

**ACTIVITY WORKSHEET****Planning a Fitness Center**

Begin by evaluating the types of equipment that would best meet the fitness goals of students at your school. Use the Web sites to compare equipment in terms of benefits, features, and costs. Use the form below, adding lines as needed.

Exercise Equipment	Type of Workout Provided	"Footprint" (Amount of Actual Floor Space of Item)	Cost
<b>TOTAL</b>			

1. Proposed budget for fitness center:

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2. Proposed location at school for fitness center:

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3. Physical dimensions of above space:

Length of room:

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Width of room:

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4. Any changes in equipment due to space or budgetary limitations:

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Name .....

Date .....

Class Period .....

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5. Use the space below to sketch a possible layout of the facility.

