

**TEEN HEALTH COURSE 2 © 2003**  
**Correlation to the National Health Education Standards**

	STANDARD	PERFORMANCE INDICATOR
<b>CHAPTER 9 <i>Resolving Conflicts and Preventing Violence</i></b>		
<b>Lesson 1</b> <i>Conflicts at Home and at School</i>	3.1	Explain the importance of assuming responsibility for personal health behaviors.
	3.3	Distinguish between safe and risky or harmful behaviors in relationships.
	3.4	Demonstrate strategies to improve or maintain personal and family health.
	4.2	Analyze how messages from media and other sources influence health behaviors.
	5.2	Describe how the behavior of family and peers affects interpersonal communication.
	5.5	Demonstrate communication skills to build and maintain healthy relationships.
	5.7	Analyze the possible causes of conflict among youth in schools and communities.
	5.8	Demonstrate strategies to manage conflict in healthy ways.
<b>Lesson 2</b> <i>Conflict Resolution Skills</i>	3.1	Explain the importance of assuming responsibility for personal health behaviors.
	3.4	Demonstrate strategies to improve or maintain personal and family health.
	5.2	Describe how the behavior of family and peers affects interpersonal communication.
	5.3	Demonstrate healthy ways to express needs, wants, and feelings.
	5.5	Demonstrate communication skills to build and maintain healthy relationships.
	5.6	Demonstrate refusal and negotiation skills to enhance health.
	5.8	Demonstrate strategies to manage conflict in healthy ways.
<b>Lesson 3</b> <i>Preventing Violence</i>	3.1	Explain the importance of assuming responsibility for personal health behaviors.
	3.3	Distinguish between safe and risky or harmful behaviors in relationships.
	3.4	Demonstrate strategies to improve or maintain personal and family health.
	4.2	Analyze how messages from media and other sources influence health behaviors.
	5.2	Describe how the behavior of family and peers affects interpersonal communication.
	5.5	Demonstrate communication skills to build and maintain healthy relationships.
	5.6	Demonstrate refusal and negotiation skills to enhance health.
	5.7	Analyze the possible causes of conflict among youth in schools and communities.

	5.8	Demonstrate strategies to manage conflict in healthy ways.
Lesson 4 <i>Dealing with Abuse and Finding Help</i>	1.4	Describe how family and peers influence the health of adolescents.
	1.6	Describe ways to reduce risks related to adolescent health problems.
	2.6	Describe situations requiring professional health services.
	4.1	Describe the influence of cultural beliefs on health behaviors and the use of health services.
	5.2	Describe how the behavior of family and peers affects interpersonal communication.
	5.4	Demonstrate ways to communicate care, consideration and respect of self and others.
	5.5	Demonstrate communication skills to build and maintain healthy relationships.