

Dear Parent or Guardian,

Your teen's health class is studying environmental issues that affect the total health and wellness of all people. As they examine the causes of environmental pollution, students will lay the groundwork for becoming informed adults and wiser consumers. Students will also consider their own responsibility to protect the health of the environment.

Some questions your teen will explore as we study this chapter are: *What are the main forms of air pollution? What is the greenhouse effect, and what are the consequences of this process? What are the major causes of water pollution? How can my family and I conserve energy at home? How can I identify products that can be recycled?*

As students learn more about issues of environmental health, we will stress the role of attitudes and lifestyle behaviors in helping to care for the environment. To support and extend our classroom work, please plan to complete one or more of the following activities with your teenager:

Together, watch a program or read articles about deforestation. Discuss the harmful effects that the destruction of tropical forests has on our planet.

- Ask your son or daughter to explain the concept of precycling. Discuss how precycling can be practiced in your family to reduce waste before it occurs.
- Discuss with your teen your family's use of water when showering or washing. Together, brainstorm ways to conserve water and other resources at home.

Please plan other activities you think will help your son or daughter learn to respect and protect the global environment. Thank you for supporting our classroom work. Feel free to contact me if you wish to discuss your child's health education.

Sincerely,

Health Teacher