

**TEEN HEALTH COURSE 3 © 2003**  
**Correlation to the National Health Education Standards**

	STANDARD	PERFORMANCE INDICATOR
<b>CHAPTER 11 Medicines and Drugs</b>		
Lesson 1 <i>Using Medicines Wisely</i>	1.3	Explain how health is influenced by the interaction of body systems.
	2.2	Demonstrate the ability to utilize resources from home, school, and community that provide valid health information.
	2.6	Describe situations requiring professional health services.
	3.1	Explain the importance of assuming responsibility for personal health behaviors.
	3.4	Demonstrate strategies to improve or maintain personal and family health.
Lesson 2 <i>Narcotics, Stimulants, and Depressants</i>	1.3	Explain how health is influenced by the interaction of body systems.
	1.6	Describe ways to reduce risks related to adolescent health problems.
	1.8	Describe how lifestyle, pathogens, family history, and other risk factors are related to the cause or prevention of disease and other health problems.
	2.2	Demonstrate the ability to utilize resources from home, school, and community that provide valid health information.
	2.6	Describe situations requiring professional health services.
	3.1	Explain the importance of assuming responsibility for personal health behaviors.
	7.4	Demonstrate the ability to influence and support others in making positive health choices.
	7.5	Demonstrate the ability to work cooperatively when advocating for healthy individuals, families, and schools.
Lesson 3 <i>Marijuana and Other Illegal Drugs</i>	1.3	Explain how health is influenced by the interaction of body systems.
	1.6	Describe ways to reduce risks related to adolescent health problems.
	1.8	Describe how lifestyle, pathogens, family history, and other risk factors are related to the cause or prevention of disease and other health problems.
	3.1	Explain the importance of assuming responsibility for personal health behaviors.
	5.6	Demonstrate refusal and negotiation skills to enhance health.
Lesson 4 <i>Staying Drug Free</i>	1.1	Explain the relationship between positive health behaviors and the prevention of injury, illness, disease, and premature death.
	1.2	Describe the interrelationships of mental, emotional, social, and physical health during adolescence.

	1.6	Describe ways to reduce risks related to adolescent health problems.
	1.8	Describe how lifestyle, pathogens, family history, and other risk factors are related to the cause or prevention of disease and other health problems.
	2.6	Describe situations requiring professional health services.
	3.1	Explain the importance of assuming responsibility for personal health behaviors.
	3.4	Demonstrate strategies to improve or maintain personal and family health.
	7.1	Analyze various communication methods to accurately express health information and ideas.