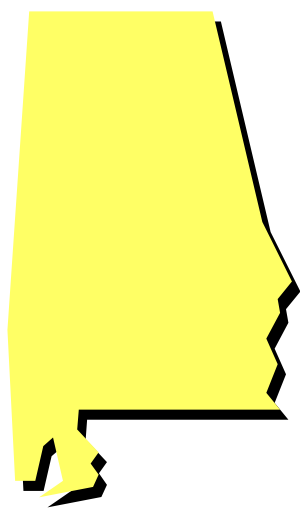
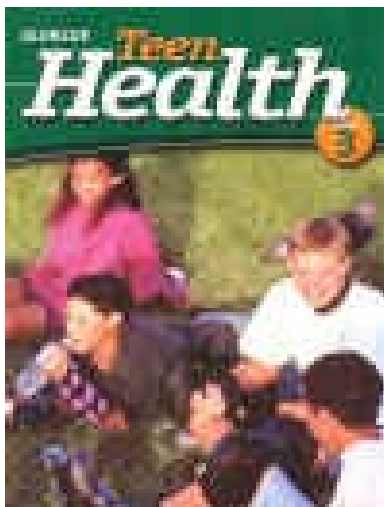


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Teen Health ©2003 Course 3

ISBN# 0-07-823939-7



correlated to

**Alabama Course of Study:
Health Education
for
Grade 8**

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CORRELATED TO

**ALABAMA
COURSE OF STUDY: HEALTH EDUCATION FOR GRADE 8**

OBJECTIVES	PAGE REFERENCES
Students will:	
Community Health	
1. Apply health advocacy strategies.	SE: 61, 74, 153, 174, 215, 245, 293, 313, 359, 363, 394, 466, 478, 559 TWE: 61, 74, 153, 174, 215, 245, 293, 313, 359, 363, 394, 466, 478, 559
Consumer Health	
2. Locate accurate health information for personal use.	SE: 45, 66, 78–79, 136–137, 206, 207, 260–261, 290–291, 370, 406–407, 456, 468–469, 496, 522 TWE: 45, 66, 78–79, 136–137, 206, 207, 260–261, 290–291, 370, 406–407, 456, 468–469, 496, 522
Environmental Health	
3. Identify how public laws protect the environment.	The opportunity to address this objective is available. See pages: SE: 326, 547, 549, 550–551, 552–553, 554–555, 556–557 TWE: 326, 547, 549, 550–551, 552–553, 554–555, 556–557
Family Health	
4. Recognize cultural influences that impact health behaviors.	SE: 21, 47, 48–49, 59, 193, 195, 309 TWE: 21, 47, 48–49, 59, 193, 195, 309

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OBJECTIVES	PAGE REFERENCES
Personal Health	
5. Analyze how environment and personal health are interrelated.	SE: 479, 480–481, 482, 546–547, 548, 549, 550, 551 TWE: 479, 480–481, 482, 546–547, 548, 549, 550, 551
6. Explain the impact of personal health behaviors on the functioning of body systems.	SE: 301, 371, 375, 380, 384, 388, 389, 395, 399, 402, 405 TWE: 301, 371, 375, 380, 384, 388, 389, 395, 399, 402, 405
7. Develop a positive personal health behavior plan.	SE: 46, 50–51, 158–159, 230, 231, 232, 235, 315, 438–439 TWE: 46, 50–51, 158–159, 230, 231, 232, 235, 315, 438–439
Mental and Emotional Health	
8. Identify barriers to effective communication about health issues.	SE: 35, 70-71, 87, 127, 147-149, 180 TWE: 35, 70-71, 87, 127, 147-149, 180
9. Apply decision-making skills to improve a personal health behavior.	SE: 29, 30, 99, 121, 171, 210, 258, 334, 483 TWE: 29, 30, 99, 121, 171, 210, 258, 334, 483
Nutrition	
10. Assess the consequences of poor nutrition.	SE: 194–195, 197, 199–201, 251–252, 254, 255, 256–258 TWE: 194–195, 197, 199–201, 251–252, 254, 255, 256–258

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OBJECTIVES	PAGE REFERENCES
Injury Prevention and Safety	
11. Practice behaviors that prevent injury.	SE: 239–240, 389, 508, 509–510, 511–512, 513, 514, 515–516, 517–519, 521, 522, 523 TWE: 239–240, 389, 508, 509–510, 511–512, 513, 514, 515–516, 517–519, 521, 522, 523
Prevention and Control of Disease	
12. Describe the physical, social, and emotional effects of different types of sexually transmitted infections.	SE: 458, 459, 460–461, 462, 463, 464, 465 TWE: 458, 459, 460–461, 462, 463, 464, 465
Substance Use and Abuse	
13. Identify the short- and long-term effects of using alcohol and other drugs, including legal and illegal substances.	SE: 275, 277–279, 280, 281–282, 283–284, 285, 299, 300, 301, 302, 304–305, 320, 321, 322–323, 326 TWE: 275, 277–279, 280, 281–282, 283–284, 285, 299, 300, 301, 302, 304–305, 320, 321, 322–323, 326

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South Central Region
6510 Jimmy Carter Boulevard
Norcross, GA 30071
770/613-0281
800/731-2365