

TEEN HEALTH COURSE 3 © 2005
National Health Education Standards
Correlation by Chapter and Lesson

| | STANDARD | PERFORMANCE INDICATOR |
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| CHAPTER 15 <i>Your Body Systems</i> | | |
| Lesson 1 <i>Your Skeletal System</i> | 1.1 | Explain the relationship between positive health behaviors and the prevention of injury, illness, disease, and premature death. |
| | 1.3 | Explain how health is influenced by the interaction of body systems. |
| | 1.6 | Describe ways to reduce risks related to adolescent health problems. |
| | 1.8 | Describe how lifestyle, pathogens, family history, and other risk factors are related to the cause or prevention of disease and other health problems. |
| | 2.2 | Demonstrate the ability to utilize resources from home, school, and community that provide valid health information. |
| | 3.1 | Explain the importance of assuming responsibility for personal health behaviors. |
| | 3.4 | Demonstrate strategies to improve or maintain personal and family health. |
| Lesson 2 <i>Your Muscular System</i> | 1.1 | Explain the relationship between positive health behaviors and the prevention of injury, illness, disease, and premature death. |
| | 1.3 | Explain how health is influenced by the interaction of body systems. |
| | 1.6 | Describe ways to reduce risks related to adolescent health problems. |
| | 1.8 | Describe how lifestyle, pathogens, family history, and other risk factors are related to the cause or prevention of disease and other health problems. |
| | 3.1 | Explain the importance of assuming responsibility for personal health behaviors. |
| | 3.4 | Demonstrate strategies to improve or maintain personal and family health. |
| Lesson 3 <i>Your Circulatory System</i> | 1.1 | Explain the relationship between positive health behaviors and the prevention of injury, illness, disease, and premature death. |
| | 1.3 | Explain how health is influenced by the interaction of body systems. |
| | 1.6 | Describe ways to reduce risks related to adolescent health problems. |
| | 1.7 | Explain how appropriate health care can prevent premature death and disability. |

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| | 1.8 | Describe how lifestyle, pathogens, family history, and other risk factors are related to the cause or prevention of disease and other health problems. |
| | 2.6 | Describe situations requiring professional health services. |
| | 3.1 | Explain the importance of assuming responsibility for personal health behaviors. |
| | 3.4 | Demonstrate strategies to improve or maintain personal and family health. |
| Lesson 4 <i>Your Respiratory System</i> | 1.1 | Explain the relationship between positive health behaviors and the prevention of injury, illness, disease, and premature death. |
| | 1.3 | Explain how health is influenced by the interaction of body systems. |
| | 1.6 | Describe ways to reduce risks related to adolescent health problems. |
| | 1.8 | Describe how lifestyle, pathogens, family history, and other risk factors are related to the cause or prevention of disease and other health problems. |
| | 3.1 | Explain the importance of assuming responsibility for personal health behaviors. |
| | 3.4 | Demonstrate strategies to improve or maintain personal and family health. |
| Lesson 5 <i>Your Nervous System</i> | 1.1 | Explain the relationship between positive health behaviors and the prevention of injury, illness, disease, and premature death. |
| | 1.3 | Explain how health is influenced by the interaction of body systems. |
| | 1.6 | Describe ways to reduce risks related to adolescent health problems. |
| | 1.7 | Explain how appropriate health care can prevent premature death and disability. |
| | 1.8 | Describe how lifestyle, pathogens, family history, and other risk factors are related to the cause or prevention of disease and other health problems. |
| | 2.6 | Describe situations requiring professional health services. |
| | 3.1 | Explain the importance of assuming responsibility for personal health behaviors. |
| | 3.4 | Demonstrate strategies to improve or maintain personal and family health. |
| Lesson 6 <i>Your Digestive and Excretory Systems</i> | 1.1 | Explain the relationship between positive health behaviors and the prevention of injury, illness, disease, and premature death. |
| | 1.3 | Explain how health is influenced by the interaction of body systems. |

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| | 1.6 | Describe ways to reduce risks related to adolescent health problems. |
| | 1.8 | Describe how lifestyle, pathogens, family history, and other risk factors are related to the cause or prevention of disease and other health problems. |
| | 2.6 | Describe situations requiring professional health services. |
| | 3.1 | Explain the importance of assuming responsibility for personal health behaviors. |
| | 3.4 | Demonstrate strategies to improve or maintain personal and family health. |
| | 7.4 | Demonstrate the ability to influence and support others in making positive health choices. |
| Lesson 7 <i>Your Endocrine System</i> | 1.1 | Explain the relationship between positive health behaviors and the prevention of injury, illness, disease, and premature death. |
| | 1.3 | Explain how health is influenced by the interaction of body systems. |
| | 1.6 | Describe ways to reduce risks related to adolescent health problems. |
| | 1.8 | Describe how lifestyle, pathogens, family history, and other risk factors are related to the cause or prevention of disease and other health problems. |
| | 2.6 | Describe situations requiring professional health services. |
| | 3.1 | Explain the importance of assuming responsibility for personal health behaviors. |
| | 3.4 | Demonstrate strategies to improve or maintain personal and family health. |
| | 3.7 | Demonstrate strategies to manage stress. |
| Lesson 8 <i>Your Reproductive System</i> | 1.1 | Explain the relationship between positive health behaviors and the prevention of injury, illness, disease, and premature death. |
| | 1.3 | Explain how health is influenced by the interaction of body systems. |
| | 1.6 | Describe ways to reduce risks related to adolescent health problems. |
| | 1.8 | Describe how lifestyle, pathogens, family history, and other risk factors are related to the cause or prevention of disease and other health problems. |
| | 2.6 | Describe situations requiring professional health services. |
| | 3.1 | Explain the importance of assuming responsibility for personal health behaviors. |
| | 3.4 | Demonstrate strategies to improve or maintain personal and family health. |