94
Unit 2: Family/Individual Health and Relationships		
2.1	Define terms related to family/individual health and relationships	Student Edition: 775-783 <i>Content Vocabulary</i> 174, 182, 204, 211, 330, 344 <i>Vocabulary</i> 175 <i>Vocabulary Review</i> 195, 221, 357 Teacher Wraparound Edition: PV 174, 204, 211, 330, 344
2.2	Name characteristics of a positive and a negative self-concept	Student Edition: 10-11 Teacher Wraparound Edition: CT 10
2.3	Match stages of the individual life cycle with the correct age range	Student Edition: 209-210, 254-259 <i>List</i> 210 Teacher Wraparound Edition: C 260; CA 258; RS 254; WS 209, 259

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2.4 Determine positive and negative habits that effect personal health	Student Edition: 21-29, 45-49, 331-342, 345-356 <i>Active Learning</i> 54 <i>Health & Wellness Tips</i> 28, 335, 339 <i>How I See It</i> 337 <i>How To</i> 24-25, 48-49, 334-335 <i>Identify</i> 356 <i>Real World Skills</i> 32 # 16 <i>Social Studies</i> 343 Teacher Wraparound Edition: CA 27, 331; CT 339; DS 331; RC 331
2.5 State the symptoms of stress	Student Edition: 27, 124, 341 <i>Define</i> 29 <i>Health & Wellness Tips</i> 159, 745 Teacher Wraparound Edition: RS 27; UA 27
2.6 Name types of relationships and provide reasons for establishing meaningful relationships	Student Edition: 122-126, 183-194, 205-210, 212-219 <i>Active Learning</i> 196, 222 <i>Health & Wellness Tips</i> 193 <i>How I See It</i> 215, 233 <i>How To</i> 92-93, 186-187, 216-217 <i>Succeed in School</i> 208 <i>Take Charge</i> 189, 207, 228 Teacher Wraparound Edition: CA 188, 190, 191, 206, 214
2.7 Describe effects of verbal and nonverbal communication upon relationships	Student Edition: 94, 137-142, 144-148 <i>Active Learning</i> 150 <i>Building Character</i> 138 <i>Social Studies</i> 151 <i>Take Charge</i> 138 Teacher Wraparound Edition: CA 137, 141; RC 140; RS 137

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2.8 Name the steps of conflict resolution	Student Edition: 155-161, 163-167 <i>Active Learning</i> 170 <i>Family & Community Connections</i> 170 <i>How I See It</i> 158 <i>How To</i> 164-165 <i>Real World Skills</i> 170 #16 <i>Take Charge</i> 166 <i>Writing Activity</i> 153 Teacher Wraparound Edition: C 167; CA 155; DS 163
2.9 Name the types of family structures	Student Edition: 206-207 <i>Mathematics</i> 223 <i>Real World Skills</i> 222 #16 <i>Take Charge</i> 207 Teacher Wraparound Edition: SP 206; WS 207
2.10 Name the influences that may cause a change in family lifestyle	Student Edition: 227-236 <i>English Language Arts</i> 236, 247 <i>Family & Community Connections</i> 246 <i>Real World Skills</i> 246 #15, #16 <i>Social Studies</i> 247 Teacher Wraparound Edition: CA 235; CT 233; WS 231
2.11 Identify types of peer pressure during adolescence	Student Edition: 175-181, 183 <i>English Language Arts</i> 181, 197 <i>How I See It</i> 140, 177 <i>Safety Check</i> 180 <i>Take Charge</i> 179 Teacher Wraparound Edition: DS 175; HS 140, 177; SP 176
2.12 Describe the value of dating	Student Edition: 191-192 Teacher Wraparound Edition: CA 191; CT 191; WS 191

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2.13	Discuss the occupations dealing with relationships	Student Edition: <i>Exploring Careers</i> 30	Teacher Wraparound Edition: C 30; DS 30
Unit 3: Housing and Interior Design			
3.1	Define terms related to housing	Student Edition: <i>Content Vocabulary</i> 704 <i>Vocabulary Review</i> 725	Teacher Wraparound Edition: PV 704
3.2	Name housing choices with the definition of each	Student Edition: 710-714 <i>How I See It</i> 711	Teacher Wraparound Edition: CT 712; RC 711
3.3	Name the elements of design	Student Edition: 717 <i>Critical Thinking</i> 725 #11	Teacher Wraparound Edition: CT 720; SP 717
3.4	Name principles of design	Student Edition: 720-721 <i>Critical Thinking</i> 725 #11 <i>English Language Arts</i> 727	Teacher Wraparound Edition: CT 720; RS 720
3.5	Name the three classifications of color	Student Edition: 717-719	Teacher Wraparound Edition: UA 718
3.6	Identify the basic color schemes	Student Edition: 718-719	Teacher Wraparound Edition: CA 718; WS 719

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3.7 Select daily, weekly, and occasional household chores needed for home care	Student Edition: 731-734 <i>Building Character</i> 737 <i>English Language Arts</i> 740 <i>How To</i> 734-735 <i>Take Charge</i> 732 Teacher Wraparound Edition: CA 731; RC 734; UA 731
3.8 Designate features needed for home safety	Student Edition: 735-738 <i>Active Learning</i> 750 <i>Real World Skills</i> 750 # 14 Teacher Wraparound Edition: CA 736, 738; UA 735; WS 736
3.9 Name ways to apply conservation techniques in the home	Student Edition: 742-748 <i>Community Connections</i> 742 <i>English Language Skills</i> 748, 751 <i>Science You Can Use</i> 733 <i>Social Studies</i> 748 <i>Take Charge</i> 732 Teacher Wraparound Edition: CA 742, 744, 746; CT 742; DS 742; SP 743
3.10 Discuss the occupations related to housing	Student Edition: <i>Exploring Careers</i> 80 Teacher Wraparound Edition: DS 80
Unit 4: Clothing and Textiles	
4.1 Define terms related to clothing and textiles	Student Edition: <i>Content Vocabulary</i> 598, 620, 630, 648, 659, 676, 695 <i>English Language Arts</i> 617 <i>Vocabulary</i> 599, 608 <i>Vocabulary Review</i> 615, 643, 671, 695 Teacher Wraparound Edition: PV 598, 608, 620, 630, 648, 659, 676, 687

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4.2 List the factors to consider in clothing selection	Student Edition: 599-607, 609-613 <i>How I See It</i> 601 <i>How To</i> 610-611 <i>Math You Can Use</i> 604 Teacher Wraparound Edition: CA 599; HT 611; RC 601
4.3 Describe ways to create special effects in clothing selection by using the elements and principles of design	Student Edition: 600-607 Teacher Wraparound Edition: AS 603; CT 602, 605; RC 601; UA 602
4.4 List the characteristics of a well made garment	Student Edition: 612, 626-629 <i>Active Learning</i> 644 <i>How To</i> 610-611 Teacher Wraparound Edition: HT 611
4.5 State the guidelines for selection and use of clothing accessories	Student Edition: 609
4.6 Identify care and storage techniques for clothing	Student Edition: 631-642 <i>How To</i> 632-633 <i>Take Charge</i> 636 Teacher Wraparound Edition: CA 634, 635, 637; HT 633
4.7 Chart the natural and synthetic fibers with sources of each	Student Edition: 621-625 <i>How I See It</i> 625 Teacher Wraparound Edition: CA 621, 624; CT 625; DS 621; SP 622; WS 625
4.8 Apply the factors to consider when selecting a pattern	Student Edition: 660-661 Teacher Wraparound Edition: CA 660
4.9 Name the steps in determining pattern type and size	Student Edition: 660-661 Teacher Wraparound Edition: CA 660; SP 661

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4.10 Identify the specific information found on a pattern envelope	Student Edition: 660 Teacher Wraparound Edition: CA 660
4.11 Identify basic sewing equipment	Student Edition: 649-658, 660-663 Teacher Wraparound Edition: CA 650, 657
4.12 Identify basic pressing equipment	Student Edition: 651, 686
4.13 Identify the basic parts of a sewing machine and function of each	Student Edition: 652-653 Teacher Wraparound Edition: CA 652; CT 652
4.14 Name the steps in constructing a simple garment using a pattern	Student Edition: 660-669, 677-686, 688-694 Teacher Wraparound Edition: CA 679; RS 668
4.15 Describe specific hand sewing techniques	Student Edition: 684, 689 Teacher Wraparound Edition: CA 684, 689
4.16 Describe clothing repair techniques	Student Edition: 639 <i>Real World Skills</i> 644 #14 Teacher Wraparound Edition: CA 639
4.17 Discuss the occupations related to clothing and textiles	Student Edition: <i>Exploring Careers</i> 102 Teacher Wraparound Edition: DS 102
Unit 5: Child Development	
5.1 Define the terms related to child development	Student Edition: <i>Content Vocabulary</i> 250 <i>Vocabulary Review</i> 273 Teacher Wraparound Edition: PV 250

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5.2 Describe the basic stages of growth and development	Student Edition: 251-259 <i>Critical Thinking</i> 273 # 8, #9 <i>English Language Arts</i> 260 <i>Social Studies</i> 260 Teacher Wraparound Edition: CA 254; DS 251; WS 253
5.3 List the basic needs of children	Student Edition: 262-267, 285-286 <i>Social Studies</i> 271 Teacher Wraparound Edition: CA 266; CT 265, 289
5.4 Describe parenting styles	Student Edition: 294-295 <i>English Language Arts</i> 293 <i>Family & Community Connections</i> 292 <i>How To</i> 288-289 Teacher Wraparound Edition: DS 294
5.5 Discuss the major parenting responsibilities	Student Edition: 285-290 <i>Active Learning</i> 292 <i>How to</i> 288-289 <i>Social Studies</i> 290 Teacher Wraparound Edition: CA 285
5.6 Discuss the major responsibilities of a caregiver for children	Student Edition: 262-271 <i>Math You Can Use</i> 265 Teacher Wraparound Edition: CA 262; DS 262
5.7 Describe the ways children learn	Student Edition: 252-257 <i>Succeed in School</i> 252 Teacher Wraparound Edition: CA 254; UA 252

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5.8	Name the characteristics of safe, educational play materials	Student Edition: 264, 269 <i>English Language Arts</i> 271, 275 <i>Figure</i> 258 Teacher Wraparound Edition: CA 258; CT 269; UA 264, 269; WS 256
5.9	Explain the health and safety procedures necessary for care and feeding of children	Student Edition: 265-266, 268 <i>Active Learning</i> 274 <i>Math You Can Use</i> 265 Teacher Wraparound Edition: CA 266; CT 265
5.10	Identify the basic first-aid procedures for common accidents and emergencies	Student Edition: 270-271 <i>Family & Community Connections</i> 274 <i>Real World Skills</i> 274 #14, #15 Teacher Wraparound Edition: RC 270; UA 270; WS 270
5.11	Discuss the occupations related to child development	Student Edition: <i>Exploring Careers</i> 272 Teacher Wraparound Edition: C 272; DS 272
Unit 6: Food and Nutrition		
6.1	Define the terms related to food and nutrition	Student Edition: <i>Content Vocabulary</i> 366, 376, 388, 400, 414, 440, 534 <i>Review Vocabulary</i> 383, 409, 459, 549 Teacher Wraparound Edition: PV 366, 376, 388, 400, 414, 440, 534
6.2	Name characteristics of a healthy person	Student Edition: 331-342, 356, 389-393 <i>Critical Thinking</i> 357 #9 <i>Health & Wellness Tips</i> 339 <i>How I See It</i> 337 <i>How To</i> 334-335 <i>Social Studies</i> 343 <i>Succeed in School</i> 341 Teacher Wraparound Edition: CA 331, 332, 333; CT 339; SP 332

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6.3 Name the basic nutrient groups	Student Edition: 367-375 <i>Figure 372, 373, 374</i> <i>Review Key Concepts 375 #1</i> Teacher Wraparound Edition: CA 367, 369, 396; RC 367
6.4 List the food groups in MyPyramid	Student Edition: 394-399 Teacher Wraparound Edition: CA 396
6.5 Name factors to consider in meal planning	Student Edition: 415-417 <i>Critical Thinking 431</i> <i>English Language Arts 433</i> <i>Family & Community Connections 432</i> <i>Financial Literacy 417</i> <i>How To 420-421</i> <i>Real World Skills 432 #14</i> <i>Review Key Concepts 431 #2</i> Teacher Wraparound Edition: DS 415; SP 416; UA 417
6.6 Describe grocery shopping techniques	Student Edition: 441-449 <i>Critical Thinking 459 #9</i> <i>English Language Arts 461</i> <i>Family & Community Connections 460</i> <i>Figure 444</i> <i>How I See It 443</i> <i>Review Key Concepts 449 #1</i> <i>Science You Can Use 444</i> Teacher Wraparound Edition: CA 442, 446, 447; RC 445; RS 447; SP 442

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6.7 Designate safety and sanitation procedures in the kitchen area	<p>Student Edition: 451-457, 473, 475, 476, 477-479, 481 <i>Active Learning</i> 460 <i>English Language Arts</i> 457 <i>Health & Wellness Tips</i> 453, 475 <i>How To</i> 454-455 <i>Real World Skills</i> 460 #16 <i>Review Key Concepts</i> 457 <i>Safety Check</i> 476 <i>Social Studies</i> 457 <i>Take Charge</i> 453</p> <p>Teacher Wraparound Edition: CA 451, 477; DS 451; UA 451; WS 456</p>
6.8 Identify kitchen appliances	<p>Student Edition: 473-477 <i>Family & Community Connections</i> 484 <i>Figure</i> 474 <i>Financial Literacy</i> 475 <i>Social Studies</i> 481</p> <p>Teacher Wraparound Edition: AS 477; CA 473</p>
6.9 Identify basic kitchen utensils	<p>Student Edition: 465-467, 471 <i>Active Learning</i> 485 <i>Critical Thinking</i> 483 <i>English Language Arts</i> 471 <i>Figure</i> 467, 468, 469, 470</p> <p>Teacher Wraparound Edition: CA 466, 467, 468, 469; CT 469; RC 467</p>
6.10 List the information needed on a recipe	<p>Student Edition: 489-490</p> <p>Teacher Wraparound Edition: RC 490; SP 490</p>
6.11 List common abbreviations and equivalents used in recipes	<p>Student Edition: 492 <i>Figure</i> 490, 492, 493</p> <p>Teacher Wraparound Edition: CA 490, 492; RS 492</p>

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6.12 Describe measuring techniques	Student Edition: 490-491 <i>Critical Thinking</i> 505 #11 Teacher Wraparound Edition: C 498; CT 491; UA 491
6.13 List basic food preparation terms	Student Edition: 493 <i>Critical Thinking</i> 505 #10 <i>English Language Arts</i> 498 <i>Figure</i> 495, 496, 497 Teacher Wraparound Edition: CA 495, 496, 497; RS 497
6.14 Describe basic techniques of food preparation	Student Edition: 515-522, 524-527, 537-539, 543-546, 556-559, 562-563, 565-567 <i>Critical Thinking</i> 571 #7 <i>English Language Arts</i> 522, 527 <i>Figure</i> 518 <i>Real World Skills</i> 530 #14 <i>Take Charge</i> 517, 543, 557 Teacher Wraparound Edition: CA 515, 559; CT 520; RS 544
6.15 Describe types of meal service	Student Edition: 578-579 Teacher Wraparound Edition: RC 579; RS 579; UA 579; WS 579
6.16 Designate the correct procedure for setting a table	Student Edition: 577-578 <i>Figure</i> 579 <i>Review Key Concepts</i> 583 #2
6.17 State general rules for acceptable table manners	Student Edition: 577, 580-581, 586 Teacher Wraparound Edition: CA 581; DS 577
6.18 Explain the procedure for preparing and serving a meal in the foods lab	Student Edition: 425-428 <i>Critical Thinking</i> 431 #11 <i>Review Key Concepts</i> 429 #1, 431 #6 Teacher Wraparound Edition: CA 425

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6.19 Discuss the occupations related to food and nutrition	Student Edition: <i>Exploring Careers</i> 528 Teacher Wraparound Edition: CT 528
Unit 7: Home Management and Consumer Education	
7.1 Define the terms related to home management and consumer education	Student Edition: <i>Content Vocabulary</i> 300, 313 <i>Vocabulary Review</i> 325 Teacher Wraparound Edition: PV 300, 313
7.2 Name the steps in the management process	Student Edition: 22-27 <i>English Language Arts</i> 29 <i>Real World Skills</i> 32 #14 Teacher Wraparound Edition: CA 22; WS 22
7.3 Identify examples of human and material resources	Student Edition: 13, 32 #14
7.4 Provide techniques for managing resources	Student Edition: 13-14 <i>Mathematics</i> 327 <i>Math You Can Use</i> 14 Teacher Wraparound Edition: RS 14
7.5 Distinguish between needs and wants	Student Edition: 47, 302 Teacher Wraparound Edition: CA 47; CT 303; SP 47
7.6 List the steps in developing a financial plan	Student Edition: 307-308 Teacher Wraparound Edition: CA 308; RC 308; WS 308
7.7 <i>Identify basic banking services</i>	Student Edition: 308-310 <i>Active Learning</i> 326 Teacher Wraparound Edition: RC 310
7.8 Describe the correct procedure for writing a check	Student Edition: 310

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7.9 List the steps in reconciling a bank statement with personal check register	Student Edition: 310 <i>Figure 311</i> Teacher Wraparound Edition: CA 311; UA 311
7.10 List shopping alternatives	Student Edition: 302-304 <i>Real World Skills 326 #16</i> Teacher Wraparound Edition: CA 304; SP 302; UA 303
7.11 Explain how advertising influences consumer choices	Student Edition: 301 <i>English Language Arts 408</i> <i>Social Studies 312</i> <i>Writing Activity 299</i> Teacher Wraparound Edition: WS 304
7.12 Name consumer rights and responsibilities	Student Edition: 304-306 <i>Real World Skills 326 #14</i> <i>Take Charge 303</i> Teacher Wraparound Edition: CA
7.13 Name the advantages and disadvantages of credit	Student Edition: 311-312 Teacher Wraparound Edition: C 312
7.14 List types of insurance with definition of each	Types of insurance may be covered when discussing home ownership. Student Edition: 712-713
7.15 List the occupations in home management and consumer education	Student Edition: <i>Exploring Careers 324</i> Teacher Wraparound Edition: DS 324