



STANDARDS	PAGE REFERENCES
<p><b>Standard 1: Skilled Movement</b></p>	
<p><b>Goal 1.1: Demonstrate competency in motor skills and movement patterns needed in a variety of physical activities.</b></p>	
<p>9-12.PE.1.1.1 Demonstrate a competent skill level in three individual activities (e.g., dance, aquatics, gymnastics, golf, archery, skiing, in-line skating, backpacking, bicycling, disc golf, weight training, bowling).</p>	<p>The following references cover skill related fitness.</p> <p><b>Student Edition:</b> 11, 71, 74-76, 81, 317 <i>Figure 317</i> <i>Fitness Check 78-80</i> <i>Photo 71, 75, 76</i></p> <p><b>Teacher Wraparound Edition:</b> FC 78-80; IS 74; MA 78-79</p>

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<p>9-12.PE.1.1.2 Demonstrate a competent skill level in two dual sports (e.g., tennis, badminton, pickleball, table tennis, racquetball, handball).</p>	<p>The following references cover skill related fitness.</p> <p><b>Student Edition:</b> 11, 71, 74-76, 81, 317 <i>Figure 317</i> <i>Fitness Check 78-80</i> <i>Photo 71, 75, 76</i></p> <p><b>Teacher Wraparound Edition:</b> FC 78-80; IS 74; MA 78-79</p>
<p>9-12.PE.1.1.3 Demonstrate a competent skill level in two team-related activities (e.g., soccer, softball, basketball, floor or field hockey, volleyball).</p>	<p>The following references cover skill related fitness.</p> <p><b>Student Edition:</b> 11, 71, 74-76, 81, 317 <i>Figure 317</i> <i>Fitness Check 78-80</i> <i>Photo 71, 75, 76</i></p> <p><b>Teacher Wraparound Edition:</b> FC 78-80; IS 74; MA 78-79</p>
<p><b>Standard 2: Movement Knowledge</b></p>	
<p><b>Goal 2.1: Demonstrate understanding movement concepts, principles, strategies and tactics as they apply to the learning and performance of physical activities.</b></p>	
<p>9-12.PE.2.1.1 Know and understand pertinent scientifically based information regarding movement performance.</p>	<p>The following references can be used to cover this objective.</p> <p><b>Student Edition:</b> 54, 228, 328-329 <i>Figure 55</i> <i>Fitness Check 56, 77</i></p> <p><b>Teacher Wraparound Edition:</b> Ex 54; FC 56; QD 55; UV 55</p>
<p>9-12.PE.2.1.2 Apply advanced movement-specific information to physical activity.</p>	<p>The following references can be used to cover this objective.</p> <p><b>Student Edition:</b> 54, 228, 328-329 <i>Figure 55</i> <i>Fitness Check 56, 77</i></p> <p><b>Teacher Wraparound Edition:</b> D 56; Ex 54; FC 56; QD 55; UV 55</p>

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<p>9-12.PE.2.1.3 Integrate discipline-specific knowledge to enable the independent learning of movement skills.</p>	<p>The following references can be used to cover this objective.</p> <p><b>Student Edition:</b> 54, 228, 328-329 <i>Figure 55</i> <i>Fitness Check 56, 77</i></p> <p><b>Teacher Wraparound Edition:</b> D 56; Ex 54; FC 56; QD 55; UV 55</p>
<p><b>Standard 3: Physically Active Lifestyle</b></p>	
<p><b>Goal 3.1: Participate daily in physical activity for health, enjoyment, challenge, self-expression and/or social interaction.</b></p>	
<p>9-12.PE.3.1.1 Participate daily in physical activity both in and out of school settings.</p>	<p>The following references can be used to cover this objective.</p> <p><b>Student Edition:</b> 362-364, 366-369 <i>Fitness Check 365</i> <i>Photo 362, 363, 366, 367, 368</i></p> <p><b>Teacher Wraparound Edition:</b> D 363; FC 365; MA 366</p>
<p>9-12.PE.3.1.2 Analyze the personal benefits that result from participating in physical activity, both as individuals and with others.</p>	<p><b>Student Edition:</b> 4, 6-7, 15, 198 <i>Figure 77, 210</i> <i>Hotlink 7</i> <i>Lesson Review 198 #3</i> <i>LIFELINE 7</i> <i>Photo 7. 200</i></p> <p><b>Teacher Wraparound Edition:</b> CL 196; HL 7; L 7; PCSH 6</p>
<p>9-12.PE.3.1.3 Analyze factors that influence personal physical activity patterns throughout life.</p>	<p><b>Student Edition:</b> 18-20, 369 <i>Active Mind Active Body 21</i> <i>LIFELINE 19</i> <i>Photo 18, 20</i></p> <p><b>Teacher Wraparound Edition:</b> A 223; AMAB 21; L 19; UV 19</p>

STANDARDS	PAGE REFERENCES
<b>Standard 4: Personal Fitness</b>	
<b>Goal 4.1: Achieve and maintain a health enhancing level of fitness.</b>	
<p>9-12.PE.4.1.1 Demonstrate health-related fitness by improving, meeting and/or sustaining gender and age-related fitness standards as defined by approved tests.</p>	<p><b>Student Edition:</b>            219-220, 222-224, 226, 315, 317-321  <i>Figure</i> 220, 223, 224, 225, 315, 317  <i>Fitness Check</i> 8-9, 197, 308-309, 336-337, 365  <i>Photo</i> 219, 236, 319</p> <p><b>Teacher Wraparound Edition:</b>            A 222; Di 222; E 77; FC 8-9, 197, 308-309, 336-337, 365; MA 224; TCT 222</p>
<p>9-12.PE.4.1.2 Develop an appropriate physical fitness program, and apply appropriate technology to achieve and maintain physical fitness.</p>	<p>The following references can be used to cover this objective.</p> <p><b>Student Edition:</b>            71-76, 228-229, 233-236, 273-295, 296-298, 302-304, 305-307, 310-314, 315, 317-321, 339-344  <i>Active Mind Active Body</i> 298, 320, 349  <i>Figure</i> 234, 235, 277, 278, 297, 299, 300, 301, 302, 303, 304, 310, 311, 350, 353  <i>Fitness Check</i> 308-309  <i>Fitness Facts</i> 274, 277  <i>Lesson Review</i> 226, PFP, 236 #1, #3, #4, 304 #3, #4, PFP, 321 #2, #3, #4, PFP  <i>LIFELINE</i> 276  <i>Mind Over Matter</i> 302</p> <p><b>Teacher Wraparound Edition:</b>            A 275, 297, 301, 303; AMAB 298, 320,349; CL 73, 276; De 279, 280, 281, 282, 283, 284, 285, 286, 287, 288, 289, 290, 291, 292, 293, 294, 297; Di 279, 280, 281, 282, 282, 283, 284, 285, 286, 287, 288, 289, 290, 291, 292, 293, 294, 299, 300, 349; E 300, 317; Ex 277, 300, 301, 302, 305; EO 282-283; FC 308-309; FF 274, 277; L 276; MA 72, 228, 318-319; MOM 302; QD 275, 319; TF 76, 197, 267, 297</p>

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<p>9-12.PE.4.1.3 Demonstrate an understanding that physical fitness is a part of a lifelong wellness program.</p>	<p><b>Student Edition:</b>            357-361  <i>Figure 359</i>  <i>Lesson Review 361 #3, PFP</i>  <i>Photo 357</i>  <i>Stress Break 358</i></p> <p><b>Teacher Wraparound Edition:</b>            D 358; E 358; Ex 358; HP 359; SB 358; TF 359</p>
<p><b>Standard 5: Personal and Social Responsibility</b></p>	
<p><b>Goal 5.1: Exhibit responsible and social behavior that respects self and others in physical activity settings.</b></p>	
<p>9-12.PE.5.1.1 Initiate independent and responsible personal behavior in physical activity settings.</p>	<p><b>Student Edition:</b>            46, 92-93, 278  <i>Lesson Review 46 #4, PFP, 295 #3</i>  <i>LIFELINE 93, 220</i>  <i>Photo 46</i></p> <p><b>Teacher Wraparound Edition:</b>            Ex 278; MA 278-279</p>
<p>9-12.PE.5.1.2 Accept the responsibility for taking a leadership role and willingly follow, as appropriate, in order to accomplish group goals.</p>	<p><b>Student Edition:</b>  <i>LIFELINE 93, 220</i></p> <p><b>Teacher Wraparound Edition:</b>            A 76; L 220</p>
<p>9-12.PE.5.1.3 Develop strategies for including persons of diverse backgrounds and abilities in physical activity setting.</p>	<p><b>Student Edition:</b>            236</p> <p><b>Teacher Wraparound Edition:</b>            IS 74, 234, 302, 364-365</p>