



Glencoe

Voluntary State Curriculum – Health Education
Grade 8



Teen Health

COURSE 3

© 2007

| STANDARDS | PAGE REFERENCES |
|--|---|
| 1.0 Mental and Emotional Health – Students will demonstrate the ability to use mental and emotional health knowledge, skills, and strategies to enhance one’s self-concept and one’s relationship with others. | |
| A. Mental and Emotional Health | |
| 1. Recognize and apply effective communication skills. | Student Edition: 38-43, 58-62, 102-107, 108-111, 115-116 <i>Applying Health Skills</i> 56, 133 <i>Building Health Skills</i> 94-95, 146-147 <i>Hands On Health</i> 46 <i>Write About It</i> 77 #16 Teacher Wraparound Edition: AL 341; DW 11; HS 354; PC 280 |
| 2. Identify and respond to signs of potential destructive behaviors. | Student Edition: 57-60, 69-71, 80-85, 86-89, 159-162, 176-179, 184-187, 188-191 <i>Time health news</i> 170 Teacher Wraparound Edition: CP 54; DW 156; HL 64, 178 |

Codes used for Teacher Wraparound Edition pages are the initial caps of headings on that page.

| STANDARDS | PAGE REFERENCES |
|---|--|
| <p>3. Identify components to promote personal well-being.</p> | <p>Student Edition: 179, 183 <i>Building Health Skills</i> 168-169, 196-197 <i>Hands On Health</i> 198 <i>Write About It</i> 99 #10</p> <p>Teacher Wraparound Edition: AL 178; HS 182; HSP 157</p> |
| <p>8. Implement a strategy and evaluate progress toward achieving personal goals.</p> | <p>Student Edition: 26-31, 215-217 <i>Applying Health Skills</i> 251 <i>Building Health Skills</i> 252-253, 532-533</p> <p>Teacher Wraparound Edition: HSP 263; RS 217</p> |
| <p>2.0 Alcohol, Tobacco, and Other Drugs - Students will demonstrate the ability to use drug knowledge, decision-making skills, and health enhancing strategies to address, the nonuse, use, and abuse of medications, alcohol, tobacco, and other drugs.</p> | |
| <p>A. Alcohol, Tobacco, and Other Drugs</p> | |
| <p>1. Distinguish between the appropriate and inappropriate use of prescription and OTC drugs and the resulting consequences.</p> | <p>Student Edition: 335-337, 383-387 <i>Health Skills Activity</i> 336 <i>Photo Caption</i> 346 <i>Quick Write</i> 334</p> <p>Teacher Wraparound Edition: AL 335; HL 347, 386; HSC 335; WT 353</p> |
| <p>3. Describe the impact of addiction on individuals and society and identify resources for rehabilitation.</p> | <p>Student Edition: 290, 291-295, 296-299 <i>Building Health Skills</i> 300-301</p> <p>Teacher Wraparound Edition: CL 299; CT 294; HC 298; HL 336; PC 297</p> |
| <p>6. Classify a variety of psychoactive drugs and identify the consequences of their use and abuse.</p> | <p>Student Edition: 278-279, 288-289, 291-293, 311-313, 334-335, 338-343, 345-351, 352-355, 383-387</p> <p>Teacher Wraparound Edition: AL 346; HL 347; HSP 348; UA 350; WT 353</p> |
| <p>8. Recognize and explain the legal ramifications of alcohol use and abuse in a variety of situations.</p> | <p>Student Edition: 279, 283, 288, 291</p> <p>Teacher Wraparound Edition: AP 278, CT 280; HL 284; HSP 279; IM 277; TH 283</p> |

| STANDARDS | | PAGE REFERENCES |
|---|---|--|
| 9. Determine appropriate and inappropriate use of steroids and the consequences of each. | | Student Edition: 343-344 Teacher Wraparound Edition: BFT 276C; RS 343 |
| 3.0 | Personal and Consumer Health - Students will demonstrate the ability to use consumer knowledge, skills, and strategies to develop sound personal health practices involving the use of health care products, services, and community resources. | |
| A. Personal and Consumer Health | | |
| 1. Demonstrate the ability to access and describe, health information, products, and services in order to become health literate consumers. | | Student Edition: 379-382, 392-395 <i>Applying Health Skills</i> 85, 187, 237 <i>Building Health Skills</i> 271, 396-397 <i>Health Skills Activity</i> 380 Teacher Wraparound Edition: CP 54, 343; MW 324; TH 41, 106 |
| 2. Demonstrate the ability to identify and practice health enhancing behaviors and reduce health risks to live safer, healthier lives. | | Student Edition: 372-378, 388-391, 480-482, 487, 499, 508-510, 515, 520-521 <i>Applying Health Skills</i> 491 <i>Building Health Skills</i> 500-501 <i>Health Skills Activity</i> 485-502, 516 Teacher Wraparound Edition: HL 15, 205, 236, 485, 519; HSP 263; TH 14; UA 213; WT 206, 405, 467 |
| 4.0 | Family Life and Human Sexuality – Students will demonstrate the ability to use human development knowledge, social skills, and health enhancing strategies to promote positive relationships and health growth and development throughout the life cycle. | |
| A. Family Life and Human Sexuality | | |
| 2. Identify and describe the components of a healthy relationship. | | Student Edition: 39-40, 58-59, 102-107, 108-111, 118-121, 130-132 <i>Hands On Health</i> 46 <i>Time health news</i> 124 Teacher Wraparound Edition: CP 39; CT 106 |
| 3. Describe the process of the menstrual cycle. | | Student Edition: 439-440 Teacher Wraparound Edition: AL 439 |

| STANDARDS | PAGE REFERENCES |
|--|---|
| <p>4. Recognize factors that influence an individual's decision concerning sexual behavior.</p> | <p>Student Edition: 118-121, 289-290 <i>Building Health Skills</i> 122-123 <i>Health Skills Activity</i> 117 <i>Media Watch</i> 113 Write About It 505 #18 Teacher Wraparound Edition: CT 341; HL 114, 199; RS 289</p> |
| <p>5. Explain the gestation process of fetal development and maternal changes.</p> | <p>Student Edition: 450-454 <i>Reviewing Vocabulary and Concepts</i> 474 #1 <i>Thinking Critically</i> 475 Teacher Wraparound Edition: AL 452</p> |
| <p>6. Explain the principles of prenatal care.</p> | <p>Student Edition: 457 <i>Applying Health Skills</i> 459</p> |
| <p>7. Determine the impact of teen pregnancy.</p> | <p>Student Edition: 120, 144-145, 289-290 <i>Connect to Math</i> 120 <i>Reviewing Vocabulary and Main Ideas</i> 150 #9-#10 Write About It 151 #14 Teacher Wraparound Edition: HL 144; TH 143</p> |
| <p>8. Recognize qualities necessary prior to parenting.</p> | <p>Student Edition: 136-137, 143-145 <i>Hands On Health</i> 148 Teacher Wraparound Edition: WT 462</p> |
| <p>9. Recognize the responsibilities of parenting.</p> | <p>Student Edition: 136-137, 143 <i>Applying Health Skills</i> 145 <i>Connect to Math</i> 120 <i>Hands On Health</i> 148 <i>What I Learned</i> 145 Teacher Wraparound Edition: CT 143</p> |

| STANDARDS | | PAGE REFERENCES |
|---|---|--|
| 10. Describe methods of contraception. | | The following references to STDs and prevention can be expanded on through classroom discussion to meet this standard. Student Edition: 492-495 |
| 5.0 | Safety and Injury Prevention - Students will demonstrate the ability to apply prevention and intervention knowledge, skills, and processes to promote safe living in the home, school, and community. | |
| A Safety and Injury Prevention | | |
| 3. Assess and respond appropriately to sexual harassment scenarios. | | Student Edition: 186-187, 193-194 <i>Building Health Skills</i> 196-197 <i>Hands On Health</i> 198 <i>Thinking Critically</i> 187 #4 Teacher Wraparound Edition: AL 190; E 187; HL 186 |
| 7.0 | Disease Prevention and Control - Students will demonstrate the ability to apply prevention and treatment knowledge, skills, and strategies to reduce susceptibility and manage disease. | |
| A. Disease Prevention and Control | | |
| 1. Describe risk factors and behaviors that influence contraction and transmission of communicable diseases. | | Student Edition: 478-482, 483-487, 488-491, 492-495, 496-499 <i>Applying Health Skills</i> 491 <i>Building Health Skills</i> 500-501 <i>Hands On Health</i> 502 <i>Time health news</i> 398 Teacher Wraparound Edition: HL 428, 481, 489, 493; HS 415 |
| 3. Recognize and describe symptoms, effects on the body, treatment, and prevention of HIV/AIDS. | | Student Edition: 120, 496-499 <i>Standardized Test Practice</i> 127 <i>Thinking Critically</i> 499 #4, 505 #16 Teacher Wraparound Edition: CA 498; WS 498; WT 498 |

| STANDARDS | PAGE REFERENCES |
|---|---|
| <p>5. Describe risk factors and behaviors that contribute to the development of non communicable diseases.</p> | <p>Student Edition: 421, 435, 508-510, 513, 515, 520-521, 522-526 <i>Applying Health Skills</i> 436, 441, 526 <i>Building Health Skills</i> 532-533 <i>Health Skills Activity</i> 516</p> <p>Teacher Wraparound Edition: DW 439; HL 416, 513, 515, 519; HSP 509, 514</p> |