

TEEN HEALTH COURSE 1 © 2005
National Health Education Standards
Correlation by Chapter and Lesson

	STANDARD	PERFORMANCE INDICATOR
CHAPTER 6 <i>Growth and Development</i>		
Lesson 1 <i>From Cells to Body Systems</i>	1.1	Explain the relationship between positive health behaviors and the prevention of injury, illness, disease, and premature death.
	1.3	Explain how health is influenced by the interaction of body systems.
	1.6	Describe ways to reduce risks related to adolescent health problems.
	3.1	Explain the importance of assuming responsibility for personal health behaviors.
Lesson 2 <i>Bones, Muscles, Blood, and Lungs</i>	1.1	Explain the relationship between positive health behaviors and the prevention of injury, illness, disease, and premature death.
	1.3	Explain how health is influenced by the interaction of body systems.
Lesson 3 <i>Nerves and Digestion</i>	1.3	Explain how health is influenced by the interaction of body systems.
	1.6	Describe ways to reduce risks related to adolescent health problems.
	3.4	Demonstrate strategies to improve or maintain personal and family health.
Lesson 4 <i>Adolescence: A Time of Change</i>	1.2	Describe the interrelationships of mental, emotional, social, and physical health during adolescence.
	1.3	Explain how health is influenced by the interaction of body systems.
	4.1	Describe the influence of cultural beliefs on health behaviors and the use of health services.
	4.2	Analyze how messages from media and other sources influence health behaviors.
	4.4	Analyze how information from peers influences health.
	5.1	Demonstrate effective verbal and non-verbal communication skills to enhance health.
	5.4	Demonstrate ways to communicate care, consideration and respect of self and others.
Lesson 5 <i>Heredity and Growth</i>	1.1	Explain the relationship between positive health behaviors and the prevention of injury, illness, disease, and premature death.
	1.3	Explain how health is influenced by the interaction of body systems.
	2.6	Describe situations requiring professional health services.

	3.1	Explain the importance of assuming responsibility for personal health behaviors.
	7.1	Analyze various communication methods to accurately express health information and ideas.
	7.4	Demonstrate the ability to influence and support others in making positive health choices.