

**TEEN HEALTH COURSE 1 © 2005**  
**National Health Education Standards**  
**Correlation by Chapter and Lesson**

	STANDARD	PERFORMANCE INDICATOR
<b>CHAPTER 10 <i>Safety and the Environment</i></b>		
Lesson 1 <i>Personal Safety</i>	1.1	Explain the relationship between positive health behaviors and the prevention of injury, illness, disease, and premature death.
	1.6	Describe ways to reduce risks related to adolescent health problems.
	3.4	Demonstrate strategies to improve or maintain personal and family health.
	3.5	Develop injury prevention and management strategies for personal and family health.
	6.4	Apply strategies and skills needed to attain personal health goals
Lesson 2 <i>Safety at Home and Away</i>	1.1	Explain the relationship between positive health behaviors and the prevention of injury, illness, disease, and premature death.
	1.5	Analyze how environment and personal health are interrelated.
	1.6	Describe ways to reduce risks related to adolescent health problems.
	3.1	Explain the importance of assuming responsibility for personal health behaviors.
	3.4	Demonstrate strategies to improve or maintain personal and family health.
	3.5	Develop injury prevention and management strategies for personal and family health.
	3.6	Demonstrate ways to avoid and reduce threatening situations.
Lesson 3 <i>Safety Outdoors</i>	1.1	Explain the relationship between positive health behaviors and the prevention of injury, illness, disease, and premature death.
	1.5	Analyze how environment and personal health are interrelated.
	1.6	Describe ways to reduce risks related to adolescent health problems.
	3.1	Explain the importance of assuming responsibility for personal health behaviors.
	3.4	Demonstrate strategies to improve or maintain personal and family health.
	3.5	Develop injury prevention and management strategies for personal and family health.

	3.6	Demonstrate ways to avoid and reduce threatening situations.
Lesson 4 <i>First Aid for Emergencies</i>	1.1	Explain the relationship between positive health behaviors and the prevention of injury, illness, disease, and premature death.
	2.2	Demonstrate the ability to utilize resources from home, school, and community that provide valid health information.
	3.4	Demonstrate strategies to improve or maintain personal and family health.
	3.5	Develop injury prevention and management strategies for personal and family health.
Lesson 5 <i>Protecting Your Environment</i>	1.1	Explain the relationship between positive health behaviors and the prevention of injury, illness, disease, and premature death.
	1.5	Analyze how environment and personal health are interrelated.
	2.6	Describe situations requiring professional health services.
	3.1	Explain the importance of assuming responsibility for personal health behaviors.
	3.4	Demonstrate strategies to improve or maintain personal and family health.
	3.5	Develop injury prevention and management strategies for personal and family health.
	4.3	Analyze the influence of technology on personal and family health.