

**Glencoe Health © 1999**  
**National Health Education Standards**  
**Correlation by Standards**

<b>National Health Education Standards and Performance Indicators</b>		<b>Chapter-Lesson Reference</b>
<b>Health Education Standard 1:</b>		
Students will comprehend concepts related to health promotion and disease prevention.		
1.1	Analyze how behavior can impact health maintenance and disease prevention.	1-2, 3-1, 4-1, 4-2, 5-2, 8-2, 31-3
1.2	Describe the interrelationships of mental, emotional, social, and physical health throughout adulthood.	1-1, 3-1, 3-2, 5-1, 8-1, 8-2, 8-3, 8-4, 9-1, 9-2, 9-3, 10-1, 16-1, 16-3, 19-2, 20-3, 21-1, 22-3, 26-1, 26-2, 34-3
1.3	Explain the impact of personal health behaviors on the functioning of body systems.	1-1, 1-3, 3-2, 5-2, 5-3, 8-2, 8-3, 9-1, 15-2, 15-3, 16-2, 17-3, 24-2, 25-2, 26-2, 28-2, 29-2, 30-1, 31-1
1.4	Analyze how the family, peers, and community influence the health of individuals.	1-2, 5-1, 6-4, 7-4, 8-1, 8-2, 11-1, 12-1, 13-1, 13-2, 20-1, 20-3, 21-1, 22-1, 22-3, 24-2, 25-1, 25-2, 27-2, 28-1, 31-1
1.5	Analyze how the environment influences the health of the community.	1-2, 33-1, 33-2, 33-3
1.6	Describe how to delay onset and reduce risks of potential health problems during adulthood.	1-3, 3-1, 5-2, 5-3, 7-4, 15-2, 16-3, 17-3, 20-2, 31-1, 31-2, 31-3
1.7	Analyze how public health policies and government regulations influence health promotion and disease prevention.	4-2, 5-5, 13-2, 20-2, 24-1, 24-2, 24-3, 25-2, 26-1, 28-3, 32-1, 32-4, 34-3
1.8	Analyze how the prevention and control of health problems are influenced by research and medical advances.	20-2, 23-1, 28-3, 30-2, 31-2
<b>Health Education Standard 2:</b>		
Students will demonstrate the ability to access valid health information and health-promoting products and services.		
2.1	Evaluate the validity of health information, products, and services.	2-1, 6-2, 15-1, 17-1, 18-2, 32-2
2.2	Demonstrate the ability to evaluate resources from home, school, and community that provide valid health information.	5-5, 6-2, 10-3, 17-1, 32-1
2.3	Evaluate factors that influence personal selection of health products and services.	5-5, 7-1, 7-2, 7-3, 10-3, 27-1, 32-1, 32-2

2.4	Demonstrate the ability to access school and community health services for self and others.	10-3, 12-3, 20-1, 25-3, 27-1, 27-2, 30-2, 32-3, 35-2, 35-3
2.5	Analyze the cost and accessibility of health care services.	32.1, 32-2
2.6	Analyze situations requiring professional health services.	7-2, 7-3, 9-4, 10-1, 10-2, 10-3, 12-3, 14-4, 15-1, 17-2, 17-3, 18-3, 23-1, 23-2, 25-3, 27-1, 28-2, 29-2, 30-2, 31-2, 31-3, 31-4, 35-1, 35-2, 35-3, 35-4
<b>Health Education Standard 3:</b> Students will demonstrate the ability to practice health-enhancing behaviors and reduce health risks.		
3.1	Analyze the role of individual responsibility for enhancing health.	1-1, 1-2, 1-3, 4-1, 4-2, 4-3, 5-1, 5-3, 6-1, 6-4, 7-4, 8-3, 8-4, 9-3, 15-1, 15-3, 17-2, 18-3, 19-1, 22-3, 23-1, 23-2, 25-1, 26-1, 26-2, 26-4, 28-1, 29-1, 30-2, 33-3
3.2	Evaluate a personal health assessment to determine strategies for health enhancement and risk reduction.	3-1, 3-2, 3-3, 4-1, 6-1, 6-4, 8-3, 9-1, 9-2, 9-3, 21-1
3.3	Analyze the short-term and long-term consequences of safe, and risky or harmful behaviors.	1-3, 3-2, 4-2, 5-3, 6-3, 7-1, 7-2, 20-1, 24-1, 25-1, 25-2, 26-1, 26-2, 26-3, 28-2, 28-3, 29-2, 30-1, 31-1, 33-1, 33-3, 34-1, 35-3
3.4	Develop strategies to improve or maintain personal, family, and community health.	2-2, 3-3, 4-3, 5-4, 6-1, 6-3, 6-4, 7-1, 7-2, 7-3, 7-4, 10-1, 12-3, 15-1, 15-3, 17-2, 18-2, 18-3, 19-1, 20-3, 21-2, 24-3, 26-4, 27-1, 28-3, 29-1, 32-4, 33-3, 35-1, 35-3
3.5	Develop injury prevention and management strategies for personal, family, and community health.	4-3, 14-1, 14-3, 14-4, 16-2, 23-2, 31-4, 34-1, 34-2, 34-3, 34-4, 35-1, 35-2, 35-4
3.6	Demonstrate ways to avoid and reduce threatening situations.	4-3, 14-1, 14-3, 23-1, 31-4, 34-1, 34-2, 34-4, 35-1, 35-2, 35-4
3.7	Evaluate strategies to manage stress.	9-1, 9-2, 9-3, 9-4
<b>Health Education Standard 4:</b> Students will analyze the influence of culture, media, technology, and other factors on health.		

4.1	Analyze how cultural diversity enriches and challenges health behaviors.	11-2, 12-1, 13-1
4.2	Evaluate the effect of media and other factors on personal, family, and community health.	2-1, 5-1, 6-2, 13-1, 24-1, 25-1, 28-1
4.3	Evaluate the impact of technology on personal, family, and community health.	1-1, 7-3, 9-4, 11-2, 14-3, 15-2, 16-2, 17-2, 18-3, 20-2, 21-2, 31-2, 33-1, 33-2
4.4	Analyze how information from the community influences health.	28-1
<b>Health Education Standard 5:</b> Students will demonstrate the ability to use interpersonal communication skills to enhance health.		
5.1	Demonstrate skills for communicating effectively with family, peers, and others.	2-1, 11-2, 12-1
5.2	Analyze how interpersonal communication affects relationships.	8-1, 11-1, 12-1
5.3	Demonstrate healthy ways to express needs, wants, and feelings.	8-4, 10-1, 11-2, 13-1, 22-2, 32-3
5.4	Demonstrate ways to communicate care, consideration and respect of self and others.	8-1, 9-4, 11-1, 12-3
5.5	Demonstrate strategies for solving interpersonal conflicts without harming self or others.	12-2, 14-2, 14-4, 22-1, 34-4
5.6	Demonstrate refusal and negotiation skills to avoid potentially harmful situations.	2-1, 12-2, 13-2, 14-2, 21-2, 26-3, 29-1, 30-1, 34-4
5.7	Analyze the possible causes of conflict in schools, families, and communities.	12-2, 14-1, 14-2, 22-2
5.8	Demonstrate strategies used to prevent conflict.	12-2, 14-1, 14-2, 34-3
<b>Health Education Standard 6:</b> Students will demonstrate the ability to use goal setting and decision-making skills to enhance health.		
6.1	Demonstrate the ability to utilize various strategies when making decisions related to health needs and risks of young adults.	2-2, 5-4, 6-3, 7-1, 8-4, 9-2, 11-1, 13-2, 14-4, 15-3, 16-2, 17-3, 18-2, 19-1, 20-1, 21-1, 22-1, 23-2, 24-1, 25-3, 26-3, 27-2, 29-2, 30-1, 31-3, 31-4, 32-2, 33-2, 34-2, 35-4
6.2	Analyze health concerns that require collaborative decision making.	14-3, 22-2, 29-1, 33-1, 33-2
6.3	Predict immediate and long-term impact of health decisions on the individual, family, and community.	2-2, 20-3, 21-2, 24-2, 26-3, 26-4, 28-2, 34-1
6.4	Implement a plan for attaining a personal health goal.	3-3, 4-1, 5-4, 6-1, 6-2, 6-3
6.5	Evaluate progress toward achieving personal health goals.	3-3

6.6	Formulate an effective plan for lifelong health.	5-4, 15-2, 18-2, 19-1, 19-2, 22-1, 22-2, 24-3, 26-4
<b>Health Education Standard 7:</b>		
Students will demonstrate the ability to advocate for personal, family, and community health.		
7.1	Analyze various communication methods to accurately express health information and ideas.	5-5, 19-2
7.2	Express information and opinions about health issues.	18.1
7.3	Utilize strategies to overcome barriers when communicating information, ideas, feelings, and opinions about health issues.	19-2, 32-3
7.4	Demonstrate the ability to influence and support others in making positive health choices.	10-2, 22-3, 24-3, 25-3, 27-2, 34-3
7.5	Demonstrate the ability to work cooperatively when advocating for healthy communities.	32-4
7.6	Demonstrate the ability to adapt health messages and communication techniques to the characteristics of a particular audience.	10-2, 18-1, 32-3, 32-4