

**TEEN HEALTH COURSE 3 © 2003**  
**Correlation to the National Health Education Standards**

	STANDARD	PERFORMANCE INDICATOR
<b>CHAPTER 7 Conflict Resolution</b>		
Lesson 1 <i>The Nature of Conflict</i>	1.4	Describe how family and peers influence the health of adolescents.
	3.1	Explain the importance of assuming responsibility for personal health behaviors.
	3.3	Distinguish between safe and risky or harmful behaviors in relationships.
	3.4	Demonstrate strategies to improve or maintain personal and family health.
	5.2	Describe how the behavior of family and peers affects interpersonal communication.
	5.5	Demonstrate communication skills to build and maintain healthy relationships.
	7.4	Demonstrate the ability to influence and support others in making positive health choices.
	7.5	Demonstrate the ability to work cooperatively when advocating for healthy individuals, families, and schools.
Lesson 2 <i>Resolving Conflicts</i>	3.4	Demonstrate strategies to improve or maintain personal and family health.
	5.4	Demonstrate ways to communicate care, consideration and respect of self and others.
	5.5	Demonstrate communication skills to build and maintain healthy relationships.
	5.6	Demonstrate refusal and negotiation skills to enhance health.
	6.1	Demonstrate the ability to apply a decision-making process to health issues and problems individually and collaboratively.
	6.2	Analyze how health-related decisions are influenced by individual, family, and community values.
	6.3	Predict how decisions regarding health behaviors have consequences for self and others.
Lesson 3 <i>Avoiding and Preventing Violence</i>	1.4	Describe how family and peers influence the health of adolescents.
	3.5	Develop injury prevention and management strategies for personal and family health.
	3.6	Demonstrate ways to avoid and reduce threatening situations.
	5.7	Analyze the possible causes of conflict among youth in schools and communities.
Lesson 4 <i>Preventing Abuse</i>	1.4	Describe how family and peers influence the health of adolescents.
	2.6	Describe situations requiring professional health services.

	3.3	Distinguish between safe and risky or harmful behaviors in relationships.
	5.1	Demonstrate effective verbal and non-verbal communication skills to enhance health.
	5.2	Describe how the behavior of family and peers affects interpersonal communication.
	5.4	Demonstrate ways to communicate care, consideration and respect of self and others.
	5.5	Demonstrate communication skills to build and maintain healthy relationships.