



Discovering Life Skills

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STANDARDS

PAGE REFERENCES

TEEN LIVING

Course Description: *Teen Living* is a comprehensive course designed for the middle school curriculum. The course empowers students to assume personal responsibility in a diverse and ever-changing society. The course assists students in making a seamless transition into higher academics leading to a successful and productive adult life. Students develop transferable workplace skills and habits. Instructional content includes:

- Academic Integration
- Technology Application
- Career Planning
- Money Management
- Nutrition, Fitness, and Personal Health
- Personal Appearance and Environment
- Family Relationships
- Child Development
- Adolescent Issues
- Leadership and Citizenship

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| Course Standards and Expectations | |
| Standard 1.0 Apply reading, writing, listening, speaking, science, and mathematic skills to school, family, career, and community settings. | |
| 1.1 Comprehend a variety of printed materials. | Student Edition: 188-192, 196, 283-284 <i>A Closer Look</i> 124-125, 160-161, 190-191 <i>At School</i> 290 <i>Internet Activities</i> 269, 298 Teacher Resource Guide: T 57 |
| 1.2 Write effectively for multiple purposes. | Student Edition: <i>Apply Your Learning</i> 89, 103, 133, 205, 393, 409 <i>Making Connections</i> 214 Teacher Resource Guide: T 28, 31, 35 |
| 1.3 Use appropriate communication strategies with individuals of different cultures and diverse perspectives. | Student Edition: 76-77, 129, 138, 141, 144 <i>A Closer Look</i> 78-79 <i>Apply Your Learning</i> 149 <i>Check the Facts</i> 144 <i>Discover</i> 142, 145 Teacher Resource Guide: T 39, 40 |
| 1.4 Apply scientific principles in interdisciplinary studies. | Student Edition: 137, 244-245, 246, 326, 434-435 <i>Did You Know?</i> 245 <i>Making Connections</i> 123, 200, 223, 245, 436 Teacher Resource Guide: T 73 |
| 1.5 Use numerical data analysis in real-world problem solving. | Student Edition: 137, 200-203, 299, 375 <i>Apply Your Learning</i> 367 <i>Did You Know?</i> 200 <i>Making Connections</i> 193, 200, 285, 405 Teacher Resource Guide: T 71 |

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| Standard 2.0 Use technology to access, manage, create, manipulate, and interpret information. | |
| 2.1 Demonstrate proficiency with communication technologies to prepare publications and produce other creative works. | Student Edition: <i>Apply Your Learning</i> 39, 89, 103, 133, 205, 393, 409 <i>Internet Activities</i> 63, 139, 187 <i>Making Connections</i> 214 Teacher Resource Guide: T 31 |
| 2.2 Locate information and manage records for family, work, and community settings. | Student Edition: 123 <i>Apply Your Learning</i> 57 <i>At School</i> 132 <i>Internet Activities</i> 45, 85, 99, 127, 187, 209, 253, 353 Teacher Resource Guide: T 31 |
| 2.3 Utilize technology to interact positively with peers, experts, and other audiences. | Student Edition: 130, 139 <i>Making Connections</i> 214 Teacher Resource Guide: T 31 |
| 2.4 Practice responsible and safe use of technology related to privacy, security, and copyright laws. | Teachers should request of students to be responsible and make safe use of technology while performing these activities in order to meet this objective: Student Edition: <i>Internet Activities</i> 45, 63, 85, 107, 127, 146, 157, 180, 187, 231, 269, 353 |
| Standard 3.0 Evaluate personal interests, traits, abilities, and goals to maximize future educational and career opportunities. | |
| 3.1 Explain the value of jobs. | Student Edition: 121, 129, 131 <i>Did You Know?</i> 128 Teacher Resource Guide: CO 37, T 38 |

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| 3.2 Relate skills taught in school to occupations. | Student Edition: 123, 136-139 <i>Internet Activities</i> 127 <i>Making Connections</i> 123 Teacher Resource Guide: CO 39; F 37, 39; T 37, 38 |
| 3.3 Examine the career clusters to determine the knowledge, skills, and attitudes associated with each cluster. | Student Edition: 122-123, 126-127, 128 <i>A Closer Look</i> 124-125 <i>Career Choices</i> 38, 56, 72, 88, 102, 132 <i>Making Connections</i> 123 Teacher Resource Guide: CT 115-116 |
| 3.4 Demonstrate communication skills and teamwork skills in the community and workplace settings. | Student Edition: 76-77, 129, 138, 141, 144 <i>A Closer Look</i> 78-79 <i>Apply Your Learning</i> 149 <i>Check the Facts</i> 144 <i>Discover</i> 142, 145 Teacher Resource Guide: T 39, 40 |
| 3.5 Identify resources that assist in educational planning and pursuit. | Student Edition: 128-129 <i>Review and Activities</i> 133 |
| Standard 4.0 Demonstrate skills to manage financial resources to promote independence and personal responsibility. | |
| 4.1 Analyze ways to manage resources effectively. <ol style="list-style-type: none"> 1. Identify human and non-human resources. 2. Determine ways to manage time, energy, and money. 3. Utilize the decision-making process to guide financial goal setting. | Student Edition: 208, 209-213 <i>Did You Know?</i> 210, 211 <i>Internet Activities</i> 209 <i>Knowledge You Gained</i> 219 Teacher Resource Guide: F 47; T 47-48 |

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| 4.2 Evaluate budgets, spending habits, goals, and plans. | Student Edition: 186-187, 200-203 <i>Apply Your Learning</i> 205 <i>Making Connections</i> 200 Teacher Resource Guide: C 46; F 45; T 46 |
| 4.3 Assess financial services. <ol style="list-style-type: none"> 1. Examine practice financial record keeping methods. 2. Contrast the benefits and dangers of using credit. | Student Edition: 201-203 Teacher Resource Guide: T 46 |
| 4.4 Evaluate the use of technology in managing resources. | The following references may be used in classroom discussion to meet this objective. Student Edition: 184, 203 |
| 4.5 Identify the influence of advertising techniques targeted toward youth | Student Edition: 188-192 <i>A Closer Look</i> 190-191 <i>Apply Your Learning</i> 205 <i>Chapter Summary</i> 205 <i>Internet Activities</i> 187 Teacher Resource Guide: T 45 |
| Standard 5.0 Assess nutrition and fitness practices that promote personal wellbeing across the life span. | |
| 5.1 Evaluate the impact of nutrition on health, achievement, and productivity. | Student Edition: 347, 348-350, 362, 370-371 <i>Internet Activities</i> 353 <i>Review and Activities</i> 367 Teacher Resource Guide: CO 63; F 63; T 63 |
| 5.2 Choose a well-balanced diet for adolescents. <ol style="list-style-type: none"> 1. Identify nutritional food sources and describe the body's use of the nutrients. 2. Classify foods and identify recommended servings according to current nutrition guidelines. 3. Assume personal responsibility for healthy eating habits. | Student Edition: 357, 358-359, 362, 364 <i>A Closer Look</i> 360-361 <i>Apply Your Learning</i> 379 <i>Check the Facts</i> 364 Teacher Resource Guide: F 63; T 63 |

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| 5.3 Identify food safety and sanitation procedures in the kitchen. | Student Edition: 382, 383, 384 <i>Apply Your Learning</i> 393 <i>Discover</i> 403 <i>Internet Activities</i> 385 <i>Safety First</i> 384 Teacher Resource Guide: CO 67; T 67, 68 |
| 5.4 Demonstrate table setting rules and meal etiquette. | Student Edition: 99 <i>Internet Activities</i> 99, 385 |
| 5.5 Evaluate food label information and food costs. | Student Edition: 350, 351-355, 356, 401, 403-404 <i>Check the Facts</i> 364 <i>Internet Activities</i> 353 Teacher Resource Guide: T 64 |
| 5.6 Describe factors that help achieve physical wellness, including eating, sleeping, and physical activity. | Student Edition: 348-365, 370-377 Teacher Resource Guide: C 64, 66; CO 63, 65; F 63, 65; T 63, 64, 65, 66 |
| Standard 6.0 Demonstrate the use of effective management practices relating to personal habits and living environments. | |
| 6.1 Practice good grooming habits and personal hygiene. | Student Edition: 33, 34-35, 36 <i>Discover</i> 37 Teacher Resource Guide: T 26 |
| 6.2 Summarize principles of clothing selection and care. | Student Edition: 259, 260-261, 264, 270-271, 276-277, 279-280, 283-284 <i>A Closer Look</i> 262-263 <i>Did You Know?</i> 271 <i>Internet Activities</i> 271 Teacher Resource Guide: T 55, 56 |

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| 6.3 Compare methods of cleaning, maintaining and organizing personal and shared living space. | <p>Student Edition: 223-225; 232-235 <i>A Closer Look</i> 226-227 <i>Discover</i> 224 <i>Internet Activities</i> 231</p> <p>Teacher Resource Guide: CO 49; T 49, 50</p> |
| 6.4 Determine home safety practices. | <p>Student Edition: 234-235, 237 <i>Check the Facts</i> 234 <i>Discover</i> 236 <i>Review and Activities</i> 239</p> <p>Teacher Resource Guide: CO 49; T 50</p> |
| 6.5 Choose methods to conserve, re-use and recycle resources to maintain the environment. | <p>Student Edition: 241, 242-243, 244-245, 246-247, 250-251 <i>A Closer Look</i> 248-249 <i>In the Workplace</i> 254 <i>Internet Activities</i> 253</p> <p>Teacher Resource Guide: CO 51; F 51; T 51, 52</p> |
| Standard 7.0 Analyze the impact of the family on personal development and society. | |
| 7.1 Examine the family as a basic unit of society. | <p>The following references may be used in classroom discussion to meet this objective.</p> <p>Student Edition: 42-43 <i>Family Types</i> 42</p> <p>Teacher Resource Guide: CO 27; F 27</p> |
| 7.2 Analyze the functions of the family. | <p>Student Edition: 43-44 <i>A Closer Look</i> 46-47 <i>Discover</i> 5 <i>Internet Activities</i> 45 <i>Review and Activities</i> 57</p> <p>Teacher Resource Guide: CO 27; F 27; T 27</p> |

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| <p>7.3. Identify roles, rights, and responsibilities of individual family members</p> | <p>Student Edition: 43-44, 45-54 <i>Chapter Summary</i> 57 <i>Discover</i> 50 <i>Internet Activities</i> 45 <i>Knowledge You Gained</i> 57 Teacher Resource Guide: CO 27; T 27, 28</p> |
| <p>7.4. Analyze the effect of family relationships on personal development.</p> <ol style="list-style-type: none"> 1. Explain factors influencing parent-child relationships. 2. Promote positive parent-child and sibling communication. 3. Explain how positive family relationships contribute to personal effectiveness in school, work, and community environments. 4. Examine methods of coping with personal and family change and/or crisis. | <p>Student Edition: 43-44, 45, 52-54 <i>Applying Your Learning</i> 57 <i>Chapter Summary</i> 57 <i>Internet Activities</i> 45 <i>Knowledge You Gained</i> 57 Teacher Resource Guide: CO 27; F 41; T 28, 41</p> |
| <p>Standard 8.0 Develop skills to meet the needs of children.</p> | |
| <p>8.1 Examine responsibilities of caregivers.</p> | <p>Student Edition: 152, 153-156, 175, 177, 179, 180, 181 <i>Chapter Summary</i> 169 <i>Discover</i> 176, 178 <i>Knowledge You Gained</i> 169 Teacher Resource Guide: T 43</p> |
| <p>8.2 Describe practices that maintain a safe environment.</p> | <p>Student Edition: 156-158, 171, 172, 173-174, 175 <i>Apply Your Learning</i> 183 <i>Career Choices</i> 168 <i>Check the Facts</i> 174 <i>Internet Activities</i> 180 <i>Safety First</i> 172 Teacher Resource Guide: CO 182; T 182</p> |

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| 8.3 Summarize developmental principles and influences on childhood. | Student Edition: 158-162, 164-166 <i>A Closer Look</i> 160-161 <i>Apply Your Learning</i> 169 <i>Chapter Summary</i> 169 <i>Internet Activities</i> 156 <i>Knowledge You Gained</i> 169 Teacher Resource Guide: CO 41; T 42 |
| 8.4 Demonstrate skills that meet developmental needs. | Student Edition: <i>Apply Your Learning</i> 169 <i>Chapter Summary</i> 169 <i>Knowledge You Gained</i> 169 Teacher Resource Guide: T 42 |
| 8.5 Plan age-appropriate play activities. | Student Edition: 151, 177, 180, 181 <i>Apply Your Learning</i> 169 <i>Chapter Summary</i> 169 <i>Discover</i> 163, 167, 176 <i>Knowledge You Gained</i> 169 Teacher Resource Guide: T 42 |
| 8.6 Evaluate positive child guidance. | Student Edition: 156, 175, 177, 179, 180, 181 <i>Internet Activities</i> 180 Teacher Resource Guide: CO 43; F 43; T 43 |
| | Standard 9.0 Examine personal self-development in adolescence and throughout the life span. |
| | 9.1 Research human growth and development throughout the life span. Student Edition: 22, 359, 363, 364-365, 370-371, 374, 375-377 <i>A Closer Look</i> 372-373 Teacher Resource Guide: C 26; CO 25 |

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| 9.2 Identify physical, emotional, social, intellectual, and ethical growth as they affect personal responsibility in relationships. | Student Edition: 26, 28-29, 31-33 <i>Check the Facts</i> 28 <i>Did You Know?</i> 25, 29 <i>Internet Activities</i> 24 Teacher Resource Guide: CO 25; F 25; T 25 |
| 9.3 Explore personal values and goals and their effect on life decisions. | Student Edition: 28-31, 106-112 <i>Chapter Summary</i> 39 <i>Check the Facts</i> 28, 108 <i>Did You Know?</i> 29 <i>Discover</i> 27, 109, 113 <i>Internet Activities</i> 107 Teacher Resource Guide: T 26 |
| 9.4 Observe the effects of peer and media influence on personal decision making. | Student Edition: 64-65, 110-112, 188-192 <i>A Close Look</i> 114-115, 190-191 <i>Apply Your Learning</i> 39, 117 <i>Chapter Summary</i> 117 <i>Check the Facts</i> 112 <i>Discover</i> 113 <i>Knowledge You Gained</i> 117 Teacher Resource Guide: CO 29 |
| 9.5 Recognize negative relationships and practice refusal skills | Student Edition: 60-61, 62, 63-65, 66-68, 69 <i>A Closer Look</i> 70-71 <i>Refusal Skills</i> 66 Teacher Resource Guide: CO 29; F 29; T 30 |

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| Standard 10.0 Demonstrate leadership, citizenship, and teamwork skills required for success in the family, workplace, and community. | |
| <p>10.1 Examine the FCCLA organization as an integral component of the Family and Consumer Sciences curriculum.</p> | <p>Student Edition: 15, 127, 450 <i>Discover</i> 98 <i>Knowledge You Gained</i> 103, 133 Teacher Resource Guide: T 34</p> |
| <p>10.2 Describe characteristics of good citizenship during the adolescent years.</p> | <p>Student Edition: 92-93 <i>A Closer Look</i> 100-101 <i>Apply Your Learning</i> 10 <i>Career Choices</i> 102 <i>Chapter Summary</i> 103 <i>Making Connections</i> 93 Teacher Resource Guide: C 34; CO 33; F 33; T 33, 34</p> |
| <p>10.3 Develop skills to be effective leaders and participants.</p> | <p>Student Edition: 93-94, 96-97, 99 <i>Chapter Summary</i> 103 <i>Check the Facts</i> 77, 93 <i>Did You Know?</i> 77, 94 <i>Knowledge You Gained</i> 103 Teacher Resource Guide: T 133</p> |
| <p>10.4 Practice leadership skills through participation in class and co-curricular activities.</p> | <p>Student Edition: 96-97, 99 <i>Chapter Summary</i> 103 <i>Discover</i> 81, 87, 95 <i>Internet Activities</i> 99 <i>Knowledge You Gained</i> 103 Teacher Resource Guide: T 33, 34</p> |

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| 10.5 Cooperate within a multicultural environment to achieve goals. | <p>Student Edition: 23, 29-31, 43, 99 <i>A Closer Look</i> 100-101 <i>Apply Your Learning</i> 57 <i>Internet Activities</i> 24, 85</p> <p>Teacher Resource Guide: T 25</p> |