

## Section 1 ■ Nutrition

**Schedule**

Block Schedule: 1 session (■ denotes activities recommended for block schedule.)

Single Periods: 2 sessions

**Objectives**

1. **Distinguish** among the six classes of nutrients.
2. **Identify** the importance of each type of nutrient.
3. **Explain** the relationship between diet and health.

 **QCC Standards**

1, 2, 3.2, 3.4, 4, 5, 6.1, 6.4, 7, 7.1, 7.2

**Motivate**

\_\_\_\_\_ Explore Activity, p. 517

\_\_\_\_\_ Before You Read, p. 517 (Foldables, p. 17, **CRB**)

■\_\_\_\_\_ Section Focus Transparency 1, **TCR** (Transparency Master and Study Guide, p. 42, **CRB**)

**Teach**

\_\_\_\_\_ Content Background, pp. 516E–516F, **TWE**

\_\_\_\_\_ Discussion, pp. 519, 522, 524, 525, **TWE**

\_\_\_\_\_ Science Online, p. 520

\_\_\_\_\_ MiniLAB: Comparing the Fat Content of Foods, p. 521 (MiniLAB Worksheet, p. 3, **CRB**)

\_\_\_\_\_ Problem-Solving Activity, p. 522

\_\_\_\_\_ Visual Learning, pp. 523, 524, **TWE**

\_\_\_\_\_ Earth Science Integration, p. 525

■\_\_\_\_\_ Activity: Identifying Vitamin C Content, p. 528 (Activity Worksheet, pp. 5–6, **CRB**)

\_\_\_\_\_ Content Outline for Teaching, Section 1 (Note-taking Worksheet, pp. 31–33, **CRB**)

■\_\_\_\_\_ Teaching Transparency, **TCR** (Transparency Master and Study Guide, pp. 45–46, **CRB**)

\_\_\_\_\_ Laboratory Activity 1, pp. 9–11, **CRB**

\_\_\_\_\_ Spanish Resources, Section 1, **CRB**

**Assess**

■\_\_\_\_\_ Section Assessment, p. 527

\_\_\_\_\_ Skill Builder Activities, p. 527

\_\_\_\_\_ Performance Assessment in the Science Classroom, pp. 66, 93, 97, 109, **TCR**

**Reteach/Reinforce**

■\_\_\_\_\_ Directed Reading for Content Mastery, pp. 19, 20, **CRB**

\_\_\_\_\_ Spanish Directed Reading for Content Mastery, pp. 23, 24, **CRB**

■\_\_\_\_\_ Reinforcement, p. 27, **CRB**

\_\_\_\_\_ Mathematics Skill Activities, p. 47, **TCR**

**Enrich/Apply**

\_\_\_\_\_ Enrichment, p. 29, **CRB**

\_\_\_\_\_ Life Science Critical Thinking/Problem-Solving, pp. 15, 16, **TCR**

\_\_\_\_\_ Cultural Diversity, pp. 6, 23, **TCR**

**Multimedia Options**

\_\_\_\_\_ Vocabulary Puzzlemaker Software, Ch. 18

\_\_\_\_\_ Guided Reading Audio Program (English & Spanish), Ch. 18

\_\_\_\_\_ Using the Internet in the Science Classroom, **TCR**

\_\_\_\_\_ Interactive CD-ROM, Presentation Builder and Exploration, Ch. 18

\_\_\_\_\_ Science Web site: [science.glencoe.com](http://science.glencoe.com)