

Learning Styles Assessment

Directions: To find out if you are an interpersonal learner, an intrapersonal learner, or a naturalistic learner, answer the following questions on a scale of 1 to 10 with 1 being not so much, and 10 being a lot. Add up your score. The learning style with the highest score is your primary learning style.

Interpersonal Learner

1. ___ I understand people and their feelings.
2. ___ I feel I am a natural leader.
3. ___ I am good at organizing groups and mediating conflicts.
4. ___ I love to solve problems as part of a group.

Intrapersonal Learner

5. ___ I prefer working alone rather than in groups.
6. ___ I'm good with self-paced instruction.
7. ___ I feel I understand myself.
8. ___ I seem to have more feelings and dreams than many people.

Naturalistic Learner

9. ___ I like hands-on activities where I can work with nature.
10. ___ I like to collect and classify plants and animals.
11. ___ I keep a journal of the different plants and animals I come across.
12. ___ I like to measure, chart, and map plants and animals I see in nature.