

**TEEN HEALTH COURSE 3 © 2003**  
**Correlation to the National Health Education Standards**

	STANDARD	PERFORMANCE INDICATOR
<b>CHAPTER 5 <i>Promoting Social Health</i></b>		
Lesson 1 <i>Your Character and Your Relationships</i>	1.2	Describe the interrelationships of mental, emotional, social, and physical health during adolescence.
	3.1	Explain the importance of assuming responsibility for personal health behaviors.
	5.4	Demonstrate ways to communicate care, consideration and respect of self and others.
	6.1	Demonstrate the ability to apply a decision-making process to health issues and problems individually and collaboratively.
	6.2	Analyze how health-related decisions are influenced by individual, family, and community values.
	6.3	Predict how decisions regarding health behaviors have consequences for self and others.
Lesson 2 <i>Getting Along with Your Family</i>	1.2	Describe the interrelationships of mental, emotional, social, and physical health during adolescence.
	1.4	Describe how family and peers influence the health of adolescents.
	3.4	Demonstrate strategies to improve or maintain personal and family health.
	5.5	Demonstrate communication skills to build and maintain healthy relationships.
Lesson 3 <i>Marriage and Parenthood</i>	1.4	Describe how family and peers influence the health of adolescents.
	1.6	Describe ways to reduce risks related to adolescent health problems.
	1.8	Describe how lifestyle, pathogens, family history, and other risk factors are related to the cause or prevention of disease and other health problems.
	2.6	Describe situations requiring professional health services.
	4.2	Analyze how messages from media and other sources influence health behaviors.
	5.4	Demonstrate ways to communicate care, consideration and respect of self and others.