

TEEN HEALTH COURSE 1 © 2005
National Health Education Standards
Correlation by Chapter and Lesson

	STANDARD	PERFORMANCE INDICATOR
CHAPTER 4 <i>Personal Health</i>		
Lesson 1 <i>Your Teeth, Skin, and Hair</i>	1.1	Explain the relationship between positive health behaviors and the prevention of injury, illness, disease, and premature death.
	1.3	Explain how health is influenced by the interaction of body systems.
	1.6	Describe ways to reduce risks related to adolescent health problems.
	2.6	Describe situations requiring professional health services.
	3.1	Explain the importance of assuming responsibility for personal health behaviors.
	3.4	Demonstrate strategies to improve or maintain personal and family health.
Lesson 2 <i>Protecting Your Eyes and Ears</i>	1.1	Explain the relationship between positive health behaviors and the prevention of injury, illness, disease, and premature death.
	1.3	Explain how health is influenced by the interaction of body systems.
	1.6	Describe ways to reduce risks related to adolescent health problems.
	2.6	Describe situations requiring professional health services.
	3.1	Explain the importance of assuming responsibility for personal health behaviors.
	3.4	Demonstrate strategies to improve or maintain personal and family health.
Lesson 3 <i>Choosing Health Products</i>	2.1	Analyze the validity of health information, products, and services.
	2.2	Demonstrate the ability to utilize resources from home, school, and community that provide valid health information.
	2.3	Analyze how media influences the selection of health information and products.
	2.4	Demonstrate the ability to locate health products and services.
	2.5	Compare the costs and validity of health products.
	3.4	Demonstrate strategies to improve or maintain personal and family health.
Lesson 4 <i>Health Care in Your Community</i>	1.1	Explain the relationship between positive health behaviors and the prevention of injury, illness, disease, and premature death.
	2.6	Describe situations requiring professional health services.

	3.1	Explain the importance of assuming responsibility for personal health behaviors.
	3.4	Demonstrate strategies to improve or maintain personal and family health.
	5.4	Demonstrate ways to communicate care, consideration and respect of self and others.