

GLENCOE HEALTH ©2005
National Health Education Standards
Correlation by Chapter and Lesson

	STANDARD	PERFORMANCE INDICATOR
CHAPTER 1 <i>Living a Healthy Life</i>		
Lesson 1 <i>Your Health and Wellness</i>	1.1	Analyze how behavior can impact health maintenance and disease prevention.
	1.4	Analyze how the family, peers, and community influence the health of individuals.
	2.1	Evaluate the validity of health information, products, and services.
	3.4	Develop strategies to improve or maintain personal, family and community health.
	6.4	Implement a plan for attaining a personal health goal.
Lesson 2 <i>Promoting a Healthy Lifestyle</i>	1.1	Analyze how behavior can impact health maintenance and disease prevention.
	1.2	Describe the interrelationships of mental, emotional, social, and physical health throughout adulthood.
	3.1	Analyze the role of individual responsibility for enhancing health.
	4.2	Evaluate the effect of media and other factors on personal, family, and community health.
	4.3	Evaluate the impact of technology on personal, family, and community health.
Lesson 3 <i>Your Behavior and Reducing Health Risks</i>	3.3	Analyze the short-term and long-term consequences of safe, risky and harmful behaviors.
	7.4	Demonstrate the ability to influence and support others in making positive health choices.