

TEEN HEALTH COURSE 1 © 2003
Correlation to the National Health Education Standards

| | STANDARD | PERFORMANCE INDICATOR |
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| CHAPTER 8 Tobacco | | |
| Lesson 1 <i>Why Tobacco Is Harmful</i> | 1.1 | Explain the relationship between positive health behaviors and the prevention of injury, illness, disease, and premature death. |
| | 1.3 | Explain how health is influenced by the interaction of body systems. |
| | 1.5 | Analyze how environment and personal health are interrelated. |
| | 1.6 | Describe ways to reduce risks related to adolescent health problems. |
| | 1.8 | Describe how lifestyle, pathogens, family history, and other risk factors are related to the cause or prevention of disease and other health problems. |
| | 3.4 | Demonstrate strategies to improve or maintain personal and family health. |
| | 7.4 | Demonstrate the ability to influence and support others in making positive health choices. |
| | 7.5 | Demonstrate the ability to work cooperatively when advocating for healthy individuals, families, and schools. |
| Lesson 2 <i>Staying Tobacco Free</i> | 1.1 | Explain the relationship between positive health behaviors and the prevention of injury, illness, disease, and premature death. |
| | 1.4 | Describe how family and peers influence the health of adolescents. |
| | 3.1 | Explain the importance of assuming responsibility for personal health behaviors. |
| | 3.4 | Demonstrate strategies to improve or maintain personal and family health. |
| | 4.1 | Describe the influence of cultural beliefs on health behaviors and the use of health services. |
| | 4.2 | Analyze how messages from media and other sources influence health behaviors. |
| | 4.4 | Analyze how information from peers influences health. |
| | 5.6 | Demonstrate refusal and negotiation skills to enhance health. |