

**CORRELATION
FLORIDA DEPARTMENT OF EDUCATION
COURSE DESCRIPTION**

SUBJECT: Health Education/Physical Education
COURSE NAME: M/J Health 3
SUBMISSION TITLE: Teen Health Course 3 © 2007
PUBLISHER: Glencoe/McGraw-Hill
GRADE(S): 8

COURSE CODE NUMBER: 0800020

OUTCOME NUMBER	BENCHMARK NUMBER	INTENDED OUTCOME/BENCHMARK DESCRIPTION	PAGE(S) OR LOCATION(S) WHERE TAUGHT IN MAJOR TOOL	I/M*
1		Compare the major stages of life and their characteristics as they relate to growth and development.	SE (I): 2, 7, 11, 20, 54, 84, 102, 106, 131, 137, 470-471 TWE (I): 12, 20, 205 SE (M): 9, 12, 53, 62, 86 TWE (M): 2, 9, 11, 53, 56, 128C, 470-471	I M
	HE.A.1.3.3	know how physical, mental, emotional, and social health interrelate during adolescence.	SE (I) 4, 5, 6, 7, 8, 9, 10, 12, 16, 20, 38, 52, 53, 54, 55, 56, 57, 58, 59, 61, 62, 66, 67, 69, 80, 81, 82, 83, 84, 85, 86, 102, 106, 107, 131, 134, 136, 137, 138, 141, 142, 143, 145, 188, 205, 207, 298, 362, 367, 470-471 TWE (I) 5, 9, 10, 11, 20, 53, 55, 56, 57, 59, 61, 62, 82, 83, 84, 85, 86, 134, 135, 136, 205, 206, 207, 356, 362 SE (M) 2, 50, 78, 100, 128, 135, 338 TWE (M) 2, 4, 50C, 50, 78, 81, 100, 128C, 202C, 470-471	I M
	HE.C.1.3.7	know how expanding abilities, independence, and responsibilities associated with maturation influence personal behavior.	SE (I) 12, 35, 107, 131, 137, 142, 143, 145, 460, 461, 462, 463, 464, 465, 466, 467, 468, 469, 470-471 TWE (I) 12, 35, 41, 107, 137, 142, 145, 155, 461, 462, 463, 464, 465, 466, 468, 470-471 SE (M) 56, 448	I M
2		Practice techniques for stress management, interpersonal communication, and effective decision making.	SE (I): 40, 66, 67, 68, 72-73, 74, 81, 109, 110, 117, 156, 325, 359, 464 TWE (I): 39, 66, 72-73, 105, 156, 161, 186, 354 SE (M): 131, 196-197, 295 TWE (M): 74, 196-197, 464	I M
	HE.B.1.3.3	know strategies for managing stress.	SE (I) 43, 63, 64, 65, 66, 67, 68, 295, 417, 464 TWE (I) 42, 64, 65, 66, 68, 72, 73 SE (M) 205 TWE (M) 50C	I M
	HE.B.3.3.1	know effective verbal and nonverbal communication skills (e.g., body language and eye statements).	SE (I) 39, 40, 96, 108, 109, 110, 111, 116, 117, 186, 325 TWE (I) 39, 40, 96, 108, 109, 110, 112, 186, 354	I

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	HE.B.3.3.2	know various ways to communicate care, consideration, and acceptance of self and others (e.g., respect, trust, kindness, and sexual abstinence as an expression of love).	SE (I) 16, 28, 32, 33, 34, 35, 36, 37, 54, 62, 70, 71, 81, 89, 94-95, 103, 105, 106, 107, 119, 120, 121, 131, 132, 133, 141, 143, 146-147, 186, 325, 359 TWE (I) 16, 28, 32, 33, 34, 35, 36, 37, 71, 81, 94, 105, 106, 119, 120, 121, 131, 132, 133, 146-147, 186 SE (M) 12, 38, 110, 111 TWE (M) 114, 128C	I M
	HE.B.3.3.3	know skills for building and maintaining positive interpersonal relationships (e.g., compromising).	SE (I) 36, 38, 39, 88, 94-95, 103, 104, 105, 106, 107, 111, 133, 137, 138, 140, 141, 146-147, 156, 186, 298 TWE (I) 36, 94, 103, 104, 105, 133, 137, 146-147, 186	I
	HE.B.3.3.4	understands how the behavior of family members and peers affects interpersonal communication.	SE (I) 103, 104, 105, 111, 113, 117, 121, 136, 142, 145, 146-147, 156, 158, 294, 296 TWE (I) 103, 104, 105, 113, 124, 136, 146, 294 SE (M) 131, 141	I M
	HE.B.3.3.5	demonstrate attentive communication skills (e.g., eye contact and hand and body gestures).	SE (I) 39, 40, 108, 109, 110, 111, 117, 298 TWE (I) 110, 111, 298	I
	HE.C.1.3.1	know how to apply a decision-making process to health issues and problems individually and collaboratively (e.g., nutritional food choices at home, restaurants, and school).	SE (I) 18-19, 26, 27, 31, 156, 196-197, 206, 326-327, 359, 360, 545 TWE (I) 24C, 27, 31, 156, 196, 300, 301, 326, 327, 360, 361, 363	I
3		Develop (or update) and implement a wellness plan based on an analysis of individual health status including, but not limited to, nutrition, physical activity, stress management, social activity, and emotional well-being.	SE (I):17, 123, 145, 217, 220, 251, 299, 351, 469, 499, 501, 526, 533, 557, 585, 591 TWE (I): 11, 74, 121, 123, 217, 218, 249, 253, 461, 533 SE (M): 11, 24 TWE (M): 20, 24, 113, 122	I M

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	HE.B.3.3.7	understand the possible causes of conflict among youth in schools and communities and know positive communication strategies for preventing conflict.	SE (I) 40, 154, 155, 156, 157, 158, 159, 160, 161, 162, 163, 165, 166, 167, 168-169, 170 TWE (I) 40, 156, 158, 159, 160, 162, 163, 164, 165, 166, 167, 168, 170 TWE (M) 34, 152C	I M
7		Describe measures for control and treatment of diseases and disorders, including HIV/AIDS and other sexually transmitted diseases.	SE (I) 91, 92, 120, 415, 426, 430, 436, 439, 457, 490, 491, 498, 510, 514, 516, 519, 520, 526, 528 TWE (I) 83, 91, 92, 415, 497, 519, 523 SE (M) 85 TWE (M) 337, 423, 431, 479, 493, 530	I M
	HE.A.1.3.1	know how body systems work together and influence each other.	SE (I) 283, 286, 287, 288, 290, 312, 314, 404, 405, 406, 407, 409, 410, 411, 412, 413, 414, 415, 416, 417, 418, 419, 420, 421, 422, 423, 424, 425, 426, 427, 428, 429, 430, 431, 432, 433, 434, 435, 436, 437, 438, 439, 440, 441, 444, 450, 451, 452, 453, 454, 485 TWE (I) 283, 286, 287, 291, 404, 405, 406, 410, 411, 414, 416, 417, 420, 421, 423, 424, 425, 428, 429, 430, 431, 432, 433, 434, 435, 437, 438, 440, 441, 444, 451, 485 SE (M) 285, 402 TWE (M) 452, 453	I M

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	HE.A.2.3.1	know how to analyze the validity of health information, products, and services.	SE (I) 41, 54, 85, 214, 237, 243, 244, 245, 246, 247, 254, 262, 263, 264, 379, 380, 381, 382, 465, 510 TWE (I) 41, 54, 205, 243, 244, 254, 262, 264, 270, 271, 379, 480, 525, 552	I
	HE.A.2.3.4	know how to access a variety of technologies for health information.	SE (I) 17, 41, 54, 84, 237, 270-271, 285, 378, 387, 396, 397, 436, 442-443, 510, 523, 549, 561 TWE (I) 41, 84, 120, 244, 270, 271, 279, 393, 394, 396, 397, 442, 443, 538C, 552	I
	HE.A.2.3.5	know how to compare the costs of health products in order to assess value.	SE (I) 120, 381, 390, 391 TWE (I) 120, 240, 320, 321, 322, 350, 381 SE (M) 319, 320, 321, 322	I M
	HE.A.2.3.6	identify situations requiring professional health services.	SE (I) 91, 92, 93, 139, 182, 195, 268, 359, 492, 493, 494, 495, 497, 498, 513, 514, 519, 520, 525-526 TWE (I) 91, 92, 497, 520, 538C	I
	HE.B.2.3.1	know how messages from media and other sources influence health behavior.	SE (I) 113, 324, 359 TWE (I) 324 TWE (M) 547	I M
9		Analyze legal and social consequences of alcohol, tobacco, and other drug abuse.	SE (I) 278-279, 281, 284-285, 293, 294, 314, 321, 322, 360-362, 363, 382 TWE (I) 281, 288, 321, 323, 325, 326-327, 335, 349 SE (M) 323, 325	I M
	HE.A.1.3.4	understand how peer pressure can influence healthful choices.	SE (I) 12, 105, 107, 112, 113, 117, 269, 293, 363, 382 TWE (I) 107, 112, 113, 281, 293, 547 SE (M) 7 TWE (M) 152C	I M

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	HE.C.2.3.3	recognize that there are barriers to the effective communication of feelings and opinions on health issues when advocating for healthy living.	SE (I) 82, 83, 124 TWE (I) 82, 83, 124	I
	HE.C.2.3.4	know how to influence others to make positive choices.	SE (I) 43, 88, 89, 104, 113, 136, 310, 337 TWE (I) 88, 104, 113, 136	I
	HE.C.2.3.5	know ways to work cooperatively with others to advocate for healthy individuals, schools, and families.	SE (I) 93, 104, 133, 138, 141, 183, 195, 231, 281, 298, 391 TWE (I) 70, 83, 104, 138, 298, 376, 448C 565, 566, 568, 583	I
	HE.C.2.3.6	know how to access community agencies that advocate healthy individuals, families, and communities.	SE (I) 43, 191, 195, 298, 299, 359, 394, 395 TWE (I) 113, 131, 141, 182, 299, 394, 415, 566	I