

Glencoe Health © 2005
National Health Education Standards
Correlation by Chapter and Lesson

	STANDARD	PERFORMANCE INDICATOR
CHAPTER 6 <i>Managing Weight and Body Composition</i>		
Lesson 1 <i>Maintaining a Healthy Weight</i>	1.6	Describe how to delay onset and reduce risks of potential health problems during adulthood.
	3.4	Develop strategies to improve or maintain personal, family and community health.
	7.2	Express information and opinions about health issues.
Lesson 2 <i>Fad Diets and Eating Disorders</i>	2.6	Analyze situations requiring professional health services.
	7.4	Demonstrate the ability to influence and support others in making positive health choices.
	7.6	Demonstrate the ability to adapt health messages and communication techniques to the characteristics of a particular audience.
Lesson 3 <i>Nutrition for Individual Needs</i>	6.1	Demonstrate the ability to utilize various strategies when making decisions related to health needs and risks of young adults.
	6.3	Predict immediate and long-term impact of health decisions on the individual, family, and community.
	7.4	Demonstrate the ability to influence and support others in making positive health choices.