

## ● Nutrients Combat Cancer

Answer the following questions using information from the textbook.

1. What are some benefits of a diet rich in fruits and vegetables? \_\_\_\_\_  
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2. What are antioxidants? \_\_\_\_\_  
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3. What effect do antioxidants have on chemicals that enter the body from pollutants in the air?  
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\_\_\_\_\_
4. How can this reaction combat cancer? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
5. How do antioxidants react with cancer cells? \_\_\_\_\_  
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6. What are three examples of antioxidants? \_\_\_\_\_  
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7. Why do some doctors prescribe antioxidants for patients who already have an existing cancer condition? \_\_\_\_\_  
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8. What are some harmful side effects of antioxidants? \_\_\_\_\_  
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9. What foods are good sources of antioxidants? \_\_\_\_\_  
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10. Why are tests still being conducted on antioxidants? \_\_\_\_\_  
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