

The SQ3R Method

Directions: Once you have completed a step of the SQ3R method of studying, write your thoughts in the space provided.

Step 1: Survey

Familiarize yourself with the text by looking at the table of contents, read and think about the title of the book, page through the chapters looking at introductions, headings, pictures, graphs, and charts. At the end of chapters, look over chapter reviews and read the summaries. Record your reflections as you survey the textbook.

Step 2: Question

After you have surveyed a chapter, use the headings to ask questions you think the chapter will answer. Write your questions below.

Step 3: Read

As you read the chapter, one section at a time, look for the answers to the questions you asked. Pay attention to terms that are highlighted, italicized, or in bold type. Underline or use highlighters for main ideas. Use stars or other symbols to mark important parts of the text.

Step 4: Recite

Answer the questions you asked in Step 2. Try different ways to answer the questions to see which works best for you. Write your answers, speak your answers aloud, or move around the room while you say the answers to yourself.

Step 5: Review

Now that you have read the chapter and had your own self-check by answering the questions you asked, you want to review. Work with another student or alone to review your notes and the highlighted areas of the chapter, and complete any end of chapter reviews.
