

TEEN HEALTH COURSE 1 © 2005
National Health Education Standards
Correlation by Chapter and Lesson

	STANDARD	PERFORMANCE INDICATOR
CHAPTER 9 <i>Alcohol and Other Drugs</i>		
Lesson 1 <i>Why Alcohol Is Harmful</i>	1.1	Explain the relationship between positive health behaviors and the prevention of injury, illness, disease, and premature death.
	1.3	Explain how health is influenced by the interaction of body systems.
	1.4	Describe how family and peers influence the health of adolescents.
	1.8	Describe how lifestyle, pathogens, family history, and other risk factors are related to the cause or prevention of disease and other health problems.
	3.1	Explain the importance of assuming responsibility for personal health behaviors.
	3.4	Demonstrate strategies to improve or maintain personal and family health.
Lesson 2 <i>Using Medicines Responsibly</i>	1.1	Explain the relationship between positive health behaviors and the prevention of injury, illness, disease, and premature death.
	2.2	Demonstrate the ability to utilize resources from home, school, and community that provide valid health information.
	2.3	Analyze how media influences the selection of health information and products.
	2.6	Describe situations requiring professional health services.
	3.1	Explain the importance of assuming responsibility for personal health behaviors.
	3.4	Demonstrate strategies to improve or maintain personal and family health.
Lesson 3 <i>What Are Illegal Drugs?</i>	1.1	Explain the relationship between positive health behaviors and the prevention of injury, illness, disease, and premature death.
	1.2	Describe the interrelationships of mental, emotional, social, and physical health during adolescence.
	1.4	Describe how family and peers influence the health of adolescents.
	1.8	Describe how lifestyle, pathogens, family history, and other risk factors are related to the cause or prevention of disease and other health problems.
	2.2	Demonstrate the ability to utilize resources from home, school, and community that provide valid health information.

	5.4	Demonstrate ways to communicate care, consideration and respect of self and others.
	5.6	Demonstrate refusal and negotiation skills to enhance health.
Lesson 4 <i>Staying Drug Free</i>	1.1	Explain the relationship between positive health behaviors and the prevention of injury, illness, disease, and premature death.
	1.3	Explain how health is influenced by the interaction of body systems.
	1.4	Describe how family and peers influence the health of adolescents.
	1.6	Describe ways to reduce risks related to adolescent health problems.
	2.6	Describe situations requiring professional health services.
	3.1	Explain the importance of assuming responsibility for personal health behaviors.
	3.4	Demonstrate strategies to improve or maintain personal and family health.
	5.1	Demonstrate effective verbal and non-verbal communication skills to enhance health.
	5.6	Demonstrate refusal and negotiation skills to enhance health.