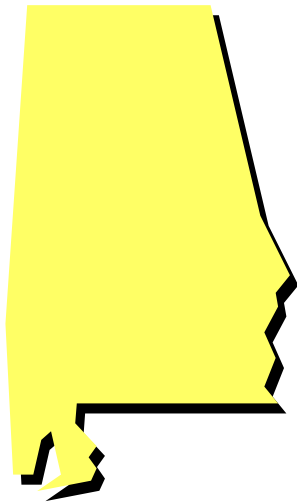
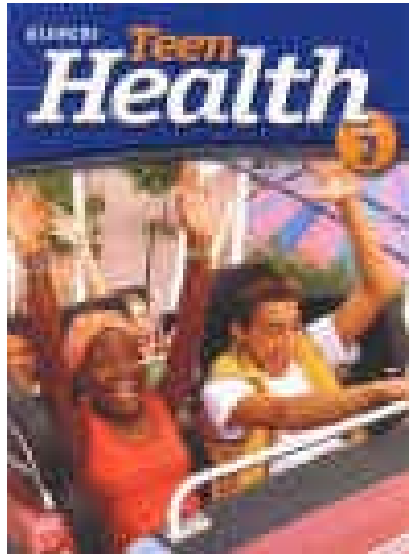


# Glencoe/McGraw-Hill

Teen Health ©2003 Course 2

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correlated to

**Alabama Course of Study:  
Health Education  
for  
Grade 7**

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**CORRELATED TO**

**ALABAMA  
COURSE OF STUDY: HEALTH EDUCATION FOR GRADE 7**

| <b>OBJECTIVES</b>  | <b>PAGE REFERENCES</b>  |
|--|---|
| Students will:   |   |
| Community Health   |   |
| 1. Analyze how health-related decisions are influenced by individuals, families, and community values. | SE: 10–11, 32–33, 94, 132–133, 205, 228–229<br>TWE: 10–11, 32–33, 94, 132–133, 205, 228–229   |
| Consumer Health  |   |
| 2. Identify the validity of health information related to products and services.                       | SE: 18–19, 20–21, 27, 133, 134, 148–149, 289<br>TWE: 18–19, 20–21, 27, 133, 134, 148–149, 289 |
| 3. Identify appropriate providers for health care needs.   | SE: 128, 142–143, 205, 262–263, 416<br>TWE: 128, 142–143, 205, 262–263, 416                   |
| Environmental Health   |   |
| 4. Describe how health is affected by the environment.   | SE: 9, 189, 364–365, 430–431, 432, 434<br>TWE: 9, 189, 364–365, 430–431, 432, 434             |
| Family Health  |   |
| 5. Identify characteristics of healthy relationships among family units.                               | SE: 220, 221, 224–225<br>TWE: 220, 221, 224–225   |

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|--|---|
| 6. Describe the influence of family history on the causes and prevention of disease and other health problems. | SE: 9, 364, 371<br><br>TWE: 9, 364, 365, 371  |
| 7. Identify personal, social, and legal responsibilities applicable to parenthood.                             | The opportunity to address this objective is available. See pages:<br><br>SE: 170, 174–175, 176, 232–233<br><br>TWE: 170, 174–175, 176, 232–233   |
| Personal Health  |   |
| 8. Explain the benefits of preventive health care.   | SE: 16, 28, 92, 129, 281, 353–354, 355, 356–357, 373, 374–375, 379<br><br>TWE: 16, 28, 92, 129, 281, 353–354, 355, 356–357, 373, 374–375, 379   |
| Mental and Emotional Health  |   |
| 9. Describe how decisions regarding health behaviors produce consequences for self and others.                 | SE: 12–14, 232–233, 260–261, 305, 307, 308, 309, 310, 311, 312, 318–319, 320–321, 394–395<br><br>TWE: 12–14, 232–233, 260–261, 305, 307, 308, 309, 310, 311, 312, 318–319, 320–321, 394–395 |
| 10. Apply assertiveness, negotiation, and refusal skills to situations involving health risks.                 | SE: 15, 29, 46–47, 180–181, 234–235, 254–255, 287, 323, 324–325<br><br>TWE: 15, 29, 46–47, 180–181, 234–235, 254–255, 287, 323, 324–325   |

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| <b>OBJECTIVES</b>   | <b>PAGE REFERENCES</b>  |
|---|---|
| <b>Nutrition</b>  |   |
| 11. Select healthy meals from sample menus in school and community settings.  | SE: 95–97, 98, 99, 100–101, 112–113, 114–115<br><br>TWE: 95–97, 98, 99, 100–101, 112–113, 114–115                                 |
| <b>Injury Prevention and Safety</b>   |   |
| 12. Propose appropriate strategies for self-defense.  | SE: 254–255, 256, 257<br><br>TWE: 254–255, 256, 257   |
| 13. Demonstrate the ability to practice intermediate first-aid skills.  | SE: 416, 417, 418–419, 420, 421<br><br>TWE: 416, 417, 418–419, 420, 421   |
| <b>Prevention and Control of Disease</b>  |   |
| 14. Describe the multiple impacts of disease and disability on the nervous, reproductive, digestive, and respiratory systems. | SE: 162, 166, 280, 315, 343–344, 347, 367, 370, 371, 376–377<br><br>TWE: 162, 166, 280, 315, 343–344, 347, 367, 370, 371, 376–377 |
| 15. Analyze the short- and long-term effects of risk behaviors that compromise adolescent health.                             | SE: 12–14, 176, 232–233, 315, 316–317, 347, 349, 394, 395<br><br>TWE: 12–14, 176, 232–233, 315, 316–317, 347, 349, 394, 395       |
| <b>Substance Use and Abuse</b>  |   |
| 16. Describe the consequences of misusing legal drugs.  | SE: 302, 303, 311<br><br>TWE: 302, 303, 311   |

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