

CHAPTER
7

Lesson
Plans

Section 1 ■ Nutrition

Schedule

Block Schedule: 1 session (■ denotes activities recommended for block schedule.)

Single Periods: 2 sessions

Objectives

1. **Distinguish** among the six classes of nutrients.
2. **Identify** the importance of each type of nutrient.
3. **Explain** the relationship between diet and health.

National Standards

UCP3, A1, C1, F1

Motivate

_____ Explore Activity, p. 201

_____ Before You Read, p. 201 (Foldables, p. 17, **CRB**)

■_____ Section Focus Transparency 1, **TCR** (Transparency Master and Study Guide, p. 42, **CRB**)

Teach

_____ Content Background, pp. 200E–200F, **TWE**

_____ Discussion, pp. 203, 206, 208, 209, **TWE**

_____ Science Online, p. 204

_____ MiniLAB: Comparing the Fat Content of Foods, p. 205 (MiniLAB Worksheet, p. 3, **CRB**)

_____ Problem-Solving Activity, p. 206

_____ Visual Learning, pp. 207, 208, **TWE**

_____ Earth Science Integration, p. 209

■_____ Activity: Identifying Vitamin C Content, p. 212 (Activity Worksheet, pp. 5–6, **CRB**)

_____ Content Outline for Teaching, Section 1 (Note-taking Worksheet, pp. 31–33, **CRB**)

■_____ Teaching Transparency, **TCR** (Transparency Master and Study Guide, pp. 45–46, **CRB**)

_____ Laboratory Activity 1, pp. 9–11, **CRB**

_____ Spanish Resources, Section 1, **CRB**

Assess

■_____ Section Assessment, p. 211

_____ Skill Builder Activities, p. 211

_____ Performance Assessment in the Science Classroom, pp. 66, 93, 97, 109, **TCR**

Reteach/Reinforce

■_____ Directed Reading for Content Mastery, pp. 19, 20, **CRB**

_____ Spanish Directed Reading for Content Mastery, pp. 23, 24, **CRB**

■_____ Reinforcement, p. 27, **CRB**

_____ Mathematics Skill Activities, p. 47, **TCR**

Enrich/Apply

_____ Enrichment, p. 29, **CRB**

_____ Life Science Critical Thinking/Problem-Solving, pp. 15, 16, **TCR**

_____ Cultural Diversity, pp. 6, 23, **TCR**

Multimedia Options

_____ Vocabulary Puzzlemaker Software, Ch. 7

_____ Guided Reading Audio Program (English & Spanish), Ch. 7

_____ Using the Internet in the Science Classroom, **TCR**

_____ Science Web site: science.glencoe.com