

	STANDARD	PERFORMANCE INDICATOR
CHAPTER 8 Tobacco		
Lesson 1 <i>Why Tobacco Is Harmful</i>	1.1	Explain the relationship between positive health behaviors and the prevention of injury, illness, disease, and premature death.
	1.3	Explain how health is influenced by the interaction of body systems.
	1.5	Analyze how environment and personal health are interrelated.
	1.6	Describe ways to reduce risks related to adolescent health problems.
	1.8	Describe how lifestyle, pathogens, family history, and other risk factors are related to the cause or prevention of disease and other health problems.
	3.4	Demonstrate strategies to improve or maintain personal and family health.
	7.4	Demonstrate the ability to influence and support others in making positive health choices.
	7.5	Demonstrate the ability to work cooperatively when advocating for healthy individuals, families, and schools.
Lesson 2 <i>Staying Tobacco Free</i>	1.1	Explain the relationship between positive health behaviors and the prevention of injury, illness, disease, and premature death.
	1.4	Describe how family and peers influence the health of adolescents.
	3.1	Explain the importance of assuming responsibility for personal health behaviors.
	3.4	Demonstrate strategies to improve or maintain personal and family health.
	4.1	Describe the influence of cultural beliefs on health behaviors and the use of health services.
	4.2	Analyze how messages from media and other sources influence health behaviors.
	4.4	Analyze how information from peers influences health.
	5.6	Demonstrate refusal and negotiation skills to enhance health.