

**CORRELATION
ARKANSAS DEPARTMENT OF EDUCATION
CURRICULUM FRAMEWORK**

Strand: Health and Wellness
COURSE NAME: Health Education
SUBMISSION TITLE: Teen Health
PUBLISHER: Glencoe/McGraw-Hill
GRADE(S): 6

STRAND	CONTENT STANDARD	TOPIC	BENCHMARK NUMBER	BENCHMARK	PAGE(S) OR LOCATION(S) WHERE TAUGHT IN MAJOR TOOL	I/M
HEALTH AND WELLNESS	5. Human Growth and Development: Students shall understand characteristics relating to growth and development.	Body System	HW.5.6.1	Examine the relationship between organs, tissues, and cells that forms body systems	SE: 176-180, 181-184, 185-187, 188-193, 194-195, 210-213; TWE 177, 178, 181, 185, 193, 194, 211; Reading Tutor 81-83, 84-85, 86-87, 88-90, 96-98; Student Activities Workbook 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 58	I
					TWE 174, 178	M
		Growth	HW.5.6.2	Examine changes that occur during puberty (e.g., secondary sexual characteristics)	SE 200, 202-205, 206-209, 212-213, 214-215, 219; TWE 202, 203, 204, 205, 213, 214; Reading Tutor 19-21, 91-92, 93-95, 96-98; Student Activities Workbook 53, 54, 55, 56, 57, 58	I
					SE 144, 147, 148; TWE 207	M

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	6. Disease Prevention: Students shall evaluate and exhibit behaviors that reduce risks of chronic and communicable diseases.	Communicable and Non-communicable Disease	HW.6.6.1	Identify behaviors that increase the risk of contracting a communicable disease (e.g., eating and drinking after others, interaction of body fluids, improper handling of foods)	SE: 268-271, 275, 277-281; TWE 270, 271, 278; Reading Tutor 123-125, 126-128, 129-131; Student Activities workbook 4, 73, 74, 75, 76, 77, 79	I
					SE 11, 272-276; TWE 277	M
			HW.6.6.2	Identify risky behaviors that increase the possibility of developing diseases	SE 222-226, 242-244, 253-255, 266, 268-271, 275, 277-281; TWE 178, 182, 183, 223; Reading Tutor 99-101, 107-109, 117-119, 123-125, 129-131; Student Activities Workbook 18, 59, 61, 62, 64, 73, 77, 79	I
					SE 78-80, 282; TWE 118C, 180, 275	M
			HW.6.6.3	Identify causes of cancer (e.g., heredity, sun, tobacco, food additives, lack of dietary fiber, environment)	SE 224, 284; TWE 284, 287; Reading Tutor 99-101, 134-136; Student Activities Workbook 61, 62, 64, 74, 78	I
					SE 147, 210, 223, 287	M

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			HW.6.6.4	Identify how HIV is transmitted: (contracted) <ul style="list-style-type: none"> • body fluids • sharing needles (i.e., intravenous drug use, body piercing, tattoos) • blood • sexual contact • mother to infant 	SE 278-281; TWE 278, 279; Reading Tutor 129-131; Student Activities Workbook 73, 74, 79	I
			HW.6.6.5	Identify the myths associated with contracting HIV (e.g., holding hands/touching, hugging, mosquitoes, sweat and tears, donating blood)	SE 279; TWE 281; Reading Tutor 129-131; Student Activities Workbook 77, 79	I
	7. Community Health and Promotion: Students shall demonstrate the ability to access valid health information, products, and services that promote consumer, community, and environmental health.	Environmental and Community Health	HW.7.6.1	Discuss how water pollutants affect health: <ul style="list-style-type: none"> • sewage • pesticides • fertilizers 	SE 319, 321; Reading Tutor 151-154; Student Activities Workbook 81, 87	I
					TWE 321	M
		Health Information Service and Products	HW.7.6.2	List resources that provide health services and situations requiring health care services	SE 163-167; TWE 164, 165, 166, 167, 207, 250; Student Activities workbook 39, 44	I

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					SE 158, 173, 255; TWE 43, 247	M
		Media and Technology	HW.7.6.3	Examine how the media/advertising portrays body image	SE 111; TWE 109; Student Activities Workbook 26	
					SE 34, 109; TWE 34	M
	8. Healthy Life Skills and Relationships: Students shall demonstrate the ability to use decision-making, goal-setting, and interpersonal communication skills.	Interpersonal Relationships and Human Sexuality	HW.8.6.1	Describe how communication can affect the behavior of family life and peers: <ul style="list-style-type: none"> • dynamic changes • communication enhancers • sibling rivalry • family pride • bullying 	SE 62-66, 68, 73-77; TWE 66, 73, 74; Reading Tutor 27-29, 30-33, 34-36; Student Activities Workbook 17, 18, 19, 20, 21, 22, 23, 24	I
					TWE 65, 67	M
			HW.8.6.2	Understand abstinence as it relates to risky behaviors	SE 16-19, 44, 80, 230-233; TWE 80, 233; Reading Tutor 9-10, 19-21, 37-38; Student Activities Workbook 2, 3, 5, 10, 21, 22, 23, 24, 60, 61, 63, 64	I
					SE 5, 240, 298; TWE 5, 17	M
			HW.8.6.3	Identify appropriate ways to express love within relationships: <ul style="list-style-type: none"> • family • peers • romantic relationships 	SE 67-70; TWE 69; Reading Tutor 27-29, 30-33, 34-36; Student Activities Workbook 17, 18, 20, 21	I

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					SE 33, 167; TWE 33	M
			HW.8.6.4	Examine peer interaction associated with puberty and the importance of setting limits • refusal skills	SE 67-72, 78-80, 227-229; TWE 68, 69, 70, 78, 79, 80; Reading Tutor 7, 19-21, 27-29, 34-36, 37-38, 104-106; Student Activities Workbook 18, 21, 22, 23, 60, 61, 63, 64	I
					SE 15, 19; TWE 19	M
	9. Alcohol, Tobacco, and Other Drugs: Students shall demonstrate the ability to use drug knowledge and decision-making skills to address the use and abuse of medications, alcohol, tobacco, and other drugs.	Medicine	HW.9.6.1	Determine and analyze possible consequences of prolonged use of non-prescription/ over-the-counter and prescription drugs	SE 160-162, 253-255; Reading Tutor 75-77, 117-119; Student Activities Workbook 39, 43, 66, 70	I
					SE 159; TWE 159	M
		Tobacco	HW.9.6.2	Identify the cancer causing chemicals in tobacco products for a smoker and non-smoker	SE 222-226, 230-23; TWE 230, 231; Reading Tutor 101; Student Activities Workbook 59, 60, 61, 63, 64	I
					SE 220, 239; TWE 220C	M
			HW.9.6.3	Identify physical, psychological and social consequences of tobacco use	SE 222-226, 227-229, 230-233; TWE 225; Reading Tutor 99-101, 102, 103; Student Activities Workbook 59, 60, 61, 62, 63, 64	I

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					TWE 220C, 227	M
			HW.9.6.4	Discuss tobacco as a gateway drug	SE 222-226; Reading Tutor 99-101, 102-103; Student Activities Workbook 59, 61, 62, 64	I
					TWE 220C	M
		Alcohol	HW.9.6.5	Discuss alcohol as a gateway drug	SE 242-245, 246-248, 256-259; TWE 242, 256; Reading Tutor 107-109; Student Activities Workbook 65, 66, 67, 68, 72	I
					TWE 47, 240C	M
			HW.9.6.6	Discuss alcohol-related myths	SE 244; TWE 244; Reading Tutor 107-109	M
		Other Drugs	HW.9.6.7	Discuss marijuana as a gateway drug	SE 249-250; Reading Tutor 114	M
			HW.9.6.8	Identify the short-term effects of marijuana use on the body: <ul style="list-style-type: none"> • lack of coordination • distortion • increased sensitivity • apathy 	SE 249; Reading Tutor 114	M

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			HW.9.6.9	Identify the long-term effects of marijuana use on the body: <ul style="list-style-type: none"> • nervous system • reproductive system • respiratory system • amotivational syndrome 	SE 249; Reading Tutor 114	M
			HW.9.6.10	Discuss legal consequences of marijuana use	SE 249; Reading Tutor 114	M
			HW.9.6.11	Examine the use and abuse of each drug category: <ul style="list-style-type: none"> • stimulants • depressants • hallucinogens • narcotics 	SE 249-252, 253-255; TWE 42, 250, 251; Reading Tutor 114-116; Student Activities Workbook 65, 66, 69, 70	M
		Prevention Strategies	HW.9.6.12	Practice ways to resist peer pressure (e.g., role play, skits)	SE 76-77, 79, 260-261, 262; TWE 75, 76, 79, 258, 260, 298; Reading Tutor 104-106; Student Activities Workbook 18, 21, 22, 24, 72	I
			HW.9.6.13	Identify family and peer influences in avoiding the use of all addictive substances	SE 75-77, 227-229, 234-235, 247, 256-259, 265; TWE 228, 231, 234, 235, 247, 257, 258; Reading Tutor 34-36; Student Activities Workbook 5, 17, 59, 60, 61, 64, 71, 72	I
					SE 12-15; TWE 224	M

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	10. Personal Health and Safety: Students shall recognize and practice health-enhancing behaviors to avoid or reduce health risks.	Personal health	HW.10.6.1	Develop strategies and skills to demonstrate respect for others: • conflict resolution • bullying (refer to Act 681 of 2003) [Code 6-18-514]	SE 81-85, 86-87, 88; TWE 81, 82, 83, 84, 86, 87, 88; Reading Tutor 7; Student Activities Workbook 18, 23, 24	I
					TWE 60C, 74	M
			HW.10.6.2	Identify the benefits of safe behavior and the consequences of risky behavior (e.g., seatbelts, sexual activity, teen pregnancy, drugs, alcohol, all types of abuse, dietary supplements, conflict resolution)	SE 78-80, 81-85, 178-180, 227-229, 230-233, 243, 245, 246-248, 256-259, 296-299, 301-304, 305-309; TWE 14, 78, 79, 82, 83, 84, 85, 176, 179, 189, 208, 230, 243, 257, 298, 301, 302, 303, 306; Reading Tutor 7, 37-38, 39-42, 83, 104-106, 110-112, 120-122, 140-142, 145-146; Student Activities Workbook 18, 21, 22, 23, 36, 37, 46, 48, 52, 61, 62, 63, 64, 66, 68, 70, 71, 80, 81	I
					SE 71, 72, 132-135, 308-311; TWE 177, 310	M
			HW.10.6.3	Recognize the warning signs of depression and suicidal thoughts	SE 51-52, 53; TWE 51, 52; Reading Tutor 25-26; Student Activities Workbook 10, 13	M

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		Personal Hygiene	HW.10.6.4	Discuss how cleanliness and good grooming show consideration for self and others, and ways to promote cleanliness: <ul style="list-style-type: none"> • regular bathing • clean clothing • clean hair • deodorant • oral hygiene 	SE 144-150, 207, 209; TWE 144, 208; Reading Tutor 66-69; Student Activities Workbook 38, 40, 55	I
		Oral Health	HW.10.6.5	Describe the process of tooth decay as it relates to nutritional habits	SE 145; TWE 145, 146; Student Activities Workbook 40	M
			HW.10.6.6	Identify ways to maintain proper dental health that will reduce the risk of tooth decay and gum disease: <ul style="list-style-type: none"> • choose healthy snacks • avoid using tobacco products • take proper care of gums and teeth • use toothpaste and drinking water containing fluoride • use dental sealants 	SE 96, 145-147, 150; 146, 150; Reading Tutor 66; Student Activities Workbook 38, 40	M
			HW.10.6.7	Discuss the oral health hazards of using tobacco products	SE 222-226; TWE 146, 222, 223, 224, 225, 226	M

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			HW.10.6.8	Identify the risks of oral piercing on oral health	no entries	
		Safety	HW.10.6.9	Review safety procedures for the following: <ul style="list-style-type: none"> • traffic • bus • fire • weather • food handling 	SE 105, 302, 303, 304, 305-307, 308-311; TWE 105, 302, 303, 304, 307, 308, 309, 310, 311; Reading Tutor 143, 145-146; Student Activities Workbook 29	I
			HW.10.6.10	Demonstrate first aid procedures and recognize steps of CPR, choking, bleeding, universal precautions (e.g., mask, gloves)	SE 312-317; TWE 313, 314, 315, 316, 317; Reading Tutor 148-150; Student Activities Workbook 81, 86	I
		Violence	HW.10.6.11	Identify situations that threaten personal safety and may result in abuse (e.g., physical, social, mental, sexual)	SE 71, 72, 81-85; TWE 70, 71, 81, 84, 85; Student Activities Workbook 18, 20, 22	I
			HW.10.6.12	Identify individuals and other sources to help and report abuse: (e.g., counselor, teacher, resource officer)	SE 71, 72; TWE 71, 83; Student Activities Workbook 20	M
	11. Nutrition: Students shall understand concepts related to nutrition and develop skills for making healthy food choices.	Healthy Eating Habits	HW.11.6.1	Compare and contrast nutrient density in healthy and unhealthy snacks	SE 94-97; TWE 95, 97, 100; Reading Tutor 43-45; Student Activities Workbook 25, 27, 29, 31	I

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			HW.11.6.2	Recognize and examine factors that contribute to personal eating behaviors (e.g., hunger versus appetite, stress, environment, family/culture, media, peers)	SE 94-97, 102-107, 108-111, 117; TWE 95, 103, 107, 110; Reading Tutor 46-47, 48-50, 51-53; Student Activities Workbook 26, 29, 31	I
					TWE 92C	M
			HW.11.6.3	Describe the basic principles associated with the development of a healthy meal plan	SE 98-101, 102-107, 112-113, 183; TWE 96, 100, 104, 112, 113, 183; TWE 96, 100, 104, 112, 113, 183; Reading Tutor 43-45, 46-47, 48-50; Student Activities Workbook 25, 26, 28, 29, 52	I
		Food and Nutrition	HW.11.6.4	Examine nutrient deficiencies in the body (e.g., anemia, night blindness)	SE 94-97, 110; TWE 96, 182	M
			HW.11.6.5	Compare and contrast nutrient information on a variety of food labels	SE 102-107; TWE 104, 106; Reading Tutor 48-50	M
			HW.11.6.6	Explain how to create a healthy meal plan based on MyPyramid Guidelines (www.mypyramid.gov)	SE 94-97, 98-101, 102-107, 114; TWE 96, 97, 98, 99, 100, 105, 106, 114; Reading Tutor 48-50; Student Activities Workbook 25, 26, 28	I