

TEEN HEALTH COURSE 2 © 2003
Correlation to the National Health Education Standards

| | STANDARD | PERFORMANCE INDICATOR |
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| CHAPTER 10 Tobacco | | |
| Lesson 1 <i>What Tobacco Does to the Body</i> | 1.1 | Explain the relationship between positive health behaviors and the prevention of injury, illness, disease, and premature death. |
| | 1.3 | Explain how health is influenced by the interaction of body systems. |
| | 1.5 | Analyze how environment and personal health are interrelated. |
| | 2.3 | Analyze how media influences the selection of health information and products. |
| | 3.4 | Demonstrate strategies to improve or maintain personal and family health. |
| | 4.2 | Analyze how messages from media and other sources influence health behaviors. |
| | 6.1 | Demonstrate the ability to apply a decision-making process to health issues and problems individually and collaboratively. |
| | 6.2 | Analyze how health-related decisions are influenced by individual, family, and community values. |
| | 6.3 | Predict how decisions regarding health behaviors have consequences for self and others. |
| Lesson 2 <i>The Respiratory System</i> | 1.1 | Explain the relationship between positive health behaviors and the prevention of injury, illness, disease, and premature death. |
| | 1.3 | Explain how health is influenced by the interaction of body systems. |
| | 1.6 | Describe ways to reduce risks related to adolescent health problems. |
| | 1.7 | Explain how appropriate health care can prevent premature death and disability. |
| | 1.8 | Describe how lifestyle, pathogens, family history, and other risk factors are related to the cause or prevention of disease and other health problems. |
| | 2.6 | Describe situations requiring professional health services. |
| | 3.1 | Explain the importance of assuming responsibility for personal health behaviors. |
| | 3.4 | Demonstrate strategies to improve or maintain personal and family health. |
| Lesson 3 <i>Teens and Tobacco Addiction</i> | 1.1 | Explain the relationship between positive health behaviors and the prevention of injury, illness, disease, and premature death. |
| | 1.2 | Describe the interrelationships of mental, emotional, social, and physical health during adolescence. |