

**TEEN HEALTH COURSE 2 © 2005**  
**National Health Education Standards**  
**Correlation by Chapter and Lesson**

	STANDARD	PERFORMANCE INDICATOR
<b>CHAPTER 14 <i>Personal Safety and Injury Prevention</i></b>		
<b>Lesson 1</b> <i>Developing Safe Habits</i>	1.1	Explain the relationship between positive health behaviors and the prevention of injury, illness, disease, and premature death.
	1.6	Describe ways to reduce risks related to adolescent health problems.
	3.1	Explain the importance of assuming responsibility for personal health behaviors.
	3.5	Develop injury prevention and management strategies for personal and family health.
	6.1	Demonstrate the ability to apply a decision-making process to health issues and problems individually and collaboratively.
	6.2	Analyze how health-related decisions are influenced by individual, family, and community values.
	6.3	Predict how decisions regarding health behaviors have consequences for self and others.
<b>Lesson 2</b> <i>Safety at Home and in School</i>	1.1	Explain the relationship between positive health behaviors and the prevention of injury, illness, disease, and premature death.
	1.4	Describe how family and peers influence the health of adolescents.
	1.6	Describe ways to reduce risks related to adolescent health problems.
	2.6	Describe situations requiring professional health services.
	3.1	Explain the importance of assuming responsibility for personal health behaviors.
	3.5	Develop injury prevention and management strategies for personal and family health.
<b>Lesson 3</b> <i>Outdoor and Recreational Safety</i>	1.1	Explain the relationship between positive health behaviors and the prevention of injury, illness, disease, and premature death.
	1.5	Analyze how environment and personal health are interrelated.
	1.6	Describe ways to reduce risks related to adolescent health problems.
	2.6	Describe situations requiring professional health services.
	3.1	Explain the importance of assuming responsibility for personal health behaviors.

	3.5	Develop injury prevention and management strategies for personal and family health.
	3.6	Demonstrate ways to avoid and reduce threatening situations.
	7.4	Demonstrate the ability to influence and support others in making positive health choices.
Lesson 4 <i>Weather Emergencies and Natural Disasters</i>	1.1	Explain the relationship between positive health behaviors and the prevention of injury, illness, disease, and premature death.
	1.5	Analyze how environment and personal health are interrelated.
	1.6	Describe ways to reduce risks related to adolescent health problems.
	3.1	Explain the importance of assuming responsibility for personal health behaviors.
	3.4	Demonstrate strategies to improve or maintain personal and family health.
	3.5	Develop injury prevention and management strategies for personal and family health.
	3.6	Demonstrate ways to avoid and reduce threatening situations.
Lesson 5 <i>First Aid</i>	1.3	Explain how health is influenced by the interaction of body systems.
	1.7	Explain how appropriate health care can prevent premature death and disability.
	2.6	Describe situations requiring professional health services.
	3.1	Explain the importance of assuming responsibility for personal health behaviors.
	3.5	Develop injury prevention and management strategies for personal and family health.
	3.6	Demonstrate ways to avoid and reduce threatening situations.